

Summary of PEI Practice Outcomes (Data as of 12/26/19)

Evidence-Based Practice	Outcomes, Starting July 2011 through December 26, 2019											
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice							
			Completed EBP Yes	Completed EBP No	General Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)	Specific Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Aggression Replacement Training (ART)	67.57%	3,430	42.57% (n=1,300)	57.43% (n=1,754)	YOQ Total Score (n=423)	24.00%	33.95%	50.29% (n=88)	ECBI Intensity Scale (n=402)	10.00%	37.82%	46.24% (n=80)
								ECBI Problem Scale (n=402)	21.00%			
					YOQ-SR Total Score (n=507)	15.00%	56.15%	50.00% (n=44)	SESBI-R Intensity Scale (n=21)	6.00%	2.00%	N<20
								SESBI-R Problem Scale (n=21)	14.00%			
ART Skillstreaming		328	54.22% (n=122)	45.78% (n=103)	YOQ Total Score (n=37)	25.00%	30.58%	N<20	ECBI Intensity Scale (n=31)	19.00%	26.27%	N/A
					YOQ-SR Total Score (n=6)	N<20	N/A	N/A	ECBI Problem Scale (n=31)	21.00%		N/A
Alternatives for Families Cognitive Behavioral Therapy (AF-CBT)	79.43%	1,546	51.53% (n=591)	48.47% (n=556)	YOQ Total Score (n=351)	51.00%	59.80%	43.02% (n=114)	PTSD-RI Child/Adolescent Severity Score (n=209)	53.00%	64.11%	N<20
								PTSD-RI-5 Child/Adol. Severity Score (n=68)	61.00%	29.44%	26.84% (n=62)	
					YOQ-SR Total Score (n=156)	44.00%	62.15%	48.06% (n=62)	PTSD-RI Parent Severity Score (n=212)	50.00%	62.54%	N<20
								PTSD-RI-5 Parent Severity Score (n=69)	76.00%	29.87%	27.27% (n=63)	
Brief Strategic Family Therapy (BSFT)	73.15%	203	63.58% (n=103)	36.42% (n=59)	YOQ Total Score (n=73)	50.00%	71.57%	N<20	RBPC Anxiety-Withdrawal Raw Score (n=68)	60.00%	66.99%	N<20
								RBPC Attention Problems-Immaturity Raw Score (n=69)	60.00%	N<20		
								RBPC Conduct Disorder Raw Score (n=69)	50.00%	N<20		
					YOQ-SR Total Score (n=39)	40.00%	70.91%	N<20	RBPC Motor Tension Excess Raw Score (n=69)	50.00%		N<20
								RBPC Psychotic Behavior Raw Score (n=69)	100.00%	N<20		
			RBPC Socialized Aggression Raw Score (n=69)	50.00%	N<20							

Evidence-Based Practice	Outcomes, Starting July 2011 through December 26, 2019											
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice							
			Completed EBP Yes	Completed EBP No	General Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)	Specific Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Caring for Our Families (CFOF)	69.83%	734	67.15% (n=372)	32.85% (n=182)	YOQ Total Score (n=132)	23.00%	36.46%	N<20	ECBI Problem Scale (n=59)	30.00%	24.79%	N<20
									ECBI Intensity Scale (n=59)	20.00%		
Center for the Assessment & Prevention of Prodromal States (CAPPS)	50.26%	196	42.94% (n=73)	57.06% (n=97)	OQ Total Score (n=17)	N<20	N/A	N/A	SOPS Disorganized Symptoms (D) Total Score (n=45)	60.00%	70.31%	75.00% (n=21)
					YOQ Total Score (n=28)	31.00%	75.68%	N<20	SOPS General Symptoms (G) Total Score (n=45)	57.00%		
					YOQ-SR Total Score (n=39)	31.00%	78.00%	N<20	SOPS Negative Symptoms (N) Total Score (n=45)	58.00%		
								N<20	SOPS Positive Symptoms (P) Total Score (n=45)	66.00%		
								SOPS Total of All Scores (n=45)	60.00%			
Child-Parent Psychotherapy (CPP)	66.82%	6,414	46.79% (n=2,394)	53.22% (n=2,723)	YOQ Total Score (n=525)	54.00%	52.19%	48.15% (n=169)	TSCYC PTS Total Score (n=791)	19.00%	49.84%	47.44% (n=259)
Cognitive Behavioral Intervention for Trauma in Schools (CBITS)	91.55%	130	70.94% (n=83)	29.06% (n=34)	YOQ Total Score (n=42)	30.00%	50.60%	N<20	PTSD-RI Child/Adolescent Severity Score (n=34)	28.00%	55.74%	N<20
									PTSD-RI Parent Severity Score (n=21)	23.00%	33.87%	N<20
					YOQ-SR Total Score (n=26)	18.00%	52.00%	N<20	PTSD-RI-5 Child/Adol. Total Score (n=12)	N<20	N/A	N/A
								N<20	PTSD-RI-5 Parent Severity Score (n=5)	N<20	N/A	N/A
Crisis Oriented Recovery Services (CORS)	35.89%	4,121	59.86% (n=1,748)	40.19% (n=1,172)	OQ Total Score (n=217)	19.00%	62.72%	47.37% (n=36)	No specific outcome measure required for this practice			
					YOQ Total Score (n=976)	27.00%	71.35%	72.12% (n=326)				
					YOQ-SR Total Score (n=444)	28.00%	68.73%	63.33% (n=152)				
Dialectical Behavior Therapy (DBT)	54.30%	202	41.67% (n=20)	58.33% (n=28)	OQ Total Score (n=10)	N<20	N/A	N/A	DERS Total Score (n=10)	N<20	N/A	N/A

