

Summary of PEI Practice Outcomes (Data as of 01/23/19)

Evidence-Based Practice	Outcomes, Starting July 2011 through January 23, 2019											
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice							
			Completed EBP Yes	Completed EBP No	General Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)	Specific Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Aggression Replacement Training (ART)	67.63%	3,407	42.29% (n=1,279)	57.71% (n=1,745)	YOQ Total Score (n=420)	25.00%	34.29%	57.14% (n=88)	ECBI Intensity Scale (n=401)	10.00%	38.48%	52.63% (n=80)
					YOQ-SR Total Score (n=502)	15.00%	56.60%	61.11% (n=44)	ECBI Problem Scale (n=401)	21.00%		
ART Skillstreaming		324	53.85% (n=119)	46.15% (n=102)	YOQ Total Score (n=37)	25.00%	27.03%	N<20	ECBI Intensity Scale (n=31)	19.00%	26.96%	N/A
					YOQ-SR Total Score (n=6)	N<20	N/A	N/A	ECBI Problem Scale (n=31)	21.00%		
Alternatives for Families Cognitive Behavioral Therapy (AF-CBT)	79.27%	1,421	49.90% (n=520)	50.10% (n=522)	YOQ Total Score (n=328)	50.00%	63.57%	52.58% (n=102)	PTSD-RI Child/Adolescent Severity Score (n=209)	53.00%	64.11%	N<20
									PTSD-RI-5 Child/Adol. Severity Score (n=54)	61.00%	32.93%	32.93% (n=54)
					YOQ-SR Total Score (n=144)	44.00%	68.57%	63.64% (n=56)	PTSD-RI Parent Severity Score (n=212)	50.00%	62.54%	N<20
									PTSD-RI-5 Parent Severity Score (n=55)	71.00%	33.54%	33.54% (n=55)
Brief Strategic Family Therapy (BSFT)	72.33%	197	65.79% (n=100)	34.21% (n=52)	YOQ Total Score (n=71)	48.00%	71.72%	N<20	RBPC Anxiety-Withdrawal Raw Score (n=67)	66.00%	67.00%	N<20
									RBPC Attention Problems-Immaturity Raw Score (n=67)	50.00%		N<20
									RBPC Conduct Disorder Raw Score (n=67)	50.00%		N<20
					YOQ-SR Total Score (n=39)	44.00%	70.91%	N<20	RBPC Motor Tension Excess Raw Score (n=67)	50.00%		N<20
									RBPC Psychotic Behavior Raw Score (n=67)	100.00%		N<20
									RBPC Socialized Aggression Raw Score (n=67)	50.00%		N<20

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Caring for Our Families (CFOF)	69.84%	734	67.09% (n=371)	32.91% (n=182)	YOQ Total Score (n=132)	23.00%	36.57%	N<20	ECBI Problem Scale (n=59)	30.00%	24.79%	N<20
									ECBI Intensity Scale (n=59)	20.00%		
Center for the Assessment & Prevention of Prodromal States (CAPPS)	52.35%	192	43.45% (n=73)	56.55% (n=95)	OQ Total Score (n=17)	N<20	N/A	N/A	SOPS Disorganized Symptoms (D) Total Score (n=45)	60%	70.31%	75.00% (n=21)
					YOQ Total Score (n=28)	31.00%	75.68%	N<20	SOPS General Symptoms (G) Total Score (n=45)	57.00%		
					YOQ-SR Total Score (n=39)	31.00%	79.59%	N<20	SOPS Negative Symptoms (N) Total Score (n=45)	58.00%		
									SOPS Positive Symptoms (P) Total Score (n=45)	66.00%		
								SOPS Total of All Scores (n=45)	60.00%			
Child-Parent Psychotherapy (CPP)	65.80%	5,720	46.83% (n=2,132)	53.171% (n=2,421)	YOQ Total Score (n=468)	54.00%	51.94%	53.44% (n=132)	TYCYC PTS Total Score (n=712)	19.00%	49.83%	53.98% (n=210)
Cognitive Behavioral Intervention for Trauma in Schools (CBITS)	92.86%	130	70.94% (n=83)	29.06% (n=34)	YOQ Total Score (n=42)	30.00%	50.60%	N<20	PTSD-RI Child/ Adolescent Severity Score (n=34)	28.00%	55.74%	N<20
					YOQ-SR Total Score (n=26)	18.00%	52.00%	N<20	PTSD-RI Parent Severity Score (n=21)	23.00%	33.87%	N<20
Crisis Oriented Recovery Services (CORS)	35.11%	4,031	59.61% (n=1697)	40.39% (n=1,150)	OQ Total Score (n=215)	19.00%	63.42%	52.17% (n=36)	No specific outcome measure required for this practice			
					YOQ Total Score (n=951)	27.00%	71.61%	78.69% (n=325)				
					YOQ-SR Total Score (n=433)	26.00%	69.06%	68.02% (n=151)				
Dialectical Behavior Therapy (DBT)	36.36%	124	43.90% (n=18)	56.10% (n=23)	OQ Total Score (n=9)	N<20	N/A	N/A	DERS Total Score (n=9)	N<20	N/A	N/A

