

Summary of PEI Practice Outcomes (Data as of 04/04/18)

Evidence-Based Practice	Outcomes, Starting July 2011 through April 4, 2018											
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice							
			Completed EBP Yes	Completed EBP No	General Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)	Specific Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Aggression Replacement Training (ART)	67.46%	3,375	42.27% (n=1,260)	57.73% (n=1,721)	YOQ Total Score (n=397)	25.00%	33.75%	56.42% (n=167)	ECBI Intensity Scale (n=389)	10.00%	38.03%	55.32% (n=156)
					YOQ-SR Total Score (n=487)	15.00%	56.21%	68.75% (n=99)	ECBI Problem Scale (n=389)	21.00%		
ART Skillstreaming		314	53.59% (n=112)	46.41% (n=97)	YOQ Total Score (n=29)	28.00%	27.03%	N<20	ECBI Intensity Scale (n=25)	22.00%	23.15%	N/A
					YOQ-SR Total Score (n=6)	N<20	N/A	N/A	ECBI Problem Scale (n=25)	16.00%		N/A
Alternatives for Families Cognitive Behavioral Therapy (AF-CBT)	82.36%	1,332	48.67% (n=438)	51.33% (n=462)	YOQ Total Score (n=285)	50.00%	65.67%	62.15% (n=110)	PTSD-RI Child/Adolescent Severity Score (n=209)	53.00%	64.11%	63.74% (n=58)
									PTSD-RI-5 Child/Adol. Severity Score (n=30)	62.00%		
					YOQ-SR Total Score (n=114)	44.00%	67.46%	65.75% (n=48)	PTSD-RI Parent Severity Score (n=212)	50.00%	62.54%	64.89% (n=61)
									PTSD-RI-5 Parent Severity Score (n=32)	53.00%		
Brief Strategic Family Therapy (BSFT)	71.37%	185	65.52% (n=95)	34.48% (n=50)	YOQ Total Score (n=66)	50.00%	70.21%	76.92% (n=20)	RBPC Anxiety-Withdrawal Raw Score (n=62)	66.00%	65.26%	80.77% (n=21)
									RBPC Attention Problems-Immaturity Raw Score (n=62)	60.00%		80.77% (n=21)
									RBPC Conduct Disorder Raw Score (n=62)	50.00%		80.77% (n=21)
					YOQ-SR Total Score (n=35)	42.00%	70.00%	N<20	RBPC Motor Tension Excess Raw Score (n=62)	50.00%		80.77% (n=21)
									RBPC Psychotic Behavior Raw Score (n=62)	100.00%		80.77% (n=21)
									RBPC Socialized Aggression Raw Score (n=62)	50.00%		80.77% (n=21)

