

Summary of PEI Practice Outcomes (Data as of 6/30/2020)

Evidence-Based Practice	Outcomes, Starting July 2011 through June 30, 2020											
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice							
			Completed EBP Yes	Completed EBP No	General Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)	Specific Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Aggression Replacement Training (ART)	81.08%	3,432	42.64% (n=1,309)	57.43% (n=1,761)	YOQ Total Score (n=423)	24.00%	33.73%	50.29% (n=88)	ECBI Intensity Scale (n=402)	10.00%	37.57%	44.94% (n=80)
									ECBI Problem Scale (n=402)	21.00%		
					YOQ-SR Total Score (n=507)	15.00%	55.59%	50.00% (n=44)	SESBI-R Intensity Scale (n=21)	6.00%	1.96%	N<20
									SESBI-R Problem Scale (n=21)	14.00%		
ART Skillstreaming		328	54.22% (n=122)	45.78% (n=103)	YOQ Total Score (n=37)	25.00%	30.58%	N<20	ECBI Intensity Scale (n=31)	19.00%	26.27%	N/A
					YOQ-SR Total Score (n=6)	N<20	N/A	N/A	ECBI Problem Scale (n=31)	21.00%		
Alternatives for Families Cognitive Behavioral Therapy (AF-CBT)	97.09%	1,618	52.163% (n=615)	47.84% (n=564)	YOQ Total Score (n=360)	50.00%	58.92%	39.45% (n=114)	PTSD-RI Child/Adolescent Severity Score (n=209)	53.00%	64.11%	N<20
									PTSD-RI-5 Child/Adol. Severity Score (n=76)	61.00%	30.16%	24.60% (n=62)
					YOQ-SR Total Score (n=160)	44.00%	61.30%	44.60% (n=62)	PTSD-RI Parent Severity Score (n=212)	50.00%	62.54%	N<20
									PTSD-RI-5 Parent Severity Score (n=76)	75.00%	30.16%	25.00% (n=63)
Brief Strategic Family Therapy (BSFT)	74.02%	203	63.19% (n=103)	36.81% (n=60)	YOQ Total Score (n=73)	48.00%	71.57%	N<20	RBPC Anxiety-Withdrawal Raw Score (n=69)	66.00%	66.99%	N<20
									RBPC Attention Problems-Immaturity Raw Score (n=69)	60.00%		N<20
									RBPC Conduct Disorder Raw Score (n=69)	50.00%		N<20
					YOQ-SR Total Score (n=39)	44.00%	70.91%	N<20	RBPC Motor Tension Excess Raw Score (n=69)	50.00%	66.99%	N<20
									RBPC Psychotic Behavior Raw Score (n=69)	100.00%		N<20
									RBPC Socialized Aggression Raw Score (n=69)	50.00%		N<20

