

Summary of PEI Practice Outcomes (Data as of 1/25/2021)

Evidence-Based Practice	Outcomes, Starting July 2011 through January 25, 2021											
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice							
			Completed EBP Yes	Completed EBP No	General Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)	Specific Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Aggression Replacement Training (ART)	73.57%	3,432	42.64% (n=1,309)	57.36% (n=1,761)	YOQ Total Score (n=423)	24.00%	33.73%	48.62% (n=88)	ECBI Intensity Scale (n=402)	10.00%	37.57%	44.94% (n=80)
									ECBI Problem Scale (n=402)	21.00%		
					YOQ-SR Total Score (n=507)	15.00%	55.59%	46.81% (n=44)	SESBI-R Intensity Scale (n=21)	6.00%	1.96%	N<20
									SESBI-R Problem Scale (n=21)	14.00%		
ART Skillstreaming		328	54.22% (n=122)	45.78% (n=103)	YOQ Total Score (n=37)	25.00%	30.58%	N<20	ECBI Intensity Scale (n=31)	19.00%	26.27%	N/A
					YOQ-SR Total Score (n=6)	N<20	N/A	N/A	ECBI Problem Scale (n=31)	21.00%		
Alternatives for Families Cognitive Behavioral Therapy (AF-CBT)	89.85%	1,658	51.88% (n=634)	48.12% (n=588)	YOQ Total Score (n=360)	50.00%	58.92%	39.45% (n=114)	PTSD-RI Child/Adolescent Severity Score (n=209)	53.00%	64.11%	N<20
									Child/Adol. Severity Score (n=83)	61.00%	31.09%	23.22% (n=62)
					YOQ-SR Total Score (n=159)	44.00%	60.46%	43.97% (n=62)	PTSD-RI Parent Severity Score (n=212)	50.00%	62.54%	N<20
									PTSD-RI-5 Parent Severity Score (n=82)	75.00%	30.71%	23.60% (n=63)
Brief Strategic Family Therapy (BSFT)	74.02%	203	63.19% (n=103)	36.81% (n=60)	YOQ Total Score (n=73)	48.00%	71.57%	N<20	RBPC Anxiety-Withdrawal Raw Score (n=69)	66.00%	66.99%	N<20
									RBPC Attention Problems-Immaturity Raw Score (n=69)	60.00%		N<20
									RBPC Conduct Disorder Raw Score (n=69)	50.00%		N<20
					YOQ-SR Total Score (n=39)	44.00%	70.91%	N<20	RBPC Motor Tension Excess Raw Score (n=69)	50.00%	N<20	N<20
									RBPC Psychotic Behavior Raw Score (n=69)	100.00%	N<20	N<20
									RBPC Socialized Aggression Raw Score (n=69)	50.00%	N<20	N<20
Caring for Our Families (CFOF)	71.33%	733	67.15% (n=372)	32.85% (n=182)	YOQ Total Score (n=132)	23.00%	36.46%	N<20	ECBI Problem Scale (n=59)	30.00%	24.79%	N<20
									ECBI Intensity Scale (n=59)	20.00%		