Evidence-Based Practice	Outcomes, Starting July 2011 through December 26, 2019											
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice							
			Completed EBP Yes	Completed EBP No	General Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)	Specific Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Depression Treatment Quality Improvement (DTQI)	91.70%	1,236	65.21% (n=776)	34.79% (n=414)	OQ Total Score (n=5)	N<20	N/A	N/A	PHQ-9 Total Score (n=428)	55.00%	66.05%	48.80% (n=102)
					YOQ Total Score (n=414)	46.00%	55.95%	43.42% (n=99)				
					YOQ-SR Total Score (n=409)	48.00%	64.00%	51.44% (n=107)				
Families Overcoming Under Stress (FOCUS)	78.99%	632	69.57% (n=384)	30.44% (n=168)	YOQ Total Score (n=229)	41.00%	60.42%	54.23% (n=141)	FAD Affective Involvement (n=64)	0.00%	40.00%	41.44% (n=46)
									FAD Affective Responsiveness (n=64)	0.00%		
									FAD Behavioral Control (n=64)	0.00%		
					YOQ-SR Total Score (n=90)	35%	56.96%	59.10% (n=65)	FAD Communication (n=64)	50.00%		
									FAD General Functioning (n=64)	0.00%		
									FAD Problem Solving (n=64)	0.00%		
									FAD Roles (n=64)	0.00%		
Family Connections (FC)	27.12%	16	41.67% (n=5)	58.33% (n=7)	YOQ Total Score (n=2)	N<20	N/A	N/A	ECBI Intensity Scale (n=1)	N<20	N/A	N/A
					YOQ-SR Total Score (n=0)	N<20	N/A	N/A	ECBI Problem Scale (n=1)	N<20	N/A	N/A
Functional Family Therapy (FFT)	64.05%	1,703	65.69% (n=938)	34.31% (n=490)	YOQ Total Score (n=755)	29.00%	82.24%	82.5% (n=99)	No specific outcome measure required for this practice			
					YOQ-SR Total Score (n=681)	27.00%	83.15%	84.55% (n=93)				
Group Cognitive Behavioral Therapy for Major Depression (Group CBT)	96.76%	1,137	42.07% (n=361)	57.93% (n=497)	OQ Total Score (n=225)	20.00%	63.41%	64.00% (n=32)	PHQ-9 Total Score (n=252)	42.00%	69.81%	65.39% (n=34)
Incredible Years (IY)	79.41%	2,789	63.77% (n=1,579)	36.23% (n=897)	YOQ Total Score (n=1,118)	27.00%	74.53%	67.27% (n=296)	ECBI Intensity Scale (n=1,009)	18.00%	65.27%	61.40% (n=280)
									ECBI Problem Scale (n=1,009)	35.00%		