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Caring for Our Families (CFOF)	69.64%	732	67.58% (n=371)	32.42% (n=178)	YOQ Total Score (n=132)	23.00%	36.57%	41.56% (n=32)	ECBI Problem Scale (n=59)	30.00%	24.79%	37.84% (n=28)
									ECBI Intensity Scale (n=59)	20.00%		
Center for the Assessment & Prevention of Prodromal States (CAPPS)	54.55%	189	43.64% (n=72)	56.36% (n=93)	OQ Total Score (n=17)	N<20	N/A	N/A	SOPS Disorganized Symptoms (D) Total Score (n=45)	60%	71.43%	72.58% (n=45)
					YOQ Total Score (n=28)	31.00%	75.68%	75.68% (n=28)	SOPS General Symptoms (G) Total Score (n=45)	57.00%		
					YOQ-SR Total Score (n=39)	31.00%	79.59%	79.59% (n=39)	SOPS Negative Symptoms (N) Total Score (n=45)	58.00%		
									SOPS Positive Symptoms (P) Total Score (n=45)	66.00%		
								SOPS Total of All Scores (n=45)	60.00%			
Child-Parent Psychotherapy (CPP)	64.29%	5,039	47.49% (n=1,901)	52.51% (n=2,102)	YOQ Total Score (n=420)	55.00%	51.41%	57.32% (n=180)	TYCYC PTS Total Score (n=643)	19.00%	49.61%	55.23% (n=280)
Cognitive Behavioral Intervention for Trauma in Schools (CBITS)	90.98%	121	68.27% (n=71)	31.73% (n=33)	YOQ Total Score (n=37)	31.00%	52.11%	N<20	PTSD-RI Child/ Adolescent Severity Score (n=34)	28.00%	55.74%	N<20
					YOQ-SR Total Score (n=24)	20.00%	53.33%	N<20	PTSD-RI Parent Severity Score (n=21)	23.00%	33.87%	N<20
Crisis Oriented Recovery Services (CORS)	34.72%	3,898	59.44% (n=1,624)	40.55% (n=1,108)	OQ Total Score (n=208)	19.00%	63.61%	63.16% (n=72)	No specific outcome measure required for this practice			
					YOQ Total Score (n=913)	27.00%	72.00%	81.90% (n=466)				
					YOQ-SR Total Score (n=412)	28.00%	69.36%	74.14% (n=215)				
Dialectical Behavior Therapy (DBT)	36.95%	109	47.22% (n=17)	52.78% (n=19)	OQ Total Score (n=9)	N<20	N/A	N/A	DERS Total Score (n=8)	N<20	N/A	N/A

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Depression Treatment Quality Improvement (DTQI)	94.90%	1,118	62.73% (n=648)	37.27% (n=385)	OQ Total Score (n=5)	N<20	N/A	N/A	PHQ-9 Total Score (n=363)	62.00%	68.62%	63.74% (n=116)
					YOQ Total Score (n=353)	45.00%	57.31%	60.00% (n=132)				
					YOQ-SR Total Score (n=345)	47.00%	66.35%	67.78% (n=122)				
Families Overcoming Under Stress (FOCUS)	73.75%	414	71.27% (n=253)	28.73% (n=102)	YOQ Total Score (n=158)	43.00%	63.20%	68.42% (n=117)	FAD Affective Involvement (n=44)	0.00%	40.74%	47.30% (n=35)
									FAD Affective Responsiveness (n=44)	50.00%		
									FAD Behavioral Control (n=44)	0.00%		
					YOQ-SR Total Score (n=64)	41%	59.81%	67.57% (n=50)	FAD Communication (n=44)	50.00%		
									FAD General Functioning (n=44)	0.00%		
									FAD Problem Solving (n=44)	0.00%		
									FAD Roles (n=44)	50.00%		
Functional Family Therapy (FFT)	62.27%	1,637	65.14% (n=899)	34.86% (n=481)	YOQ Total Score (n=725)	31.00%	82.39%	87.37% (n=173)	No specific outcome measure required for this practice			
					YOQ-SR Total Score (n=650)	27.00%	83.01%	85.80% (n=145)				
Group Cognitive Behavioral Therapy for Major Depression (Group CBT)	90.84%	1,086	43.74% (n=339)	56.26% (n=436)	OQ Total Score (n=217)	21.00%	64.39%	78.05% (n=32)	PHQ-9 Total Score (n=241)	42.00%	71.09%	83.72% (n=36)
Incredible Years (IY)	75.91%	2,477	64.21% (n=1,369)	35.79% (n=763)	YOQ Total Score (n=981)	27.00%	75.46%	77.21% (n=383)	ECBI Intensity Scale (n=886)	18.00%	66.17%	74.61% (n=382)
									ECBI Problem Scale (n=886)	35.00%		