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Center for the Assessment & Prevention of Prodromal States (CAPPS)	90.87%	202	42.20% (n=73)	57.80% (n=100)	OQ Total Score (n=17)	N<20	N/A	N/A	SOPS Disorganized Symptoms (D) Total Score (n=45)	60.00%	61.64%	61.76% (n=21)
					YOQ Total Score (n=28)	31.00%	75.68%	N<20	SOPS General Symptoms (G) Total Score (n=45)	57.00%		
									SOPS Negative Symptoms (N) Total Score (n=45)	58.00%		
					YOQ-SR Total Score (n=39)	31.00%	78.00%	N<20	SOPS Positive Symptoms (P) Total Score (n=45)	66.00%		
									SOPS Total of All Scores (n=45)	60.00%		
Child-Parent Psychotherapy (CPP)	75.35%	6,968	46.54% (n=2,608)	53.46% (n=2,996)	YOQ Total Score (n=548)	53.00%	51.46%	42.61% (n=173)	TSCYC PTS Total Score (n=851)	17.00%	49.35%	39.20% (n=265)
Cognitive Behavioral Intervention for Trauma in Schools (CBITS)	96.32%	131	71.19% (n=84)	28.81% (n=34)	YOQ Total Score (n=42)	30.00%	50.60%	N<20	PTSD-RI Child/Adolescent Severity Score (n=34)	28.00%	55.74%	N<20
									PTSD-RI Parent Severity Score (n=21)	23.00%	33.87%	N<20
					YOQ-SR Total Score (n=26)	18.00%	52.00%	N<20	PTSD-RI-5 Child/Adol. Total Score (n=12)	N<20	N/A	N/A
									PTSD-RI-5 Parent Severity Score (n=5)	N<20	N/A	N/A
Crisis Oriented Recovery Services (CORS)	42.01%	4,150	60.20% (n=1,785)	39.80% (n=1,180)	OQ Total Score (n=222)	18.00%	61.84%	43.02% (n=37)	No specific outcome measure required for this practice			
					PSC-35 (n=0)	N<20	N/A	N/A				
					YOQ Total Score (n=978)	27.00%	70.01%	67.92% (n=326)				
					YOQ-SR Total Score (n=446)	27.00%	66.07%	56.72% (n=152)				
Dialectical Behavior Therapy (DBT)	49.10%	246	60.64% (n=57)	39.36% (n=37)	OQ Total Score (n=41)	19.00%	71.93%	70.73% (n=29)	DERS Total Score (n=39)	7.00%	68.42%	68.29% (n=28)
Depression Treatment Quality Improvement (DTQI)	91.78%	1,249	64.84% (n=782)	35.16% (n=424)	OQ Total Score (n=5)	N<20	N/A	N/A	PHQ-9 Total Score (n=430)	55.00%	65.75%	47.91% (n=103)
					YOQ Total Score (n=414)	46.00%	55.57%	42.49% (n=99)				
					YOQ-SR Total Score (n=410)	48.00%	63.66%	50.70% (n=108)				

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Families Overcoming Under Stress (FOCUS)	92.25%	647	69.90% (n=404)	30.10% (n=174)	YOQ Total Score (n=234)	41.00%	58.65%	50.36% (n=141)	FAD Affective Involvement (n=67)	0.00%	39.41%	38.02% (n=46)
									FAD Affective Responsiveness (n=67)	0.00%		
									FAD Behavioral Control (n=67)	0.00%		
									FAD Communication (n=67)	50.00%		
									FAD General Functioning (n=67)	0.00%		
									FAD Problem Solving (n=67)	0.00%		
									FAD Roles (n=67)	0.00%		
Family Connections (FC)	33.87%	21	37.5% (n=6)	62.5% (n=10)	YOQ Total Score (n=2)	N<20	N/A	N/A	ECBI Intensity Scale (n=1)	N<20	N/A	N/A
					YOQ-SR Total Score (n=0)	N<20	N/A	N/A	ECBI Problem Scale (n=1)	N<20	N/A	N/A
Functional Family Therapy (FFT)	69.56%	1,719	65.91% (n=957)	34.09% (n=495)	YOQ Total Score (n=769)	29.00%	82.01%	71.22% (n=99)	No specific outcome measure required for this practice			
					YOQ-SR Total Score (n=691)	27.00%	82.75%	73.81% (n=93)				
Group Cognitive Behavioral Therapy for Major Depression (Group CBT)	96.28%	1,140	42.15% (n=368)	57.85% (n=505)	OQ Total Score (n=228)	20.00%	62.47%	61.54% (n=32)	PHQ-9 Total Score (n=253)	42.00%	68.75%	62.96% (n=34)
Incredible Years (IY)	88.79%	2,849	63.49% (n=1,612)	36.51% (n=927)	YOQ Total Score (n=1,136)	27.00%	74.25%	63.40% (n=298)	ECBI Intensity Scale (n=1,023)	18.00%	64.79%	57.26% (n=280)
									ECBI Problem Scale (n=1,023)	35.00%		

