

Public Hearing April 27, 2023



Our mission is to optimize the hope, wellbeing and life trajectory of Los Angeles County's most vulnerable through access to care and resources that promote not only independence and personal recovery, but also connectedness and community reintegration.

MHSA Annual Update Presentation Overview

Purpose of the Annual Update Overview of MHSA Components MHSA Client Counts and Expenditures **Community Planning Process** MHSA Proposal Process **Proposed Changes** Next Steps and Timeline

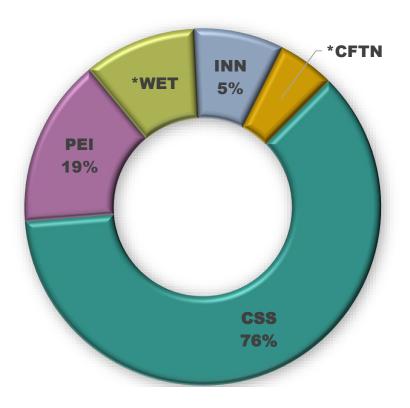
MENTAL HEALTH SERVICES ACT AND THE PURPOSE OF THE ANNUAL UPDATE

- In November 2004, California voters supported Proposition 63 and passed the Mental Health Services Act (MHSA) that imposes a 1% income tax on personal income in excess of \$1 million.
- The Act provides the significant funding to expand, improve and transform public mental health systems to improve the quality of life for individuals living with a mental illness.
- Welfare and Institutions Code (WIC) Section 5847 requires county mental health programs prepare and submit a Three-Year Program and Expenditure Plan followed by Annual Plan Updates for MHSA programs and expenditures.
- The Plan provides an opportunity for counties to
 - Review its existing MHSA programs and services to evaluate their effectiveness; and
 - Propose and incorporate any new programs from what was described in the MHSA Three-Year Program and Expenditure Plan
- It is through this Community Planning Process that important feedback is gathered from stakeholders.
- The MHSA Three-Year Plan for Fiscal Years 2021-2024 was adopted by the County Board of Supervisors on June 22, 2021.

SLIDE = 3

MHSA OVERVIEW BY COMPONENTS

- CSS, PEI and INN percent of total annual MHSA allocations shown below
- *WET and CFTN allocations are funded by transfers from CSS



COMMUNITY SERVICES AND SUPPORTS (CSS)

PREVENTION AND EARLY INTERVENTION (PEI)

WORKFORCE EDUCATION AND TRAINING (WET)

INNOVATIONS (INN)

CAPITAL FACILITIES AND TECHNOLOGICAL NEEDS (CFTN)

MHSA CLIENT COUNTS FISCAL YEAR 2021-22

Community Service and Supports (CSS)

- Largest MHSA component with 76% of the total MHSA allocation
- For clients with a diagnosed serious mental illness

CSS PROGRAMS:

- Full Service Partnership
 - Outpatient Care Services Linkage
- Alternative Services Crisis
- Planning, Outreach and Engagement

UNIQUE CLIENTS SERVED

147,143 unique clients received a direct service.

Ethnicity

- 36% Hispanic
- 20% African American
- 17% White
- 4% Asian/Pacific Islander
- 1% Native American

Primary Language

- 80% English
- 13% Spanish

NEW CLIENTS WITH NO PREVIOUS MHSA SERVICE

42,616 new clients were served with no previous MHSA service.

Ethnicity

- 37% Hispanic
- 15% African American
- 15% White
- 3% Asian/Pacific Islander
- 0.38% Native American

Primary Language

- 77% English
- 12% Spanish

CLIENT DATA BY SERVICE AREA

Housing

Service Area	Number of Clients Served	Number of New Clients
SA1 – Antelope Valley	10,969	2,852
SA2 – San Fernando Valley	21,809	5,574
SA3 – San Gabriel Valley	20,681	6,945
SA4 – Metro	29,471	8,331
SA5 – West	9,699	2,818
SA6 – South	26,269	6,159
SA7 – East	13,027	2,994
SA8 – South Bay	30,117	8,664

MHSA EXPENDITURES & ESTIMATES - APRIL 2023

Community Services and Supports (CSS)