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Caring for Our Families (CFOF)	81.80%	733	67.15% (n=372)	32.85% (n=182)	YOQ Total Score (n=132)	23.00%	36.46%	N<20	ECBI Problem Scale (n=59)	30.00%	24.79%	N<20
									ECBI Intensity Scale (n=59)	20.00%		
Center for the Assessment & Prevention of Prodromal States (CAPPS)	92.99%	202	42.69% (n=73)	57.31% (n=98)	OQ Total Score (n=17)	N<20	N/A	N/A	SOPS Disorganized Symptoms (D) Total Score (n=45)	60.00%	70.31%	75.00% (n=21)
					YOQ Total Score (n=28)	31.00%	75.68%	N<20	SOPS General Symptoms (G) Total Score (n=45)	57.00%		
					YOQ-SR Total Score (n=39)	31.00%	78.00%	N<20	SOPS Negative Symptoms (N) Total Score (n=45)	58.00%		
									SOPS Positive Symptoms (P) Total Score (n=45)	66.00%		
SOPS Total of All Scores (n=45)	60.00%											
Child-Parent Psychotherapy (CPP)	84.85%	6,695	46.49% (n=2,493)	53.51% (n=2,869)	YOQ Total Score (n=542)	53.00%	51.62%	43.99% (n=172)	TSCYC PTS Total Score (n=816)	19.00%	49.49%	43.69% (n=263)
Cognitive Behavioral Intervention for Trauma in Schools (CBITS)	95.59%	130	70.94% (n=83)	29.06% (n=34)	YOQ Total Score (n=42)	30.00%	50.60%	N<20	PTSD-RI Child/Adolescent Severity Score (n=34)	28.00%	55.74%	N<20
					YOQ-SR Total Score (n=26)	18.00%	52.00%	N<20	PTSD-RI Parent Severity Score (n=21)	23.00%	33.87%	N<20
									PTSD-RI-5 Child/Adol.Total Score (n=12)	N<20	N/A	N/A
									PTSD-RI-5 Parent Severity Score (n=5)	N<20	N/A	N/A
Crisis Oriented Recovery Services (CORS)	45.28%	4,125	60.03% (n=1,772)	39.97% (n=1,180)	OQ Total Score (n=220)	19.00%	61.97%	45.12% (n=37)	No specific outcome measure required for this practice			
					YOQ Total Score (n=982)	27.00%	71.00%	69.96% (n=326)				
					YOQ-SR Total Score (n=451)	27.00%	68.65%	60.80% (n=152)				
Dialectical Behavior Therapy (DBT)	51.41%	219	66.28% (n=57)	33.72% (n=29)	OQ Total Score (n=41)	19.00%	71.93%	70.73% (n=29)	DERS Total Score (n=39)	7.00%	68.42%	68.29% (n=28)

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Depression Treatment Quality Improvement (DTQI)	92.50%	1,240	65.14% (n=781)	34.86% (n=418)	OQ Total Score (n=5)	N<20	N/A	N/A	PHQ-9 Total Score (n=430)	55.00%	65.85%	48.13% (n=103)
					YOQ Total Score (n=414)	46.00%	55.65%	42.67% (n=99)				
					YOQ-SR Total Score (n=410)	48.00%	63.76%	50.94% (n=108)				
Families Overcoming Under Stress (FOCUS)	94.37%	640	69.81% (n=393)	30.20% (n=170)	YOQ Total Score (n=232)	40.00%	59.79%	54.23% (n=141)	FAD Affective Involvement (n=66)	0.00%	40.24%	40.00% (n=46)
									FAD Affective Responsiveness (n=66)	0.00%		
									FAD Behavioral Control (n=66)	0.00%		
					YOQ-SR Total Score (n=92)	38%	56.79%	59.10% (n=65)	FAD Communication (n=66)	50.00%		
									FAD General Functioning (n=66)	0.00%		
									FAD Problem Solving (n=66)	0.00%		
FAD Roles (n=66)	0.00%											
Family Connections (FC)	33.87%	21	37.5% (n=6)	62.5% (n=10)	YOQ Total Score (n=2)	N<20	N/A	N/A	ECBI Intensity Scale (n=1)	N<20	N/A	N/A
					YOQ-SR Total Score (n=0)	N<20	N/A	N/A	ECBI Problem Scale (n=1)	N<20	N/A	N/A
Functional Family Therapy (FFT)	77.79%	1,713	65.74% (n=946)	34.26% (n=493)	YOQ Total Score (n=761)	29.00%	82.18%	77.34% (n=99)	No specific outcome measure required for this practice			
					YOQ-SR Total Score (n=686)	27.00%	82.95%	78.81% (n=93)				
Group Cognitive Behavioral Therapy for Major Depression (Group CBT)	98.76%	1,139	42.14% (n=367)	57.87% (n=504)	OQ Total Score (n=228)	20.00%	62.64%	62.75% (n=32)	PHQ-9 Total Score (n=253)	42.00%	68.94%	64.15% (n=34)
Incredible Years (IY)	99.89%	2,843	63.58% (n=1,606)	36.42% (n=920)	YOQ Total Score (n=1,134)	27.00%	74.41%	63.79% (n=296)	ECBI Intensity Scale (n=1,023)	18.00%	65.03%	57.97% (n=280)
									ECBI Problem Scale (n=1,023)	35.00%		