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Individual Cognitive Behavioral Therapy (Ind CBT)-Anxiety	78.46%	3,324	45.44% (n=1041)	54.56% (n=1,250)	OQ Total Score (n=518)	36.00%	62.26%	47.78% (n=323)	GAD-7 Total Score (n=601)	63.00%	69.00%	47.38% (n=335)
					YOQ Total Score (n=44)	52.00%	13.54%	16.20% (n=35)				
					YOQ-SR Total Score (n=104)	54.00%	37.55%	29.69% (n=76)				
Individual Cognitive Behavioral Therapy (Ind CBT)-Depression		7,165	44.04% (n=2,204)	55.96% (n=2,801)	OQ Total Score (n=1,097)	35.00%	60.21%	46.99% (n=632)	PHQ-9 Total Score (n=1,413)	58.00%	64.11%	45.47% (n=762)
					YOQ Total Score (n=78)	50.00%	10.64%	12.66% (n=48)				
					YOQ-SR Total Score (n=183)	51.00%	36.53%	27.33% (n=123)				
Individual Cognitive Behavioral Therapy (Ind CBT)-Trauma		1,009	46.72% (n=321)	53.28% (n=366)	OQ Total Score (n=176)	43.00%	70.97%	56.84% (n=108)	PTSD-RI Adult Severity Score (n=18)	N<20	N/A	N/A
					YOQ Total Score (n=16)	N<20	N/A	N/A	PCL-5 Total Score (n=127)	61.00%	67.55%	42.55% (n=80)
					YOQ-SR Total Score (n=21)	42.00%	51.22%	N/A	PTSD-RI Child/Adolescent Severity Score (n=16)	N<20	N/A	N/A
									PTSD-RI-5 Child/Adol. Severity Score (n=13)	N<20	N/A	N/A
									PTSD-RI Parent Severity Score (n=5)	N<20	N/A	N/A
									PTSD-RI-5 Parent Severity Score (n=8)	N<20	N/A	N/A
Interpersonal Psychotherapy for Depression (IPT)	84.13%	7,973	49.32% (n=3,267)	50.68% (n=3,357)	OQ Total Score (n=957)	31.00%	64.65%	35.96% (n=324)	PHQ-9 Total Score (n=1,824)	50.00%	56.96%	37.51% (n=655)
					YOQ Total Score (n=485)	48.00%	29.66%	18.48% (n=190)				
					YOQ-SR Total Score (n=734)	50.00%	44.48%	29.02% (n=303)				
Loving Intervention Family Enrichment Program (LIFE)	108.23%	432	64.78% (n=263)	35.22% (n=143)	YOQ Total Score (n=173)	36.00%	66.80%	73.63% (n=67)	ECBI Intensity Scale (n=152)	23.00%	78.76%	77.78% (n=70)
					YOQ-SR Total Score (n=119)	18.00%	71.69%	78.85% (n=41)	ECBI Problem Scale (n=152)	50.00%		

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Managing and Adapting Practice (MAP)	96.03%	63,360	51.97% (n=25,358)	48.03% (n=23,439)	YOQ Total Score (n=13,924)	46.00%	56.79%	45.65% (n=7,163)	ECBI Intensity Scale (n=5,088)	25.00%	53.17%	41.68% (n=2,448)
									ECBI Problem Scale (n=5,088)	43.00%		
									PHQ-9 Total Score (n=3,556)	55.00%	62.84%	43.73% (n=1,627)
									RCADS- Total Anxiety (n=3,741)	44.00%	52.26%	38.03% (n=1,869)
					YOQ-SR Total Score (n=6,173)	44.00%	61.46%	49.19% (n=3,110)	RCADS-P Total Anxiety (n=3,481)	41.00%	48.62%	35.47% (n=1,743)
									PTSD-RI Child/ Adolescent Severity Score (n=135)	48.00%	40.79%	N<20
									PTSD-RI-5 Child/Adol. Severity Score (n=343)	50.00%	42.89%	28.63% (n=229)
					OQ Total Score (n=61)	38.00%	1.58%	41.33% (n=31)	PTSD-RI Parent Severity Score (n=140)	47.00%	38.90%	40.00% (n=20)
									PTSD-RI-5 Parent Severity Score (n=295)	56.00%	36.92%	22.53% (n=180)
									PCL-5 Total Score (n=3)	N<20	N/A	N/A
Mental Health Integration Program (MHIP) - Anxiety	69.73%	2,503	37.84% (n=865)	62.16% (n=1,421)	No General Measure Required for this Practice	N/A	N/A	GAD-7 Total Score (n=807)	58.00%	93.29%	96.63% (n=430)	
Mental Health Integration Program (MHIP) - Depression		6,271	33.37% (n=1,884)	66.63% (n=3,762)				PHQ-9 Total Score (n=1,767)	57.00%	93.79%	7.82% (n=582)	
Mental Health Integration Program (MHIP) - Trauma		301	28.83% (n=79)	71.17% (n=195)				PCL-C Total Score (n=62)	24.00%	78.48%	N<20	
Mindful Parenting Groups (MPG)	64.00%	16	85.71% (n=6)	14.29% (n=1)	No General Measure Required for this Practice	N/A	N/A	DECA-Infant-P Total Raw Score (n=1)	N<20	N/A	N/A	
								DECA-Toddler-P Total Raw Score (n=0)	N<20	N/A	N/A	