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Depression Treatment Quality Improvement (DTQI)	93.37%	1,161	64.31% (n=708)	35.69% (n=393)	OQ Total Score (n=5)	N<20	N/A	N/A	PHQ-9 Total Score (n=394)	55.00%	67.47%	59.31% (n=86)
					YOQ Total Score (n=379)	46.00%	56.23%	52.47% (n=85)				
					YOQ-SR Total Score (n=375)	47.00%	65.22%	63.89% (n=92)				
Families Overcoming Under Stress (FOCUS)	75.22%	523	69.16% (n=305)	30.84% (n=136)	YOQ Total Score (n=190)	39.00%	63.12%	71.43% (n=130)	FAD Affective Involvement (n=54)	0.00%	41.54%	51.85% (n=42)
									FAD Affective Responsiveness (n=54)	50.00%		
									FAD Behavioral Control (n=54)	0.00%		
					YOQ-SR Total Score (n=79)	40%	61.72%	75.00% (n=60)	FAD Communication (n=54)	50.00%		
									FAD General Functioning (n=54)	0.00%		
									FAD Problem Solving (n=54)	0.00%		
FAD Roles (n=54)	50.00%											
Family Connections (FC)	29.79%	14	62.50% (n=5)	37.5% (n=3)	YOQ Total Score (n=2)	N<20	N/A	N/A	ECBI Intensity Scale (n=1)	N<20	N/A	N/A
					YOQ-SR Total Score (n=0)	N<20	N/A	N/A	ECBI Problem Scale (n=1)	N<20	N/A	N/A
Functional Family Therapy (FFT)	62.93%	1,671	65.49% (n=926)	34.51% (n=488)	YOQ Total Score (n=746)	29.00%	82.34%	87.96% (n=95)	No specific outcome measure required for this practice			
					YOQ-SR Total Score (n=671)	27.00%	83.04%	89.90% (n=89)				
Group Cognitive Behavioral Therapy for Major Depression (Group CBT)	92.37%	1,128	42.94% (n=350)	57.06% (n=465)	OQ Total Score (n=224)	21.00%	64.37%	74.42% (n=32)	PHQ-9 Total Score (n=248)	42.00%	70.86%	77.27% (n=36)
Incredible Years (IY)	78.51%	2,699	63.53% (n=1,514)	36.47% (n=869)	YOQ Total Score (n=1,075)	27.00%	74.86%	73.14% (n=275)	ECBI Intensity Scale (n=972)	18.00%	65.63%	66.24% (n=259)
									ECBI Problem Scale (n=972)	35.00%		