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Individual Cognitive Behavioral Therapy (Ind CBT)-Anxiety	84.41%	3,099	45.28% (n=960)	54.72% (n=1,160)	OQ Total Score (n=513)	37.00%	68.22%	54.10% (n=323)	GAD-7 Total Score (n=547)	63.00%	68.46%	52.67% (n=335)
					YOQ Total Score (n=44)	52.00%	17.05%	23.49% (n=35)				
					YOQ-SR Total Score (n=103)	54.00%	49.28%	40.43 (n=76)				
Individual Cognitive Behavioral Therapy (Ind CBT)-Depression	84.41%	6,807	43.50% (n=2,046)	56.50% (n=2,657)	OQ Total Score (n=1,087)	35.00%	65.09%	52.72% (n=629)	PHQ-9 Total Score (n=1,303)	50.00%	63.69%	49.87% (n=757)
					YOQ Total Score (n=76)	51.00%	12.44%	18.68% (n=48)				
					YOQ-SR Total Score (n=181)	51.00%	48.14%	37.54% (n=122)				
Individual Cognitive Behavioral Therapy (Ind CBT)-Trauma	84.41%	936	47.01% (n=299)	52.99% (n=337)	OQ Total Score (n=174)	44.00%	71.02%	57.22% (n=107)	PTSD-RI Adult Severity Score (n=18)	N<20	N/A	N/A
					YOQ Total Score (n=16)	N<20	N/A	N/A	PCL-5 Total Score (n=110)	61.00%	65.87%	47.31% (n=79)
					YOQ-SR Total Score (n=21)	42.00%	50.00%	N/A	PTSD-RI Child/Adolescent Severity Score (n=16)	N<20	N/A	N/A
									PTSD-RI-5 Child/Adol. Severity Score (n=11)	N<20	N/A	N/A
									PTSD-RI Parent Severity Score (n=5)	N<20	N/A	N/A
PTSD-RI-5 Parent Severity Score (n=7)	N<20	N/A	N/A									

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Interpersonal Psychotherapy for Depression (IPT)	90.50%	7,576	49.73% (n=3,080)	50.27% (n=3,114)	OQ Total Score (n=953)	31.00%	61.44%	44.94% (n=315)	PHQ-9 Total Score (n=1,739)	50.00%	57.60%	41.27% (n=645)
					YOQ Total Score (n=483)	48.00%	33.24%	22.22 (n=188)				
					YOQ-SR Total Score (n=729)	50.00%	49.66%	39.80% (n=300)				
Loving Intervention Family Enrichment Program (LIFE)	107.97%	431	64.94% (n=263)	35.06% (n=142)	YOQ Total Score (n=173)	36.00%	66.80%	73.63% (n=67)	ECBI Intensity Scale (n=152)	23.00%	78.76%	77.78% (n=70)
					YOQ-SR Total Score (n=119)	18.00%	71.69%	78.85% (n=41)	ECBI Problem Scale (n=152)	50.00%		
Managing and Adapting Practice (MAP)	97.03%	63,003	53.38% (n=24,883)	46.62% (n=21,730)	YOQ Total Score (n=13,690)	46.00%	58.67%	46.35% (n=7,091)	ECBI Intensity Scale (n=4,842)	25.00%	54.00%	45.91% (n=2,433)
									ECBI Problem Scale (n=4,842)	43.00%		
									PHQ-9 Total Score (n=3,330)	55.00%	63.74%	48.42% (n=1,606)
									RCADS- Total Anxiety (n=3,473)	44.00%	49.48%	42.71% (n=1,850)
					YOQ-SR Total Score (n=6,051)	44.00%	63.63%	50.00% (n=3,072)	RCADS-P Total Anxiety (n=3,245)	41.00%	52.97%	39.87% (n=1,727)
									PTSD-RI Child/Adolescent Severity Score (n=135)	48.00%	40.79%	N<20
					OQ Total Score (n=57)	37.00%	1.43%	42.03% (n=29)	PTSD-RI-5 Child/Adol. Severity Score (n=306)	50.00%	44.93%	33.48% (n=228)
									PTSD-RI Parent Severity Score (n=140)	47.00%	38.90%	40.00% (n=20)
PTSD-RI-5 Parent Severity Score (n=260)	56.00%	38.24%	26.32% (n=179)									
PCL-5 Total Score (n=3)	N<20	N/A	N/A									
Mental Health Integration Program (MHIP) - Anxiety	75.57%	2,280	38.22% (n=785)	61.78% (n=1,269)	No General Measure Required for this Practice	N/A	N/A	GAD-7 Total Score (n=727)	58.00%	92.61%	95.89% (n=350)	
Mental Health Integration Program (MHIP) - Depression		5,981	33.65% (n=1,807)	66.35% (n=3,563)				PHQ-9 Total Score (n=1,677)	60.00%	92.81%	94.98% (n=492)	
Mental Health Integration Program (MHIP) - Trauma		297	29.26% (n=79)	70.74% (n=191)				PCL-C Total Score (n=62)	24.00%	78.48%	N<20	
Mindful Parenting Groups (MPG)	64.00%	16	85.71% (n=6)	14.29% (n=1)	No General Measure Required for this Practice	N/A	N/A	DECA-Infant-P Total Raw Score (n=1)	N<20	N/A	N/A	
								DECA-Toddler-P Total Raw Score (n=0)	N<20	N/A	N/A	

