

Summary of PEI Practice Outcomes (Data as of 7/8/2021)

Evidence-Based Practice	Outcomes, Starting July 2011 through July 8, 2021							
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice			
			Completed EBP Yes	Completed EBP No	Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Aggression Replacement Training (ART)	73.57%	3,432	42.64% (n=1,309)	57.36% (n=1,761)	ECBI Intensity Scale (n=402)	10.00%	37.57%	44.94% (n=80)
					ECBI Problem Scale (n=402)	21.00%		
					SESBI-R Intensity Scale (n=21)	6.00%	1.96%	N<20
					SESBI-R Problem Scale (n=21)	14.00%		
ART Skillstreaming		328	54.22% (n=122)	45.78% (n=103)	ECBI Intensity Scale (n=31)	19.00%	26.27%	N/A
					ECBI Problem Scale (n=31)	21.00%		N/A
Alternatives for Families Cognitive Behavioral Therapy (AF-CBT)	87.17%	1,699	51.96% (n=663)	48.04% (n=613)	PTSD-RI Child/Adolescent Severity Score (n=209)	53.00%	64.11%	N<20
					PTSD-RI-5 Child/Adol. Severity Score (n=98)	58.00%	33.33%	21.01% (n=62)
					PTSD-RI Parent Severity Score (n=212)	50.00%	62.54%	N<20
					PTSD-RI-5 Parent Severity Score (n=97)	75.00%	32.99%	21.43% (n=63)

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Brief Strategic Family Therapy (BSFT)	73.44%	203	63.19% (n=103)	36.81% (n=60)	RBPC Anxiety-Withdrawal Raw Score (n=69)	66.00%	66.99%	N<20
					RBPC Attention Problems-Immaturity Raw Score (n=69)	60.00%		N<20
					RBPC Conduct Disorder Raw Score (n=69)	50.00%		N<20
					RBPC Motor Tension Excess Raw Score (n=69)	50.00%		N<20
					RBPC Psychotic Behavior Raw Score (n=69)	100.00%		N<20
					RBPC Socialized Aggression Raw Score (n=69)	50.00%		N<20
Caring for Our Families (CFOF)	71.33%	733	67.15% (n=372)	32.85% (n=182)	ECBI Problem Scale (n=59)	30.00%	24.79%	N<20
					ECBI Intensity Scale (n=59)	20.00%		

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Center for the Assessment & Prevention of Prodromal States (CAPPS)	88.65%	207	42.37% (n=75)	57.63% (n=102)	SOPS Disorganized Symptoms (D) Total Score (n=45)	60.00%	60.00%	58.33% (n=21)
					SOPS General Symptoms (G) Total Score (n=45)	57.00%		
					SOPS Negative Symptoms (N) Total Score (n=45)	58.00%		
					SOPS Positive Symptoms (P) Total Score (n=45)	66.00%		
					SOPS Total of All Scores (n=45)	60.00%		
Child-Parent Psychotherapy (CPP)	75.08%	7,313	46.93% (n=2,761)	53.07% (n=3,122)	TSCYC PTS Total Score (n=876)	17.00%	48.59%	35.19% (n=266)
Cognitive Behavioral Intervention for Trauma in Schools (CBITS)	97.76%	131	71.19% (n=84)	28.81% (n=34)	PTSD-RI Child/Adolescent Severity Score (n=34)	28.00%	55.74%	N<20
					PTSD-RI Parent Severity Score (n=21)	23.00%	33.87%	N<20
					PTSD-RI-5 Child/Adol Total Score (n=12)	N<20	N/A	N/A
					PTSD-RI-5 Parent Severity Score (n=5)	N<20	N/A	N/A
Crisis Oriented Recovery Services (CORS)	41.80%	4,163	60.34% (n=1,795)	39.66% (n=1,180)	OQ Total Score (n=222)	18.00%	61.84%	43.02% (n=37)
					PSC-35 (n=0)	N<20	N/A	N/A