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Multidimensional Family Therapy (MDFT)	76.60%	77	89.19% (n=33)	10.81% (n=4)	YOQ Total Score (n=19)	N<20	N/A	N/A	RBPC Anxiety-Withdrawal Raw Score (n=6)	N<20	N/A	N/A
									RBPC Attention Problems-Immaturity Raw Score	N<20	N/A	N/A
									RBPC Conduct Disorder Raw Score (n=6)	N<20	N/A	N/A
					YOQ-SR Total Score (n=22)	25.00%	68.75%	N<20	RBPC Motor Tension Excess Raw Score (n=6)	N<20	N/A	N/A
									RBPC Psychotic Behavior Raw Score (n=6)	N<20	N/A	N/A
									RBPC Socialized Aggression Raw Score (n=6)	N<20	N/A	N/A
Multisystemic Therapy (MST)	29.53%	126	72.28% (n=73)	27.72% (n=28)	PSC-35 (n=0)	N<20	N/A	N/A	No specific outcome measure required for this practice			
					YOQ Total Score (n=48)	46.00%	65.75%	N<20				
					YOQ-SR Total Score (n=41)	38.00%	56.94%	N<20				
Nurturing Parenting Program (NPP)	N/A	N/A	N/A	N/A	No General Measure Required for this Practice		N/A	N/A	ECBI Intensity Scale (n=0)	N<20	N/A	N/A
							N/A	N/A	ECBI Problem Scale (n=0)	N<20	N/A	N/A
Parent-Child Interaction Therapy (PCIT)	71.97%	4,510	39.92% (n=1,340)	60.08% (n=2,017)	YOQ Total Score (n=514)	58.00%	57.75%	37.06% (n=179)	ECBI Intensity Scale (n=946)	37.00%	71.29%	48.68% (n=369)
									ECBI Problem Scale (n=946)	63.00%		
Portland Identification and Early Referral (PIER) Early Psychosis Program	N/A	N/A	N/A	N/A	No General Measure Required for this Practice		N/A	N/A	SOPS Disorganized Symptoms (D) Total Score (n=0)	N<20	N/A	N/A
									SOPS General Symptoms (G) Total Score (n=0)	N<20	N/A	N/A
									SOPS Negative Symptoms (N) Total Score (n=0)	N<20	N/A	N/A
									SOPS Positive Symptoms (P) Total Score (n=0)	N<20	N/A	N/A
									SOPS Total of All Scores (n=0)	N<20	N/A	N/A
									GAF-M Global Assessment of Functioning-Mod (n=0)	N<20	N/A	N/A

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Problem-Solving Therapy (PST)	66.89%	408	62.53% (n=232)	37.47% (n=139)	OQ Total Score (n=127)	28.00%	54.74%	56.16% (n=41)	PHQ-9 Total Score (n=159)	45.00%	68.53%	63.01% (n=46)
Program to Encourage Active and Rewarding Lives for Seniors (PEARLS)	83.76%	165	48.34% (n=73)	51.66% (n=78)	OQ Total Score (n=29)	26.00%	39.73%	N<20	PHQ-9 Total Score (n=47)	45.00%	64.38%	N<20
Prolonged Exposure Therapy for Post-Traumatic Stress Disorder (PE-PTSD)	49.49%	98	58.00% (n=29)	42.00% (n=21)	OQ Total Score (n=24)	35.00%	82.76%	N<20	PDS Symptom Severity Score (n=13)	N<20	N/A	N/A
									PCL-5 Total Score (n=14)	N<20	N/A	N/A
Promoting Alternate Thinking Strategies (PATHS)	47.65%	747	33.39% (n=182)	66.61% (n=363)	YOQ Total Score (n=36)	37.00%	20.45%	N<20	ECBI Intensity Scale (n=36)	19.00%	19.78%	N<20
					YOQ-SR Total Score (n=1)	N<20	N/A	N/A	ECBI Problem Scale (n=36)	33.00%		
Reflective Parenting Program (RPP)	93.44%	250	71.62% (n=164)	28.38% (n=65)	YOQ Total Score (n=79)	9.00%	69.91%	65.27% (n=31)	ECBI Intensity Scale (n=96)	6.00%	63.58%	55.56% (n=35)
					YOQ-SR Total Score (n=6)	N<20	N/A	N/A	ECBI Problem Scale (n=96)	15.00%		
Seeking Safety (SS)	69.85%	20,810	40.30 (n=6,666)	59.70% (n=9,873)	OQ Total Score (n=1,167)	32.00%	54.13%	48.42% (n=415)	PCL-5 Total Severity Score (n=396)	52.00%	45.83%	34.49% (n=298)
									PTSD-RI Adult Severity Score (n=446)	30.00%	36.77%	34.33% (n=23)
					YOQ Total Score (n=1,052)	36.00%	25.66%	23.73 % (n=191)	PTSD-RI Parent Severity Score (n=678)	36.00%	18.81%	21.36% (n=22)
									PTSD-RI-5 Parent Severity Score (n=155)	50.00%	18.88%	14.49% (n=119)
					YOQ-SR Total Score (n=2,050)	33.00%	47.87%	39.01% (n=339)	PTSD-RI Child/ Adolescent Severity Score (n=1,417)	31.00%	37.67%	39.29% (n=44)
									PTSD-RI-5 Child/Adol. Severity Score (n=251)	42.00%	30.57%	23.87% (n=196)
Stepped Care (SC)	46.76%	7,535	100.00% (n=4,495)	0.00% (n=0)	OQ Total Score (n=344)	27.00%	27.70%	N<20	No specific outcome measure required for this practice			
					PSC-35 (n=0)	N<20	N/A	N/A				
					YOQ Total Score (n=337)	41.00%	9.20%	N<20				
					YOQ-SR Total Score (n=151)	37.00%	5.55%	N<20				