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Individual Cognitive Behavioral Therapy (Ind CBT)-Anxiety	69.93%	2,432	44.28% (n=674)	55.72% (n=848)	OQ Total Score (n=379)	38.00%	70.71%	69.66% (n=265)	GAD-7 Total Score (n=392)	63.00%	69.01%	68.64% (n=278)
					YOQ Total Score (n=32)	53.00%	15.76%	30.85% (n=29)				
					YOQ-SR Total Score (n=75)	55.00%	53.96%	54.24% (n=64)				
Individual Cognitive Behavioral Therapy (Ind CBT)-Depression	69.93%	5,689	42.31% (n=1,522)	57.69% (n=2,075)	OQ Total Score (n=865)	35.00%	67.63%	66.26% (n=538)	PHQ-9 Total Score (n=998)	53.00%	65.57%	63.28% (n=636)
					YOQ Total Score (n=47)	56.00%	9.55%	27.21% (n=40)				
					YOQ-SR Total Score (n=125)	51.00%	51.44%	50.26% (n=97)				
Individual Cognitive Behavioral Therapy (Ind CBT)-Trauma	69.93%	733	46.06% (n=216)	53.94% (n=253)	OQ Total Score (n=128)	45.00%	71.91%	75.21% (n=91)	PTSD-RI Adult Severity Score (n=18)	N<20	N/A	N/A
					YOQ Total Score (n=13)	N<20	N/A	N/A	PCL-5 Total Score (n=66)	63.00%	65.35%	65.35% (n=66)
					YOQ-SR Total Score (n=17)	N<20	N/A	N/A	PTSD-RI Child/Adolescent Severity Score (n=16)	N<20	N/A	N/A
									PTSD-RI-5 Child/Adol. Severity Score (n=9)	N<20	N/A	N/A
									PTSD-RI Parent Severity Score (n=5)	N<20	N/A	N/A
PTSD-RI-5 Parent Severity Score (n=5)	N<20	N/A	N/A									

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Interpersonal Psychotherapy for Depression (IPT)	72.60%	6,247	50.40% (n=2,473)	49.60% (n=2,434)	OQ Total Score (n=838)	31.00%	63.87%	60.77% (n=285)	PHQ-9 Total Score (n=1,469)	50.00%	60.53%	58.47% (n=573)
					YOQ Total Score (n=405)	45.00%	36.62%	33.53 (n=168)				
					YOQ-SR Total Score (n=602)	48.00%	53.99%	51.08% (n=261)				
Loving Intervention Family Enrichment Program (LIFE)	94.56%	411	66.12% (n=244)	33.88% (n=125)	YOQ Total Score (n=163)	35.00%	67.92%	78.67% (n=59)	ECBI Intensity Scale (n=137)	12.00%	77.84%	77.03% (n=57)
					YOQ-SR Total Score (n=110)	18.00%	71.90%	80.49% (n=33)	ECBI Problem Scale (n=137)	16.00%		
Managing and Adapting Practice (MAP)	83.40%	50,698	53.39% (n=18,985)	46.61% (n=16,576)	YOQ Total Score (n=11,005)	45.00%	60.61%	61.68% (n=6,021)	ECBI Intensity Scale (n=4,005)	25.00%	55.95%	59.10% (n=2,110)
									ECBI Problem Scale (n=4,005)	43.00%		
									PHQ-9 Total Score (n=2,586)	55.00%	66.39%	66.24% (n=1,332)
					YOQ-SR Total Score (n=4,806)	44.00%	65.17%	67.20% (n=2,559)	RCADS- Total Anxiety (n=2,661)	41.00%	53.93%	57.83% (n=1,592)
									RCADS-P Total Anxiety (n=2,490)	40.00%	50.45%	53.94% (n=1,485)
									PTSD-RI Child/Adolescent Severity Score (n=134)	48.00%	40.61%	N<20
					OQ Total Score (n=47)	34.00%	1.28%	51.06% (n=24)	PTSD-RI-5 Child/Adol. Severity Score (n=202)	50.00%	50.75%	50.00% (n=199)
									PTSD-RI Parent Severity Score (n=139)	47.00%	38.83%	40.00% (n=20)
									PTSD-RI-5 Parent Severity Score (n=167)	60.00%	41.96%	39.95% (n=159)
PCL-5 Total Score (n=2)	N<20	N/A	N/A									
Mental Health Integration Program (MHIP) - Anxiety	121.89%	1,929	38.66% (n=680)	61.34% (n=1,079)	No General Measure Required for this Practice	N/A	N/A	GAD-7 Total Score (n=625)	58.00%	91.91%	95.39% (n=248)	
Mental Health Integration Program (MHIP) - Depression		5,512	33.67% (n=1,664)	66.33% (n=3,278)				PHQ-9 Total Score (n=1,542)	53.00%	92.67%	95.20% (n=357)	
Mental Health Integration Program (MHIP) - Trauma		297	29.26% (n=79)	70.74% (n=191)				PCL-C Total Score (n=62)	24.00%	78.48%	N<20	
Mindful Parenting Groups (MPG)	64.00%	16	85.71% (n=6)	14.29% (n=1)	No General Measure Required for this Practice	N/A	N/A	DECA-Infant-P Total Raw Score (n=1)	N<20	N/A	N/A	
								DECA-Toddler-P Total Raw Score (n=0)	N<20	N/A	N/A	