Program	FY 2023-24 Estimated Gross Expenditures	FY 2022-23 Estimated Gross Expenditures	FY 2021-22 Total Gross Expenditures
Full Service Partnership	\$163,545,000	\$115,915,000	\$95,397,000
Outpatient Care Services	\$234,019,000	\$192,090,000	\$182,950,000
Alternative Crisis Services	\$132,177,000	\$138,993,000	\$132,069,000
Housing	\$69,147,000	\$45,289,000	\$40,593,000
Linkage	\$50,878,000	\$44,479,000	\$34,545,000
Planning, Outreach, and Engagement	\$16,970,000	\$4,485,000	\$6,178,000
Grand Total	\$666,736,000	\$541,224,000	\$491,732,000

MHSA CLIENT COUNTS FISCAL YEAR 2021-22

Prevention and Early Intervention (PEI)

- Second largest MHSA component with 19% of the total MHSA allocation
- Focus on providing preventative and early intervention strategies, education, support and outreach to those at risk of developing mental illness or experiencing early symptoms.

UNIQUE CLIENTS SERVED

35,330 unique clients received a direct service.

Ethnicity

- 47% Hispanic
- 8% African American
- 9% White
- 1% Asian/Pacific Islander
- 0.29% Native American

Primary Language

- 76% English
- 21% Spanish

NEW CLIENTS WITH NO PREVIOUS MHSA

17,084 new clients were served with no previous MHSA service

Ethnicity

- 42% Hispanic
- 8% African American
- 9% White
- 2% Asian/Pacific Islander
- 0.64% Native American

Primary Language

- 75% English
- 21% Spanish

PEI PROGRAMS:

- Prevention
- Early Intervention
- Suicide Prevention
- Stigma and Discrimination Reduction

CLIENT DATA BY SERVICE AREA

Service Area	Number of Clients Served	Number of New Clients
SA1 – Antelope Valley	2,006	1,203
SA2 – San Fernando Valley	5,565	2,465
SA3 – San Gabriel Valley	5,968	3,225
SA4 – Metro	5,399	2,997
SA5 – West	1,280	739
SA6 – South	3,668	1,964
SA7 – East	4,501	2,303
SA8 – South Bay	6,202	3,078

MHSA EXPENDITURES & ESTIMATES – APRIL 2023

Prevention and Early *Intervention* (PEI)

Program	FY 2023-24 Estimated Gross Expenditures	FY 2022-23 Estimated Gross Expenditures	FY 2021-22 Total Gross Expenditures
Early Intervention	\$106,479,000	\$34,218,000	\$28,379,000
Prevention Stigma and Discrimination	\$132,105,000 \$81,836,000	\$85,010,000 \$21,301,000	\$63,021,000 \$6,940,000
Suicide Prevention	\$6,146,000	\$5,682,000	\$5,638,000
Grand Total	\$326,566,000	\$146,211,000	\$103,978,000

COMMUNITY PLANNING PROCESS

Stakeholder Process

September 2022

- LACDMH held a two-day retreat (9/23/22 and 9/30/22) to revitalize its Community Planning Process and strengthen its collaborative relationships with stakeholders from the most vulnerable unserved, underserved, and under-represented populations across the County.
- Participants had an opportunity to examine the past stakeholder engagement processes and outcomes and acknowledge what worked well, what has not worked and identify what is needed in the future to create and sustain a strong collaborative relationship necessary for LACDMH to deliver effective and culturally congruent programs and services under MHSA.

November 2022

• LACDMH met with community stakeholders (11/1/22, 11/17/22, 11/18/22) and presented proposed timelines and processes for meaningful engagement and input on the review of MHSA funding requests for the Mid-Year Adjustment, the upcoming FY 2023-24 MHSA Annual Plan update and the MHSA Two Year Program and Expenditure Plan for FYs 2024-25 through 2025-26.

COMMUNITY PLANNING PROCESS

Stakeholder Process

December 2022

• LACDMH met with community stakeholders (12/22/22) and presented proposed timelines and processes for meaningful engagement and input on the review of MHSA funding requests for the Mid-Year Adjustment

January 2023

- LACDMH conducted an annual MHSA foundational training (1/2/23) to LACDMH staff, provider network staff, and community stakeholders on MHSA policies, the Department's MHSA funding request procedure, the MHSA Three Year Program and Expenditure and Annual Update development and submission process and timeline, and the client resolution process.
- LACDMH conducted two community stakeholder meetings (1/23/23, 1/31/23) focused on educating participants on MHSA funding components, requirements and spending regulations.

February 2023

• LACDMH conducted two community stakeholder meetings (2/17/23, 2/21/23) focused on reviewing DMH and stakeholder proposals to be considered for inclusion in the FY 2023-24 MHSA Annual Update and building consensus on which proposals presented in January and February meetings would receive final stakeholder recommendation for inclusion in the Plan.