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Strengthening Families (SF)	37.50%	237	89.01% (n=81)	10.99% (n=10)	YOQ Total Score (n=41)	32.00%	51.90%	N<20	RBPC Anxiety-Withdrawal Raw Score (n=15)	N<20	N/A	N/A
									RBPC Attention Problems-Immaturity Raw Score (n=15)	N<20	N/A	N/A
									RBPC Conduct Disorder Raw Score (n=15)	N<20	N/A	N/A
					YOQ-SR Total Score (n=30)	25.00%	46.15%	N<20	RBPC Motor Tension Excess Raw Score (n=15)	N<20	N/A	N/A
									RBPC Psychotic Behavior Raw Score (n=15)	N<20	N/A	N/A
									RBPC Socialized Aggression Raw Score (n=15)	N<20	N/A	N/A
Trauma Focused Cognitive Behavioral Therapy (TF-CBT)	105.69%	25,156	54.08% (n=10,129)	45.92% (n=8,602)	YOQ Total Score (n=5,466)	48.00%	57.65%	48.77% (n=2,460)	PTSD-RI Child/Adolescent Severity Score (n=2,610)	48.00%	56.12%	61.55% (n=301)
									PTSD-RI Parent Severity Score (n=2,524)	50.00%	49.62%	57.33% (n=309)
					YOQ-SR Total Score (n=2,236)	46.00%	61.48%	51.29% (n=996)	PTSD-RI-5 Child/Adol. Severity Score (n=2,380)	53%	56.57%	41.29% (n=1,737)
									PTSD-RI-5 Parent Severity Score (n=2,063)	53%	49.04%	35.70% (n=1,502)
Triple P- Positive Parenting Program (Triple P)	122.91%	6,321	59.48% (n=2,682)	40.52% (n=1,827)	YOQ Total Score (n=1,744)	42.00%	71.45%	62.93% (n=864)	ECBI Intensity Scale (n=1,849)	27.00%	70.44%	61.41% (n=912)
					YOQ-SR Total Score (n=154)	30.00%	31.49%	26.41% (n=75)	ECBI Problem Scale (n=1,849)	50.00%		
UCLA Ties Transition Model (UCLA TTM)	93.66%	196	49.69% (n=80)	50.31% (n=81)	YOQ Total Score (n=9)	N<20	N/A	N/A	ECBI Intensity Scale (n=11)	N<20	N/A	N/A
									ECBI Problem Scale (n=11)	N<20	N/A	N/A

* CORS data collection was delayed until mid 2013 so compliance rate might be understated.

**MAP, TF-CBT, and Triple P compliance rates do not include data for inactive treatment cycles reported to CIMH at the time of the data transition to DMH. Data reported on here only includes information contained in our DMH PEI OMA system.

MHIP does not collect a "post" measure. Pre/Post changes reported are determined from first questionnaire with scores to last questionnaire with scores.

***PSC-35 data collection began on July 1, 2019.

****All treatment cycles that began on or after 7/1/2019 no longer require the general OQ/YOQ/YOQ-SR measures except for the following practices which utilize these measures as their sole outcome measure: CORS (OQ), Stepped Care (OQ) and FFT (YOQ/YOQ-SR)."