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<b>Dialectical Behavior Therapy (DBT)</b>	45.90%	263	58.56% (n=65)	41.44% (n=46)	DERS Total Score (n=45)	7.00%	69.23%	57.14% (n=28)
<b>Depression Treatment Quality Improvement (DTQI)</b>	96.04%	1,331	64.64% (n=828)	35.36% (n=453)	PHQ-9 Total Score (n=449)	55.00%	64.23%	39.62% (n=103)
<b>Families Overcoming Under Stress (FOCUS)</b>	92.91%	714	70.12% (n=420)	29.88% (n=179)	FAD Affective Involvement (n=74)	0.00%	41.34%	35.38% (n=46)
					FAD Affective Responsiveness (n=74)	0.00%		
					FAD Behavioral Control (n=74)	0.00%		
					FAD Communication (n=74)	50.00%		
					FAD General Functioning (n=74)	0.00%		
					FAD Problem Solving (n=74)	0.00%		
					FAD Roles (n=74)	0.00%		
<b>Family Connections (FC)</b>	37.10%	23	44.44% (n=8)	55.56% (n=10)	ECBI Intensity Scale (n=1)	N<20	N/A	N/A
					ECBI Problem Scale (n=1)	N<20	N/A	N/A
<b>Functional Family Therapy (FFT)</b>	69.30%	1,721	65.93% (n=958)	34.07% (n=495)	YOQ Total Score (n=770)	31.00%	82.09%	70.71% (n=99)
					YOQ-SR Total Score (n=691)	27.00%	82.75%	73.81% (n=93)
<b>Group Cognitive Behavioral Therapy for Major Depression (Group CBT)</b>	96.95%	1,137	42.06% (n=368)	57.94% (n=507)	PHQ-9 Total Score (n=253)	42.00%	68.75%	62.96% (n=34)

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Incredible Years (IY)	86.91%	2,856	63.51% (n=1,615)	36.49% (n=928)	ECBI Intensity Scale (n=1,025)	18.00%	64.79%	56.91% (n=280)
					ECBI Problem Scale (n=1,025)	35.00%		
Individual Cognitive Behavioral Therapy (Ind CBT)-Anxiety	76.76%	3,561	45.35% (n=1,101)	54.65% (n=1,327)	GAD-7 Total Score (n=638)	63.00%	68.97%	44.02% (n=335)
Individual Cognitive Behavioral Therapy (Ind CBT)-Depression		7,478	44.17% (n=2,304)	55.83% (n=2,912)	PHQ-9 Total Score (n=1,488)	58.00%	64.58%	43.02% (n=764)
Individual Cognitive Behavioral Therapy (Ind CBT)-Trauma		1,057	46.50% (n=332)	53.50% (n=382)	PTSD-RI Adult Severity Score (n=18)	N<20	N/A	N/A
	PCL-5 Total Score (n=136)				61.00%	68.69%	40.40% (n=80)	
	PTSD-RI Child/Adolescent Severity Score (n=16)				N<20	N/A	N/A	
	PTSD-RI-5 Child/Adol. Severity Score (n=13)				N<20	N/A	N/A	
	PTSD-RI Parent Severity Score (n=5)				N<20	N/A	N/A	
	PTSD-RI-5 Parent Severity Score (n=8)				N<20	N/A	N/A	

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Interpersonal Psychotherapy for Depression (IPT)	82.94%	8,166	49.47% (n=3,391)	50.53% (n=3,464)	PHQ-9 Total Score (n=1,896)	50.00%	57.01%	35.05% (n=655)
Loving Intervention Family Enrichment Program (LIFE)	108.48%	433	64.62% (n=263)	35.38% (n=144)	ECBI Intensity Scale (n=152)	23.00%	78.76%	77.78% (n=70)
					ECBI Problem Scale (n=152)	50.00%		
Managing and Adapting Practice (MAP)	93.68%	66,271	51.19% (n=25,506)	48.81% (n=24,320)	ECBI Intensity Scale (n=5,228)	26.00%	52.83%	39.49% (n=2,448)
					ECBI Problem Scale (n=5,228)	43.00%		
					PHQ-9 Total Score (n=3,707)	55.00%	62.67%	40.95% (n=1,629)
					RCADS- Total Anxiety (n=3,897)	44.00%	52.02%	35.66% (n=1,871)
					RCADS-P Total Anxiety (n=3,619)	41.00%	48.30%	33.26% (n=1,745)
					PTSD-RI Child/ Adolescent Severity Score (n=135)	48.00%	40.54%	N<20
					PTSD-RI-5 Child/Adol. Severity Score (n=375)	50.00%	42.86%	26.17% (n=229)
					PTSD-RI Parent Severity Score (n=140)	47.00%	38.78%	39.22% (n=20)
					PTSD-RI-5 Parent Severity Score (n=320)	56.00%	36.61%	20.59% (n=180)
					PCL-5 Total Score (n=4)	N<20	N/A	N/A