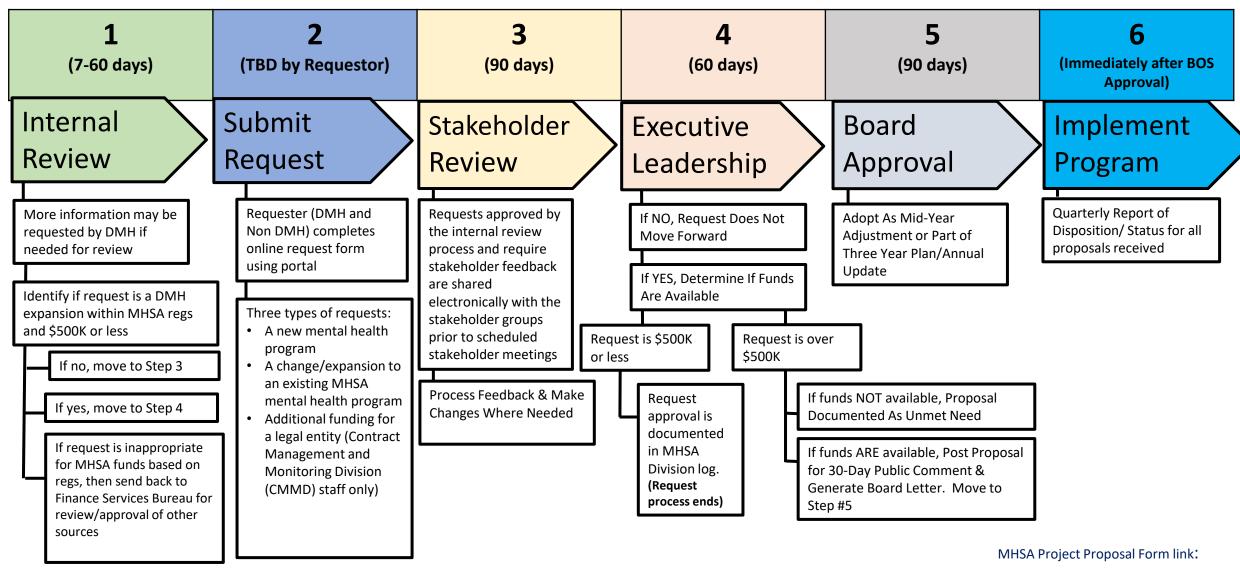
COMMUNITY PLANNING PROCESS

Stakeholder Process

March 2023

- LACDMH delivered a Provider MHSA 101 Training (3/23/23).
- LACDMH initiated a 30-day public review and comment period for its FY 2023-24 MHSA Annual Update(3/24/23).
- LACDMH conducted a community stakeholder meeting (3/30/23) with the objective of reviewing the draft FY 2023-24 MHSA Annual Update. Stakeholders received a presentation about all items included in the Update.

MHSA PROPOSAL PROCESS



https://forms.office.com/g/hFe6wc9LA2

PROPOSED CHANGES

FISCAL YEAR 2023-24



Projects/concepts below were proposed by Stakeholders and other County Departments during the Stakeholder process from October 2022 through February 23, 2023. LACDMH is committed to working with proposers to finalize project details, budget and the ability to implement the program.

Community Family Resource Center (CFRC)

Target Population: All Age Groups and Populations - Families

The CFRC is designed to create a coordinated, community owned and driven space where families and individuals can easily access the services they need to enhance their wellbeing. The CFRCs will create partnerships with trusted networks of care, individual community leaders, CBOs, and public and private entities to leverage the strengths and capacities of each to best respond to the needs of individuals and families in the community it serves.

Community Schools Initiative (CSI)

Target Population: Middle school and high school youth

CSI serves 15 high schools that serve as hubs for a range of support services for students, families, and school staff. The program provides each site with a Community Schools Specialist to assist with coordinating services and Educational Community Worker to support parent Services engagement. focus on prevention, helping caregivers and students access a variety of services to prevent stress and possible mental health concerns.

United Mental Health Promoters Network

Target Population: Underserved Cultural Populations

The Mental Health Promoters Network project is a community outreach effort, serving to strengthen communities and create career paths for those community members functioning under the umbrella of Mental Health Promoters.