Evidence-Based Practice	Outcomes, Starting July 2011 through December 26, 2019											
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice							
			Completed EBP Yes	Completed EBP No	General Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)	Specific Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Individual Cognitive Behavioral Therapy (Ind CBT)-Anxiety	75.97%	2,897	45.10% (n=893)	54.90% (n=1,087)	OQ Total Score (n=487)	36.00%	69.77%	58.75% (n=319)	GAD-7 Total Score (n=515)	63.00%	69.41%	57.34% (n=332)
					YOQ Total Score (n=42)	57.00%	16.94%	25.18% (n=35)				
					YOQ-SR Total Score (n=101)	54.00%	51.53%	43.43% (n=76)				
Individual Cognitive Behavioral Therapy (Ind CBT)-Depression	75.97%	6,529	43.28% (n=1,924)	56.72% (n=2,521)	OQ Total Score (n=1,043)	35.00%	66.18%	56.29% (n=622)	PHQ-9 Total Score (n=1,243)	50.00%	64.60%	53.46% (n=750)
					YOQ Total Score (n=73)	51.00%	12.52%	20.51% (n=48)				
					YOQ-SR Total Score (n=177)	50.00%	50.86%	46.60% (n=121)				
Individual Cognitive Behavioral Therapy (Ind CBT)-Trauma	75.97%	887	46.469% (n=276)	53.54% (n=318)	OQ Total Score (n=171)	44.00%	74.35%	62.21% (n=107)	PTSD-RI Adult Severity Score (n=18)	N<20	N/A	N/A
					YOQ Total Score (n=15)	N<20	N/A	N/A	PCL-5 Total Score (n=105)	60.00%	69.08%	51.97% (n=79)
					YOQ-SR Total Score (n=20)	44.00%	57.14%	N/A	PTSD-RI Child/Adolescent Severity Score (n=16)	N<20	N/A	N/A
									PTSD-RI-5 Child/Adol. Severity Score (n=11)	N<20	N/A	N/A
									PTSD-RI Parent Severity Score (n=5)	N<20	N/A	N/A
PTSD-RI-5 Parent Severity Score (n=7)	N<20	N/A	N/A									

Evidence-Based Practice	Outcomes, Starting July 2011 through December 26, 2019											
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice							
			Completed EBP Yes	Completed EBP No	General Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)	Specific Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Interpersonal Psychotherapy for Depression (IPT)	75.04%	7,132	50.13% (n=2,885)	49.87% (n=2,870)	OQ Total Score (n=930)	31.00%	63.31%	49.68% (n=310)	PHQ-9 Total Score (n=1,669)	50.00%	59.04%	46.14% (n=635)
					YOQ Total Score (n=473)	48.00%	35.19%	25.24% (n=186)				
					YOQ-SR Total Score (n=714)	48.00%	52.58%	39.49% (n=297)				
Loving Intervention Family Enrichment Program (LIFE)	95.81%	423	64.99% (n=258)	35.01% (n=139)	YOQ Total Score (n=169)	37.00%	66.54%	75.58% (n=65)	ECBI Intensity Scale (n=147)	23.00%	78.19%	78.82% (n=67)
					YOQ-SR Total Score (n=115)	18.00%	71.43%	80.85% (n=38)	ECBI Problem Scale (n=147)	50.00%		
Managing and Adapting Practice (MAP)	83.63%	58,908	53.56% (n=23,178)	46.44% (n=20,096)	YOQ Total Score (n=13,139)	46.00%	58.67%	52.21% (n=7,035)	ECBI Intensity Scale (n=4,624)	25.00%	54.67%	49.89% (n=2,414)
									ECBI Problem Scale (n=4,624)	43.00%		
									PHQ-9 Total Score (n=3,129)	55.00%	64.92%	54.17% (n=1,585)
									RCADS- Total Anxiety (n=3,244)	44.00%	43.49%	47.43% (n=1,834)
					YOQ-SR Total Score (n=5,882)	44.00%	63.63%	55.20% (n=3,042)	RCADS-P Total Anxiety (n=3,037)	41.00%	50.05%	44.19% (n=1,709)
									PTSD-RI Child/Adolescent Severity Score (n=134)	48.00%	40.61%	N<20
									PTSD-RI-5 Child/Adol. Severity Score (n=271)	48.00%	46.25%	38.74% (n=227)
					OQ Total Score (n=53)	37.00%	1.43%	45.90% (n=28)	PTSD-RI Parent Severity Score (n=139)	47.00%	38.83%	40.00% (n=20)
PTSD-RI-5 Parent Severity Score (n=228)	56.00%	38.97%	30.60% (n=179)									
PCL-5 Total Score (n=3)	N<20	N/A	N/A									
Mental Health Integration Program (MHIP) - Anxiety	72.46%	2,133	38.70% (n=757)	61.30% (n=1,199)	No General Measure Required for this Practice	N/A	N/A	GAD-7 Total Score (n=701)	58.00%	92.60%	96.14% (n=324)	
Mental Health Integration Program (MHIP) - Depression		5,828	33.59% (n=1,764)	66.41% (n=3,487)				PHQ-9 Total Score (n=1,646)	60.00%	93.31%	97.05% (n=461)	
Mental Health Integration Program (MHIP) - Trauma		297	29.26% (n=79)	70.74% (n=191)				PCL-C Total Score (n=62)	24.00%	78.48%	N<20	
Mindful Parenting Groups (MPG)	64.00%	16	85.71% (n=6)	14.29% (n=1)	No General Measure Required for this Practice	N/A	N/A	DECA-Infant-P Total Raw Score (n=1)	N<20	N/A	N/A	
								DECA-Toddler-P Total Raw Score (n=0)	N<20	N/A	N/A	