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Individual Cognitive Behavioral Therapy (Ind CBT)-Anxiety	67.50%	1,902	42.45% (n=481)	57.55% (n=652)	OQ Total Score (n=286)	37.00%	72.41%	73.97% (n=233)	GAD-7 Total Score (n=290)	54.00%	69.88%	71.99% (n=239)
					YOQ Total Score (n=23)	53.00%	14.11%	24.14% (n=21)				
					YOQ-SR Total Score (n=50)	55.00%	57.47%	57.69% (n=45)				
Individual Cognitive Behavioral Therapy (Ind CBT)-Depression	67.50%	4,687	41.54% (n=1,186)	58.46% (n=1,669)	OQ Total Score (n=694)	35.00%	68.78%	69.73% (n=546)	PHQ-9 Total Score (n=785)	53.00%	66.19%	65.54% (n=622)
					YOQ Total Score (n=35)	49.00%	8.01%	15.42% (n=35)				
					YOQ-SR Total Score (n=92)	50.00%	51.98%	51.81% (n=86)				
Individual Cognitive Behavioral Therapy (Ind CBT)-Trauma	67.50%	583	47.46% (n=168)	52.54% (n=186)	OQ Total Score (n=99)	42.00%	71.22%	72.81% (n=83)	PTSD-RI Adult Severity Score (n=17)	N<20	N/A	N/A
					YOQ Total Score (n=11)	N<20	N/A	N/A	PCL-5 Total Score (n=39)	59.00%	62.90%	60.34% (n=35)
					YOQ-SR Total Score (n=11)	N<20	N/A	N/A	PTSD-RI Child/Adolescent Severity Score (n=16)	N<20	N/A	N/A
									PTSD-RI-5 Child/Adol. Severity Score (n=5)	N<20	N/A	N/A
									PTSD-RI Parent Severity Score (n=5)	N<20	N/A	N/A
									PTSD-RI-5 Parent Severity Score (n=4)	N<20	N/A	N/A

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Interpersonal Psychotherapy for Depression (IPT)	70.18%	5,443	52.04% (n=2,102)	47.96% (n=1,937)	OQ Total Score (n=763)	31.00%	65.55%	64.00% (n=352)	PHQ-9 Total Score (n=1,292)	54.00%	62.48%	62.16% (n=634)
					YOQ Total Score (n=344)	46.00%	38.65%	41.54% (n=189)				
					YOQ-SR Total Score (n=503)	46.00%	55.64%	57.23% (n=269)				
Loving Intervention Family Enrichment Program (LIFE)	93.99%	402	65.46% (n=235)	35.54% (n=124)	YOQ Total Score (n=156)	35.00%	67.53%	78.70% (n=85)	ECBI Intensity Scale (n=130)	22.00%	77.84%	80.95% (n=85)
					YOQ-SR Total Score (n=107)	20.00%	71.81%	82.26% (n=51)	ECBI Problem Scale (n=130)	50.00%		
Managing and Adapting Practice (MAP)	84.18%	42,654	54.00% (n=15,386)	46.00% (n=13,104)	YOQ Total Score (n=9,000)	43.00%	60.61%	65.28% (n=6,269)	ECBI Intensity Scale (n=3,353)	25.00%	56.28%	61.93% (n=2,347)
									ECBI Problem Scale (n=3,353)	43.00%		
									PHQ-9 Total Score (n=2,122)	55.00%	67.05%	71.28% (n=1,462)
									RCADS- Total Anxiety (n=2,149)	41.00%	54.02%	60.89% (n=1,593)
					YOQ-SR Total Score (n=3,957)	44.00%	65.17%	70.89% (n=2,742)	RCADS-P Total Anxiety (n=2,035)	40.00%	51.13%	57.19% (n=1,496)
									PTSD-RI Child/Adolescent Severity Score (n=134)	48.00%	41.10%	49.67% (n=75)
									PTSD-RI-5 Child/Adol. Severity Score (n=126)	53.00%	53.39%	54.05% (n=120)
					OQ Total Score (n=39)	32.00%	1.07%	62.07% (n=36)	PTSD-RI Parent Severity Score (n=139)	47.00%	39.27%	46.06% (n=76)
									PTSD-RI-5 Parent Severity Score (n=100)	60.00%	42.37%	42.79% (n=95)
PCL-5 Total Score (n=2)	N<20	N/A	N/A									
Mental Health Integration Program (MHIP) - Anxiety	121.56%	1,803	38.37% (n=625)	61.63% (n=1,004)	No General Measure Required for this Practice	N/A	N/A	GAD-7 Total Score (n=580)	58.00%	92.80%	100.0% (n=272)	
Mental Health Integration Program (MHIP) - Depression		5,275	33.72% (n=1,587)	66.28% (n=3,120)				PHQ-9 Total Score (n=1,478)	53.00%	93.13%	99.07% (n=427)	
Mental Health Integration Program (MHIP) - Trauma		297	29.26% (n=79)	70.74% (n=191)				PCL-C Total Score (n=62)	24.00%	78.48%	N<20	
Mindful Parenting Groups (MPG)	61.54%	16	100% (n=6)	0% (n=0)	No General Measure Required for this Practice	N/A	N/A	DECA-Infant-P Total Raw Score (n=1)	N<20	N/A	N/A	
								DECA-Toddler-P Total Raw Score (n=0)	N<20	N/A	N/A	