FISCAL YEAR 2023-24



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Friends of the Children (FOTC) - Los Angeles

Target Population: Children and youth under 18, starting at 4-6 years old

FOTC aims to prevent foster care entry and improve family stability and wellbeing for families identified by DCFS as being at highest risk of entering foster care. FOTC provides professional 1:1 mentorship to children for 12+ years; starting around the age of 4-6 years old. Mentors are trained to support caregivers, promote self-advocacy and created opportunities for culturally responsive community and peer-to-peer connections.

Medical Legal Services

Target Population: All Age Groups

Addresses clients' legal problems and increases awareness of their rights to which lessens undue stress and empowers them with the information. These legal services can eliminate barriers to sustaining stable income through employment

Home Visitation: Deepening Connections and Enhancing Services

Target Population: Parents and Caregivers with Children 0-to-5 Years Old

Healthy Families America (HFA) and Parents as Teachers (PAT) are evidencebased, research-proven, national home visiting programs that gather family information to tailor services to the whole family. The programs offer home visits delivered weekly or every two weeks to positive parentchild promote relationships and healthy attachment. This Home Visiting Program will prioritize areas where data indicates there is a high number of families involved with child protective services.

FISCAL YEAR 2023-24



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New Parent Engagement: Welcome to the Library and the World

Target Population: New Parents and Caregivers

Public Libraries and DHS Women's Health will offer a Welcome to the Library and the World kit which will include information on the library Smart Start Early Literacy programs and services. The program will be offered at 45 locations twice a year, and though a virtual program every quarter.

Our SPOT Teen Program: Social Places & Opportunities for Teens After-School Program

Target Population: Children and Youth under 18

Our SPOT: Social Places and Opportunities for Teens is a comprehensive after-school teen program aimed at engaging and providing community youth with the support, life-skills and positive experiences that will empower them to create bright futures for themselves.

We Rise Parks at Sunset

Target Population: 24 years old and below - Families

We Rise a prevention program which creates access to self-care programming in 58 LA County parks and is offered during mental health awareness month. It provides repeated opportunities to access resources and information on mental health support including free mental well-being workshops.

FISCAL YEAR 2023-24



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Parks after Dark Parks at Sunset

Target Population: 24 years old and below - Families

Designed for families and adults to participate in workshops and classes promoting self-care and healing, three evenings a week over 8-weeks. Activities include sports, fitness, arts and culture, movies and concerts and more.

DPR Safe Passages: Community Engagement and Safe Passages for Youth and Communities

Target Population: Children and Youth under 18

DPR Safe Passages Initiative utilizes trained gang interventionists and ambassadors to implement peace maintenance among gang neighborhoods to ensure safety to and from parks, and during park activities and provide crisis intervention services at the parks.

Triple P Parent/Caregiver Engagement

Target Population: Parents and Caregivers

Triple P is an effective evidence-based practice that gives parents and caregivers with simple and practical strategies to help them build strong, healthy relationships, confidently manage their children's behavior and prevent problems developing.

FISCAL YEAR 2023-24



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Patient Health Navigation Services

Target Population: All Age Groups

This proposal will augment existing Patient Health Navigation Services by adding mental health prevention focused services, including assessment, referral and linkage to community supports and education that increase protective factors for individuals at-risk of a mental illness.

School Readiness

Target Population: 2 to 4 Year Old (Toddlers to Preschoolers)

An early literacy program designed for toddlers and preschoolers to help empower parents and guardians in supporting the education needs of their children. While enjoying books, songs, rhymes and fun, kids build early literacy skills, basic math skills, and social skills, and other essential school readiness competencies.

Creative Wellbeing: Arts, Schools, and Resilience

Target Population: 24 years old and Caregivers

A non-traditional, arts and culture—based approach for promoting mental health in young people and caregivers. The model offers non-traditional strategies for promoting mental health and wellness that include culturally relevant, healing-centered, arts-based workshops for youth, as well as professional development, coaching, and emotional support for the adults who work with them. Project activities support positive cognitive, social, and emotional development, and encourage a state of wellbeing.

FISCAL YEAR 2023-24



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Abundant Birth Project

Target Population: Pregnant People and Parents with Children 0-18 Months Old

This program is a private-public partnership that seeks to provide support to a minimum of 400 pregnant people in LA County from marginalized populations most likely to experience the worst birth outcomes with a variety of supports for 18 months (i.e. mental health, financial coaching, wellness supports, housing assistance, education, etc. This would be a randomized control study to evaluate the effects of this type of support.