Evidence-Based Practice	Outcomes, Starting July 2011 through December 26, 2019											
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice							
			Completed EBP Yes	Completed EBP No	General Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)	Specific Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Multidimensional Family Therapy (MDFT)	68.57%	77	89.19% (n=33)	10.81% (n=4)	YOQ Total Score (n=19)	N<20	N/A	N/A	RBPC Anxiety-Withdrawal Raw Score (n=6)	N<20	N/A	N/A
									RBPC Attention Problems-Immaturity Raw Score (n=6)	N<20	N/A	N/A
									RBPC Conduct Disorder Raw Score (n=6)	N<20	N/A	N/A
					YOQ-SR Total Score (n=22)	25.00%	68.75%	N<20	RBPC Motor Tension Excess Raw Score (n=6)	N<20	N/A	N/A
									RBPC Psychotic Behavior Raw Score (n=6)	N<20	N/A	N/A
									RBPC Socialized Aggression Raw Score (n=6)	N<20	N/A	N/A
Multisystemic Therapy (MST)	31.82%	126	72.28% (n=73)	27.72% (n=28)	YOQ Total Score (n=48)	46.00%	65.75%	N<20	Specific outcome measure data for practice is not entered in PEI OMA			
					YOQ-SR Total Score (n=41)	38.00%	56.94%	N<20				
Parent-Child Interaction Therapy (PCIT)	63.54%	4,134	40.75% (n=1,222)	59.25% (n=1,777)	YOQ Total Score (n=473)	58.00%	63.45%	46.86% (n=179)	ECBI Intensity Scale (n=875)	37.00%	72.37%	57.41% (n=368)
									ECBI Problem Scale (n=875)	63.00%		
Problem-Solving Therapy (PST)	62.58%	393	61.80% (n=220)	38.20% (n=136)	OQ Total Score (n=127)	28.00%	57.73%	66.13% (n=41)	PHQ-9 Total Score (n=150)	45.00%	68.18%	74.19% (n=46)
Program to Encourage Active and Rewarding Lives for Seniors (PEARLS)	74.31%	165	48.95% (n=70)	51.05% (n=73)	OQ Total Score (n=29)	26.00%	41.43%	N<20	PHQ-9 Total Score (n=47)	45.00%	67.14%	N<20
Prolonged Exposure Therapy for Post-Traumatic Stress Disorder (PE-PTSD)	53.01%	97	57.14% (n=28)	42.86% (n=21)	OQ Total Score (n=23)	35.00%	82.14%	N<20	PDS Symptom Severity Score (n=13)	N<20	N/A	N/A
									PCL-5 Total Score (n=13)	N<20	N/A	N/A
Promoting Alternate Thinking Strategies (PATHS)	51.85%	747	33.46% (n=182)	66.54% (n=362)	YOQ Total Score (n=36)	37.00%	20.45%	N<20	ECBI Intensity Scale (n=36)	19.00%	19.78%	N<20
					YOQ-SR Total Score (n=1)	N<20	N/A	N/A	ECBI Problem Scale (n=36)	33.00%		