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Multidimensional Family Therapy (MDFT)	68.32%	74	89.19% (n=33)	10.81% (n=4)	YOQ Total Score (n=19)	N<20	N/A	N/A	RBPC Anxiety-Withdrawal Raw Score (n=6)	N<20	N/A	N/A
							N/A	N/A	RBPC Attention Problems-Immaturity Raw Score (n=6)	N<20	N/A	N/A
							N/A	N/A	RBPC Conduct Disorder Raw Score (n=6)	N<20	N/A	N/A
					YOQ-SR Total Score (n=22)	25.00%	68.75%	N<20	RBPC Motor Tension Excess Raw Score (n=6)	N<20	N/A	N/A
									RBPC Psychotic Behavior Raw Score (n=6)	N<20	N/A	N/A
									RBPC Socialized Aggression Raw Score (n=6)	N<20	N/A	N/A
Multisystemic Therapy (MST)	37.78%	126	72.28% (n=73)	27.72% (n=28)	YOQ Total Score (n=48)	46.00%	65.75%	N<20	Specific outcome measure data for practice is not entered in PEI OMA			
					YOQ-SR Total Score (n=41)	38.00%	56.94%	N<20				
Nurse-Family Partnership (NFP)	Outcome data is not reported in PEI OMA											
Parent-Child Interaction Therapy (PCIT)	59.72%	2,947	41.39% (n=863)	58.61% (n=1,222)	YOQ Total Score (n=384)	57.00%	66.55%	63.31% (n=176)	ECBI Intensity Scale (n=646)	38.00%	75.56%	73.78% (n=318)
									ECBI Problem Scale (n=646)	63.00%		
Problem-Solving Therapy (PST)	59.64%	378	61.13% (n=206)	38.87% (n=131)	OQ Total Score (n=120)	28.00%	58.25%	65.52% (n=57)	PHQ-9 Total Score (n=143)	45.00%	69.42%	77.01% (n=67)
Program to Encourage Active and Rewarding Lives for Seniors (PEARLS)	74.65%	162	49.64% (n=69)	50.36% (n=70)	OQ Total Score (n=29)	26.00%	42.03%	N<20	PHQ-9 Total Score (n=47)	45.00%	68.12%	N<20
Prolonged Exposure Therapy for Post-Traumatic Stress Disorder (PE-PTSD)	44.30%	66	51.85% (n=14)	48.15% (n=13)	OQ Total Score (n=9)	N<20	N/A	N/A	PDS Symptom Severity Score (n=12)	N<20	N/A	N/A
Promoting Alternate Thinking Strategies (PATHS)	51.86%	745	33.70% (n=182)	66.30% (n=358)	YOQ Total Score (n=36)	37.00%	20.45%	N<20	ECBI Intensity Scale (n=36)	19.00%	19.78%	N<20
					YOQ-SR Total Score (n=1)	N<20	N/A	N/A	ECBI Problem Scale (n=36)	33.00%		