Credible Messenger Mentoring Model

Target Population: Transition Age Youth 18-25

This program consists of mentoring by peer youth to increase access to resources and services for young people disproportionately negatively by traditional systems and impacted services. Services are targeted to Youth 18-25 and include training of messenger peers, needs assessment of mentors, 1:1 mentorship by youth with lived experience, group activities, crisis intervention, family referral and engagement, resource linkage.

Youth Development Regions

Target Population: Transition Age Youth 18-25

This program will support youth by providing and/or referring to a range of youth development services based on an assessment of individual strengths, interests, and needs. The target population is youth 18-25 and is projected to serve approximately 6,500 youths annually. Services are provided through contracted CBOs and referral and linkage and will include school engagement, conflict resolution training, mentoring/peer support, educational support, employment/career services, arts/creative expression and social/emotional wellbeing resources.

FISCAL YEAR 2023-24



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A Local Approach to **Preventing Homelessness**

Target Population: Young adults exiting foster care and at risk for homelessness

The Long Beach Department of Health and Human Services will convene local partners to identify gaps in homeless prevention services and develop interventions strategies addressing short term housing, mobile and clinic services and supportive transition programs for young adults exiting the foster care system.

Laugh Therapy & Gratitude

Target Population: Older Adults - Latino

Enlighten the public on therapeutic alternatives that don't necessarily require the use of drugs to improve one's state of mind and the importance of embracing emotions rather than masking them.

Older Latino Adults & Caregivers

Target Population: Older Adults - Latino

Create opportunities for elderly Latino immigrants to prosper and grow independent by teaching them not fear technology but rather, use it as a helpful tool to stay connected to loved ones, learn new things, find entertainment, and use it as a tool for self improvement.

FISCAL YEAR 2023-24



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Search to Involve Pilipino Americans (SIPA)

Target Population: Youth

Provide strength based, youth-centered mental health support services to youth and underserved individuals in SPA 4, with a focus on Historic Filipinotown and adjacent areas

K-Mental Health Awareness & K-Hotline

Target Population: All Ager Groups - Korean

Seeks to normalize mental illness and treatment in the Korean community so individuals will seek therapy and services without shame or hesitation.

FosterALL WPW ReParenting Program

Target Population: Adults and Children Involved with Foster Care System

FosterAll's Wisdom Path Way Program addresses both the adults and children in foster care and provides positive outcomes to prevent additional trauma, stress and mental illness for both adults and children.

FISCAL YEAR 2023-24



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Cultural Reflections Newsletter

Target Population: LACDMH Consumers

Provide opportunities for peer produced mental health related content to be developed and shared throughout the County.

Hope & Healing: Mental Health Wellness Support to Victim Families & Relatives

Target Population: African American families who have suffered loss due to violence

Bring Faith and Mental Wellness together to normalize the conversation and consciousness of families to seek mental health services and eliminate common stigmas preventing many traumatized persons from getting the help they need.

TransPower Project

Target Population: Youth Trans* Population

Increase access and remove treatment barriers such as lack of resources, transportation needs and privacy concerns by offering specialized affirmative mental health services at no cost.

FISCAL YEAR 2023-24



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Open Arms Community Health & Service Center

Target Population: All Age Groups

Provide quality health care, mental health support, housing, case management, employment referrals and supportive services such as food, clothing, hygiene kits, transportation anger management, substance use, sex trafficking, and parenting classes.

Consumer Empowerment Network

Target Population: LACDMH Consumers

Educate LACDMH consumers on the history of MHSA, the role of LACDMH consumers and consumers from through the state, components and required processes, county, and state stakeholder events and opportunities to make public comments, recommendations, and legislative process.

Innovation 2/Prevention and Early Intervention

Target Population: Transition Age Youth within Deaf, BIPOC, Disabled, LGBTQIA2S and Asian Pacific Islander communities

To help build trauma-informed communities and resilient families through Community Resource Specialists (CRSs) who work in-home with families to ensure that food, medical or housing crises don't destabilize families

FISCAL YEAR 2023-24



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Mental Health Services for the Deaf & Hard of Hearing

Target Population: All Age Groups - Deaf & Hard of Hearing

Provide American Sign Language (ASL) interpreters who can translate mental health terms and concepts accurately and effectively to deaf and hard of hearing people.

Steven A. Cohen Military Family Clinic at VVSD, Los Angeles

Target Population: Veterans and Their Families

The Cohen Clinic offers personalized, evidence-based mental health care along with outreach and timely access to comprehensive case management support and referrals to address early intervention and suicide prevention, unemployment, finances, housing, and legal issues.