Evidence-Based Practice	Outcomes, Starting July 2011 through December 26, 2019											
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice							
			Completed EBP Yes	Completed EBP No	General Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)	Specific Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Reflective Parenting Program (RPP)	80.13%	245	71.88% (n=161)	28.13% (n=63)	YOQ Total Score (n=79)	9.00%	71.17%	65.96% (n=31)	ECBI Intensity Scale (n=96)	6.00%	64.00%	56.45% (n=35)
					YOQ-SR Total Score (n=6)	N<20	N/A	N/A	ECBI Problem Scale (n=96)	15.00%		
Seeking Safety (SS)	63.42%	20,090	39.93% (n=6,302)	60.07% (n=9,482)	OQ Total Score (n=1,126)	33.00%	55.06%	52.8% (n=396)	PCL-5 Total Severity Score (n=334)	52.00%	49.55%	41.99% (n=283)
									PTSD-RI Adult Severity Score (n=446)	30.00%	36.86%	34.33% (n=23)
					YOQ Total Score (n=1039)	36.00%	26.03%	25.76% (n=186)	PTSD-RI Parent Severity Score (n=678)	36.00%	18.99%	21.57% (n=22)
									PTSD-RI-5 Parent Severity Score (n=135)	47.00%	19.77%	16.98% (n=116)
					YOQ-SR Total Score (n=2,031)	33.00%	48.85%	42.89% (n=332)	PTSD-RI Child/Adolescent Severity Score (n=1,417)	31.00%	37.99%	39.64% (n=44)
									PTSD-RI-5 Child/Adol. Severity Score (n=222)	40.00%	32.50%	28.26% (n=193)
Stepped Care (SC)	54.39%	4,359	100.00% (n=2,024)	0.00% (n=0)	OQ Total Score (n=128)	25.00%	29.84%	N<20	No specific outcome measure required for this practice			
					YOQ Total Score (n=281)	40.00%	19.82%	N<20				
					YOQ-SR Total Score (n=127)	36.00%	20.03%	N<20				
Strengthening Families (SF)	35.69%	237	89.01% (n=81)	10.99% (n=10)					RBPC Anxiety-Withdrawal Raw Score (n=0)	N<20	N/A	N/A
					YOQ Total Score (n=41)	32.00%	51.90%	N<20	RBPC Attention Problems-Immaturity Raw Score (n=0)	N<20	N/A	N/A
									RBPC Conduct Disorder Raw Score (n=0)	N<20	N/A	N/A
									RBPC Motor Tension Excess Raw Score (n=0)	N<20	N/A	N/A
					YOQ-SR Total Score (n=30)	25.00%	46.15%	N<20	RBPC Psychotic Behavior Raw Score (n=0)	N<20	N/A	N/A
									RBPC Socialized Aggression Raw Score (n=0)	N<20	N/A	N/A

Evidence-Based Practice	Outcomes, Starting July 2011 through December 26, 2019											
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice							
			Completed EBP Yes	Completed EBP No	General Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)	Specific Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Trauma Focused Cognitive Behavioral Therapy (TF-CBT)	90.32%	23,598	54.65% (n=9,352)	45.35% (n=7,760)	YOQ Total Score (n=5,353)	48.00%	58.80%	56.52% (n=2,451)	PTSD-RI Child/Adolescent Severity Score (n=2,607)	51.00%	56.71%	61.55% (n=301)
									PTSD-RI Parent Severity Score (n=2,521)	50.00%	50.11%	57.14% (n=308)
					YOQ-SR Total Score (n=2,174)	46.00%	62.60%	60.09% (n=989)	PTSD-RI-5 Child/Adol. Severity Score (n=2,055)	51%	57.58%	48.22% (n=1,721)
									PTSD-RI-5 Parent Severity Score (n=1,784)	52%	49.99%	41.72% (n=1,459)
Triple P- Positive Parenting Program (Triple P)	94.82%	6,197	59.68% (n=2,553)	40.32% (n=1,725)	YOQ Total Score (n=1,744)	42.00%	75.33%	68.41% (n=864)	ECBI Intensity Scale (n=1,790)	27.00%	71.63%	66.33% (n=912)
					YOQ-SR Total Score (n=154)	30.00%	40.00%	40.32% (n=75)	ECBI Problem Scale (n=1,790)	47.00%		
UCLA Ties Transition Model (UCLA TTM)	82.33%	195	49.38% (n=79)	51.27% (n=81)	YOQ Total Score (n=9)	N<20	N/A	N/A	ECBI Intensity Scale (n=3)	N<20	N/A	N/A
									ECBI Problem Scale (n=3)	N<20	N/A	N/A

\* CORS data collection was delayed until mid 2013 so compliance rate might be understated.