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Reflective Parenting Program (RPP)	77.39%	222	73.87% (n=147)	26.13% (n=52)	YOQ Total Score (n=75)	11.00%	72.12%	67.86% (n=38)	ECBI Intensity Scale (n=92)	5.00%	66.67%	64.18% (n=43)
					YOQ-SR Total Score (n=6)	N<20	N/A	N/A	ECBI Problem Scale (n=92)	15.00%		
Seeking Safety (SS)	61.48%	18,075	40.27% (n=5,632)	59.73% (n=8,532)	OQ Total Score (n=935)	32.00%	55.52%	60.11% (n=431)	PCL-5 Total Severity Score (n=172)	55.00%	53.25%	52.90% (n=164)
					YOQ Total Score (n=963)	36.00%	25.98%	31.80% (n=317)	PTSD-RI Adult Severity Score (n=446)	30.00%	37.10%	38.20% (n=136)
									PTSD-RI Parent Severity Score (n=677)	36.00%	18.97%	26.27% (n=186)
					YOQ-SR Total Score (n=1,914)	33.00%	49.60%	52.72% (n=563)	PTSD-RI-5 Parent Severity Score (n=80)	47.00%	21.10%	20.27% (n=74)
									PTSD-RI Child/Adolescent Severity Score (n=1,417)	31.00%	38.05%	42.56% (n=323)
					PTSD-RI-5 Child/Adol. Severity Score (n=131)	40.00%	34.56%	34.52% (n=126)				
Strengthening Families (SF)	35.91%	237	89.01% (n=81)	10.99% (n=10)	YOQ Total Score (n=41)	32.00%	51.90%	N<20	RBPC Anxiety-Withdrawal Raw Score (n=15)	N<20	N/A	N/A
									RBPC Attention Problems-Immaturity Raw Score (n=15)	N<20	N/A	N/A
									RBPC Conduct Disorder Raw Score (n=15)	N<20	N/A	N/A
					YOQ-SR Total Score (n=30)	25.00%	46.15%	N<20	RBPC Motor Tension Excess Raw Score (n=15)	N<20	N/A	N/A
									RBPC Psychotic Behavior Raw Score (n=15)	N<20	N/A	N/A
									RBPC Socialized Aggression Raw Score (n=15)	N<20	N/A	N/A

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Trauma Focused Cognitive Behavioral Therapy (TF-CBT)	89.91%	18,440	54.91% (n=6,818)	45.09% (n=5,598)	YOQ Total Score (n=4,011)	47.00%	60.52%	64.13% (n=2,496)	PTSD-RI Child/Adolescent Severity Score (n=2,570)	51.00%	56.92%	59.18% (n=1,212)
									PTSD-RI Parent Severity Score (n=2,478)	50.00%	50.19%	54.17% (n=1,202)
					YOQ-SR Total Score (n=1,603)	46.00%	64.27%	68.05% (n=948)	PTSD-RI-5 Child/Adol. Severity Score (n=919)	51%	61.02%	60.77% (n=866)
									PTSD-RI-5 Parent Severity Score (n=829)	52%	55.04%	54.60% (n=778)
Triple P- Positive Parenting Program (Triple P)	96.11%	5,410	58.66% (n=2,063)	41.34% (n=1,454)	YOQ Total Score (n=1,449)	41.00%	77.07%	80.58% (n=1,000)	ECBI Intensity Scale (n=1,472)	27.00%	72.90%	77.55% (n=1,033)
					YOQ-SR Total Score (n=133)	31.00%	40.06%	39.51% (n=81)	ECBI Problem Scale (n=1,472)	50.00%		
UCLA Ties Transition Model (UCLA TTM)	77.25%	184	50.00% (n=74)	50.00% (n=74)	YOQ Total Score (n=8)	N<20	N/A	N/A	ECBI Intensity Scale (n=10)	N<20	N/A	N/A
							N/A	N/A	ECBI Problem Scale (n=10)	N<20	N/A	N/A

* CORS data collection was delayed until mid 2013 so compliance rate might be understated.