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Multidimensional Family Therapy (MDFT)	66.99%	74	89.19% (n=33)	10.81% (n=4)	YOQ Total Score (n=19)	N<20	N/A	N/A	RBPC Anxiety-Withdrawal Raw Score (n=6)	N<20	N/A	N/A
									RBPC Attention Problems-Immaturity Raw Score (n=6)	N<20	N/A	N/A
									RBPC Conduct Disorder Raw Score (n=6)	N<20	N/A	N/A
					YOQ-SR Total Score (n=22)	25.00%	68.75%	N<20	RBPC Motor Tension Excess Raw Score (n=6)	N<20	N/A	N/A
									RBPC Psychotic Behavior Raw Score (n=6)	N<20	N/A	N/A
									RBPC Socialized Aggression Raw Score (n=6)	N<20	N/A	N/A
Multisystemic Therapy (MST)	35.10%	126	72.28% (n=73)	27.72% (n=28)	YOQ Total Score (n=48)	46.00%	65.75%	N<20	Specific outcome measure data for practice is not entered in PEI OMA			
					YOQ-SR Total Score (n=41)	38.00%	56.94%	N<20				
Parent-Child Interaction Therapy (PCIT)	61.46%	3,458	40.81% (n=1,006)	59.19% (n=1,458)	YOQ Total Score (n=425)	57.00%	65.38%	59.02% (n=144)	ECBI Intensity Scale (n=739)	37.00%	74.35%	72.77% (n=310)
									ECBI Problem Scale (n=739)	63.00%		
Problem-Solving Therapy (PST)	60.20%	387	61.43% (n=215)	38.57% (n=135)	OQ Total Score (n=125)	28.00%	58.14%	65.52% (n=41)	PHQ-9 Total Score (n=148)	45.00%	68.84%	80.70% (n=46)
Program to Encourage Active and Rewarding Lives for Seniors (PEARLS)	74.88%	164	48.95% (n=70)	51.05% (n=73)	OQ Total Score (n=29)	26.00%	41.43%	N<20	PHQ-9 Total Score (n=47)	45.00%	67.14%	N<20
Prolonged Exposure Therapy for Post-Traumatic Stress Disorder (PE-PTSD)	49.41%	84	58.97% (n=23)	41.03% (n=16)	OQ Total Score (n=18)	N<20	N/A	N/A	PDS Symptom Severity Score (n=13)	N<20	N/A	N/A
Promoting Alternate Thinking Strategies (PATHS)	51.82%	746	33.58% (n=182)	66.42% (n=360)	YOQ Total Score (n=36)	37.00%	20.45%	N<20	ECBI Intensity Scale (n=36)	19.00%	19.78%	N<20
					YOQ-SR Total Score (n=1)	N<20	N/A	N/A	ECBI Problem Scale (n=36)	33.00%		