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Multidimensional Family Therapy (MDFT)	82.76%	77	89.19% (n=33)	10.81% (n=4)	YOQ Total Score (n=19)	N<20	N/A	N/A	RBPC Anxiety-Withdrawal Raw Score (n=3)	N<20	N/A	N/A
									RBPC Attention Problems-Immaturity Raw Score (n=3)	N<20	N/A	N/A
									RBPC Conduct Disorder Raw Score (n=3)	N<20	N/A	N/A
					YOQ-SR Total Score (n=22)	25.00%	68.75%	N<20	RBPC Motor Tension Excess Raw Score (n=3)	N<20	N/A	N/A
									RBPC Psychotic Behavior Raw Score (n=3)	N<20	N/A	N/A
									RBPC Socialized Aggression Raw Score (n=3)	N<20	N/A	N/A
Multisystemic Therapy (MST)	34.39%	126	72.28% (n=73)	27.72% (n=28)	YOQ Total Score (n=48)	46.00%	65.75%	N<20	Specific outcome measure data for practice is not entered in PEI OMA			
					YOQ-SR Total Score (n=41)	38.00%	56.94%	N<20				
Parent-Child Interaction Therapy (PCIT)	79.09%	4,364	40.44% (n=1,293)	59.56% (n=1,904)	YOQ Total Score (n=514)	58.00%	61.70%	42.02% (n=179)	ECBI Intensity Scale (n=919)	37.00%	71.80%	51.90% (n=369)
									ECBI Problem Scale (n=919)	63.00%		
Problem-Solving Therapy (PST)	70.64%	395	62.01% (n=222)	37.99% (n=136)	OQ Total Score (n=127)	28.00%	57.21%	65.08% (n=41)	PHQ-9 Total Score (n=150)	45.00%	67.57%	73.02% (n=46)
Program to Encourage Active and Rewarding Lives for Seniors (PEARLS)	83.59%	165	48.34% (n=73)	51.66% (n=78)	OQ Total Score (n=29)	26.00%	39.73%	N<20	PHQ-9 Total Score (n=47)	45.00%	64.38%	N<20
Prolonged Exposure Therapy for Post-Traumatic Stress Disorder (PE-PTSD)	50.26%	97	58.00% (n=29)	42.00% (n=21)	OQ Total Score (n=24)	35.00%	82.76%	N<20	PDS Symptom Severity Score (n=13)	N<20	N/A	N/A
									PCL-5 Total Score (n=14)	N<20	N/A	N/A
Promoting Alternate Thinking Strategies (PATHS)	53.48%	747	33.46% (n=182)	66.54% (n=362)	YOQ Total Score (n=36)	37.00%	20.45%	N<20	ECBI Intensity Scale (n=36)	19.00%	19.78%	N<20
					YOQ-SR Total Score (n=1)	N<20	N/A	N/A	ECBI Problem Scale (n=36)	33.00%		