DBT Expansion

Target Population: Targets Workforce for All LACDMH Consumers

This project would provide support for the clinic's DBT program by providing dedicated funding for medical staff, direct services therapy staff. peer workers/support staff. and management/supervision staff to have paid time to be trained on DBT certification. practices, and implementation.

FISCAL YEAR 2023-24



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EXPANSIONFISCAL YEAR 2023-24



Programs below are existing MHSA programs previously approved by Stakeholders set to expand in Fiscal Year 2023-24.

Portland Identification and Early Referral Program (PIER)

PEI: Prevention

Presently DMH has 5 PIER program sites that are almost at capacity. This will expand the number of sites and areas of availability of the program. PIER is a Coordinated Specialty Care program for adolescents and young adults, ages 12-25 who are either at Clinical High Risk for psychosis or have had their first psychotic episode. Currently, referrals from ELAC STAND (UCLA), NAMI Urban LA, schools and various outpatient programs are exceeding the capacity of the current service level.

Homeless Outreach and Mobile Engagement (HOME)

CSS: Planning Outreach and Engagement

The HOME program provides field-based outreach, engagement, support, and treatment to individuals with severe and persistent mental illness who are experiencing unsheltered homelessness.

The expansion will include a total of 94 full time positions, (6 new multidisciplinary teams and 1 Service Area Navigation team) will be added between FY 2022-23 and FY 2023-24. The expansion will bring a total number of 16 multidisciplinary teams Countywide and 1 Service Navigation team.

Crisis Residential Treatment Programs (CRTP)

CSS: Alternative Crisis Services

CRTPs are designed to provide short-term, intensive, and supportive services in a home-like environment through an active social rehabilitation program that is certified by the California Department of Health Services and licensed by the California Department of Social Services, Community Care Licensing Division.

Awarded a new legal entity contract to Bel Aire Health Services to provide services at 2 locations: Downey and Sylmar.

EXPANSION (continued) FISCAL YEAR 2023-24



Programs below are existing MHSA programs previously approved by Stakeholders set to expand in Fiscal Year 2023-24.

TAY Drop-In Centers

PEI: Prevention

CSS: Outpatient Care Services

TAY Drop-In Centers are intended as entry points to the mental health system for homeless youth or youth in unstable living situations.

A total of 10 new sites will be added Countywide. Service Areas 2, 3, 4, 5, 7 and 8 will each receive one new site. Service Areas 1 and 6 will each receive two.

TAY Enhanced Emergency Shelter Program

CSS: Housing

The Enhanced Emergency Shelter Program (EESP) serves the urgent housing needs of the TAY population, ages 18-25, who are unhoused or at immediate risk with no alternative place to stay, no significant resources or income to pay for shelter, are experiencing mental health concerns, and are willing to accept the treatment we offer.

Additional funding was added to 5 sites.

Full Service Partnership (FSP)

CSS: Full Service Partnership

The expansion will add a total of 66 additional staff to FSP directly operated programs. Some of these additional items will staff two new half teams at Edelman Child and Youth and Valley Coordinated Child Services. Additional staff will help to form FSP teams at Santa Clarita Mental Health, Antelope Valley Mental Health and Arcadia Mental Health. Six FSP teams will also receive additional staff.

NEXT STEPS/TIMELINE

The following timeline outlines next steps to Board adoption of the FY 2023-24 MHSA Annual Update.

April 2023

- 4/24/23-Completion of the 30day public posting and comment period and collection of submitted feedback for inclusion in the draft Annual Update
- 4/27/23-The Mental Health Commission will hold a public hearing to provide feedback and recommendations for revisions, if any.

May 2023

- LACDMH will receive the Mental Health Commission's feedback and recommendation on the FY 2023-24 Annual Update for inclusion in the final draft to be heard and adopted by the Board of Supervisors (5/15/23).
- LACDMH will initiate a
 Community Needs Assessment
 and Recommendation process to
 inform the Community Planning
 Process for the upcoming MHSA
 Two Year Program and
 Expenditure Plan for FYs 2024-25
 through 2025-26.

June 2023

- LACDMH will present the draft FY 2023-24 MHSA Annual Update, including all stakeholder and Mental Health Commission's feedback and responses to the Board of Supervisors review, hearing, and adoption. (6/6/23)
- Adopted FY 2023-24 MHSA Annual Update will be presented to the Mental Health Oversight and Accountability Commission for approval and final execution to continue existing or begin implementation of programs and services within the Update. (6/30/23)