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Reflective Parenting Program (RPP)	77.89%	235	72.77% (n=155)	27.23% (n=58)	YOQ Total Score (n=77)	9.00%	70.64%	66.67% (n=30)	ECBI Intensity Scale (n=94)	6.00%	64.83%	59.65% (n=34)
					YOQ-SR Total Score (n=6)	N<20	N/A	N/A	ECBI Problem Scale (n=94)	15.00%		
Seeking Safety (SS)	62.64%	19,255	40.03% (n=5,962)	59.97% (n=8,931)	OQ Total Score (n=1,029)	33.00%	55.92%	60.11% (n=350)	PCL-5 Total Severity Score (n=252)	52.00%	53.16%	52.90% (n=247)
									PTSD-RI Adult Severity Score (n=446)	30.00%	36.95%	34.33% (n=23)
					YOQ Total Score (n=1,006)	36.00%	26.03%	31.80% (n=176)	PTSD-RI Parent Severity Score (n=677)	36.00%	18.97%	20.79% (n=21)
									PTSD-RI-5 Parent Severity Score (n=111)	47.00%	20.04%	19.86% (n=110)
					YOQ-SR Total Score (n=1,987)	33.00%	49.34%	52.72% (n=315)	PTSD-RI Child/Adolescent Severity Score (n=1,417)	31.00%	38.06%	40.00% (n=44)
								PTSD-RI-5 Child/Adol. Severity Score (n=183)	40.00%	33.03%	32.85% (n=182)	
Stepped Care (SC)	44.21%	929	10.00% (n=176)	0.00% (n=0)	OQ Total Score (n=9)	N<20	N<20	N<20	No specific outcome measure required for this practice			
					YOQ Total Score (n=26)	42.00%	20.97%	N<20				
					YOQ-SR Total Score (n=8)	N<20	N<20	N<20				
Strengthening Families (SF)	36.02%	237	89.01% (n=81)	10.99% (n=10)	YOQ Total Score (n=41)	32.00%	51.90%	N<20	RBPC Anxiety-Withdrawal Raw Score (n=15)	N<20	N/A	N/A
									RBPC Attention Problems-Immaturity Raw Score (n=15)	N<20	N/A	N/A
									RBPC Conduct Disorder Raw Score (n=15)	N<20	N/A	N/A
					YOQ-SR Total Score (n=30)	25.00%	46.15%	N<20	RBPC Motor Tension Excess Raw Score (n=15)	N<20	N/A	N/A
									RBPC Psychotic Behavior Raw Score (n=15)	N<20	N/A	N/A
									RBPC Socialized Aggression Raw Score (n=15)	N<20	N/A	N/A

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Trauma Focused Cognitive Behavioral Therapy (TF-CBT)	90.87%	21,229	54.91% (n=8,108)	45.09% (n=6,658)	YOQ Total Score (n=4,719)	47.00%	59.77%	61.77% (n=2,199)	PTSD-RI Child/Adolescent Severity Score (n=2,583)	48.00%	56.88%	62.45% (n=296)
									PTSD-RI Parent Severity Score (n=2,495)	50.00%	50.20%	58.15% (n=304)
					YOQ-SR Total Score (n=1,919)	46.00%	63.90%	65.87% (n=880)	PTSD-RI-5 Child/Adol. Severity Score (n=1,537)	51%	59.81%	59.26% (n=1,523)
									PTSD-RI-5 Parent Severity Score (n=1,332)	52%	51.83%	51.48% (n=1,323)
Triple P- Positive Parenting Program (Triple P)	95.12%	5,848	59.54% (n=2,357)	40.46% (n=1,602)	YOQ Total Score (n=1,632)	40.00%	76.30%	77.46% (n=849)	ECBI Intensity Scale (n=1,671)	27.00%	72.43%	75.50% (n=900)
					YOQ-SR Total Score (n=143)	30.00%	39.72%	43.56% (n=71)	ECBI Problem Scale (n=1,671)	50.00%		
UCLA Ties Transition Model (UCLA TTM)	75.21%	186	50.00% (n=76)	50.00% (n=76)	YOQ Total Score (n=8)	N<20	N/A	N/A	ECBI Intensity Scale (n=10)	N<20	N/A	N/A
							N/A	N/A	ECBI Problem Scale (n=10)	N<20	N/A	N/A

* CORS data collection was delayed until mid 2013 so compliance rate might be understated.