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Reflective Parenting Program (RPP)	98.35%	247	71.37% (n=162)	28.63% (n=65)	YOQ Total Score (n=79)	9.00%	71.17%	65.96% (n=31)	ECBI Intensity Scale (n=96)	6.00%	64.00%	56.45% (n=35)
					YOQ-SR Total Score (n=6)	N<20	N/A	N/A	ECBI Problem Scale (n=96)	15.00%		
Seeking Safety (SS)	77.75%	20,546	40.18% (n=6,519)	59.82% (n=9,707)	OQ Total Score (n=1,160)	32.00%	53.73%	47.22% (n=408)	PCL-5 Total Severity Score (n=367)	52.00%	46.57%	37.18% (n=293)
					YOQ Total Score (n=1,048)	36.00%	25.72%	23.95% (n=189)	PTSD-RI Adult Severity Score (n=446)	30.00%	36.86%	34.33% (n=23)
									PTSD-RI Parent Severity Score (n=678)	36.00%	18.87%	21.36% (n=22)
					YOQ-SR Total Score (n=2,046)	33.00%	48.04%	39.37% (n=337)	PTSD-RI-5 Parent Severity Score (n=143)	50.00%	18.67%	15.27 (n=117)
									PTSD-RI Child/Adolescent Severity Score (n=1,417)	31.00%	37.79%	39.29% (n=44)
Child/Adol. Severity Score (n=240)	44.00%	31.33%	25.46% (n=195)									
Stepped Care (SC)	47.08%	6,019	100.00% (n=3,313)	0.00% (n=0)	OQ Total Score (n=213)	25.00%	26.49%	N<20	No specific outcome measure required for this practice			
					YOQ Total Score (n=343)	39.00%	15.15%	N<20				
					YOQ-SR Total Score (n=155)	34.00%	15.33%	N<20				
Strengthening Families (SF)	43.33%	237	89.01% (n=81)	10.99% (n=10)	YOQ Total Score (n=41)	32.00%	51.90%	N<20	RBPC Anxiety-Withdrawal Raw Score (n=0)	N<20	N/A	N/A
									RBPC Attention Problems-Immaturity Raw Score (n=0)	N<20	N/A	N/A
									RBPC Conduct Disorder Raw Score (n=0)	N<20	N/A	N/A
					YOQ-SR Total Score (n=30)	25.00%	46.15%	N<20	RBPC Motor Tension Excess Raw Score (n=0)	N<20	N/A	N/A
									RBPC Psychotic Behavior Raw Score (n=0)	N<20	N/A	N/A
									RBPC Socialized Aggression Raw Score (n=0)	N<20	N/A	N/A

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Trauma Focused Cognitive Behavioral Therapy (TF-CBT)	106.90%	24,532	54.37% (n=9,771)	45.63% (n=8,199)	YOQ Total Score (n=5,454)	48.00%	57.33%	48.38% (n=2,457)	PTSD-RI Child/Adolescent Severity Score (n=2,610)	48.00%	56.14%	61.55% (n=301)
									PTSD-RI Parent Severity Score (n=2,523)	50.00%	49.62%	57.14% (n=308)
					YOQ-SR Total Score (n=2,226)	46.00%	61.19%	51.16% (n=994)	PTSD-RI-5 Child/Adol. Severity Score (n=2,224)	51%	57.11%	44.45% (n=1,731)
									PTSD-RI-5 Parent Severity Score (n=1,916)	52%	49.20%	38.44% (n=1,497)
Triple P- Positive Parenting Program (Triple P)	123.98%	6,280	59.80% (n=2,623)	40.20% (n=1,763)	YOQ Total Score (n=1,754)	42.00%	73.85%	65.55% (n=864)	ECBI Intensity Scale (n=1,827)	27.00%	71.12%	63.33% (n=912)
					YOQ-SR Total Score (n=154)	30.00%	39.49%	39.68% (n=75)	ECBI Problem Scale (n=1,827)	47.00%		
UCLA Ties Transition Model (UCLA TTM)	93.66%	196	49.69% (n=80)	50.31% (n=81)	YOQ Total Score (n=9)	N<20	N/A	N/A	ECBI Intensity Scale (n=11)	N<20	N/A	N/A
									ECBI Problem Scale (n=11)	N<20	N/A	N/A

* CORS data collection was delayed until mid 2013 so compliance rate might be understated.