



▶▶ Service Area Leadership Team, SALT 5 Presents Resilience Throughout the Lifespan

Tuesday, May 9, 2023
12 – 3 pm

Councilwoman Traci Parks Community Room
7166 W. Manchester Ave., Westchester, CA 90045

You are cordially invited join us for a special presentation on “Resilience Throughout the Lifespan” with our guest speaker, Dr. Lorraine Viade, Clinical Psychologist. Learn about different types of resilience and the skills, attitudes, and behaviors that foster resilience in different settings, places, and times along the lifespan.

Guests will receive a Panera boxed lunch and small gift for attending this event.

For additional information please contact:
Yvette Murphy Ruben at yruben@dmh.lacounty.gov.



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.