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Mental Health Integration Program (MHIP) - Anxiety	68.95%	2,670	37.78% (n=915)	62.22% (n=1,507)	GAD-7 Total Score (n=872)	58.00%	95.30%	100% (n=495)
Mental Health Integration Program (MHIP) - Depression		6,475	33.37% (n=1,939)	66.63% (n=3,871)	PHQ-9 Total Score (n=1,834)	57.00%	94.58%	99.85% (n=649)
Mental Health Integration Program (MHIP) - Trauma		302	28.73% (n=79)	71.27% (n=196)	PCL-C Total Score (n=62)	24.00%	78.48%	N<20
Mindful Parenting Groups (MPG)	64.00%	16	85.71% (n=6)	14.29% (n=1)	DECA-Infant-P Total Raw Score (n=1)	N<20	N/A	N/A
					DECA-Toddler-P Total Raw Score (n=0)	N<20	N/A	N/A
Multidimensional Family Therapy (MDFT)	76.60%	77	89.19% (n=33)	10.81% (n=4)	RBPC Anxiety-Withdrawal Raw Score (n=6)	N<20	N/A	N/A
					RBPC Attention Problems-Immaturity Raw Score (n=6)	N<20	N/A	N/A
					RBPC Conduct Disorder Raw Score (n=6)	N<20	N/A	N/A
					RBPC Motor Tension Excess Raw Score (n=6)	N<20	N/A	N/A
					RBPC Psychotic Behavior Raw Score (n=6)	N<20	N/A	N/A
					RBPC Socialized Aggression Raw Score (n=6)	N<20	N/A	N/A
Multisystemic Therapy (MST)	28.54%	126	72.28% (n=73)	27.72% (n=28)	PSC-35 (n=0)	N<20	N/A	N/A
Nurturing Parenting Program (NPP)	N/A	N/A	N/A	N/A	ECBI Intensity Scale (n=0)	N<20	N/A	N/A
					ECBI Problem Scale (n=0)	N<20	N/A	N/A

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Parent-Child Interaction Therapy (PCIT)	70.40%	4,666	39.77% (n=1,380)	60.23% (n=2,090)	ECBI Intensity Scale (n=973)	37.00%	71.23%	46.30% (n=369)
					ECBI Problem Scale (n=973)	63.00%		
Portland Identification and Early Referral (PIER) Early Psychosis Program	N/A	N/A	N/A	N/A	SOPS Disorganized Symptoms (D) Total Score (n=0)	N<20	N/A	N/A
					SOPS General Symptoms (G) Total Score (n=0)	N<20	N/A	N/A
					SOPS Negative Symptoms (N) Total Score (n=0)	N<20	N/A	N/A
					SOPS Positive Symptoms (P) Total Score (n=0)	N<20	N/A	N/A
					SOPS Total of All Scores (n=0)	N<20	N/A	N/A
					GAF-M Global Assessment of Functioning-Mod (n=0)	N<20	N/A	N/A
Problem-Solving Therapy (PST)	66.83%	409	62.53% (n=232)	37.47% (n=139)	PHQ-9 Total Score (n=159)	45.00%	68.53%	63.01% (n=46)
Program to Encourage Active and Rewarding Lives for Seniors (PEARLS)	82.91%	168	48.68% (n=74)	51.32% (n=78)	PHQ-9 Total Score (n=47)	45.00%	63.51%	N<20



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Prolonged Exposure Therapy for Post-Traumatic Stress Disorder (PE-PTSD)	49.50%	99	58.00% (n=29)	42.00% (n=21)	PDS Symptom Severity Score (n=13)	N<20	N/A	N/A
					PCL-5 Total Score (n=14)	N<20	N/A	N/A
Promoting Alternate Thinking Strategies (PATHS)	47.65%	747	33.39% (n=182)	66.61% (n=363)	ECBI Intensity Scale (n=36)	19.00%	19.78%	N<20
					ECBI Problem Scale (n=36)	33.00%		
Reflective Parenting Program (RPP)	93.44%	250	71.62% (n=164)	28.38% (n=65)	ECBI Intensity Scale (n=96)	6.00%	63.58%	55.56% (n=35)
					ECBI Problem Scale (n=96)	15.00%		
Seeking Safety (SS)	69.23%	20,954	40.25% (n=6,733)	59.75% (n=9,996)	PCL-5 Total Severity Score (n=418)	52.00%	45.68%	32.68% (n=299)
					PTSD-RI Adult Severity Score (n=446)	30.00%	36.77%	34.33% (n=23)
					PTSD-RI Parent Severity Score (n=678)	36.00%	18.81%	21.36% (n=22)
					PTSD-RI-5 Parent Severity Score (n=158)	50.00%	18.88%	14.22% (n=119)
					PTSD-RI Child/Adolescent Severity Score (n=1,417)	31.00%	37.67%	39.29% (n=44)
					PTSD-RI-5 Child/Adol. Severity Score (n=255)	42.00%	30.47%	23.42% (n=196)
Stepped Care (SC)	43.73%	8,767	100.00% (n=5,343)	0.00% (n=0)	OQ Total Score (n=471)	26.00%	28.70%	N<20
					PSC-35 (n=0)	N<20	N/A	N/A

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Strengthening Families (SF)	37.74%	237	89.01% (n=81)	10.99% (n=10)	RBPC Anxiety-Withdrawal Raw Score (n=15)	N<20	N/A	N/A
					RBPC Attention Problems-Immaturity Raw Score (n=15)	N<20	N/A	N/A
					RBPC Conduct Disorder Raw Score (n=15)	N<20	N/A	N/A
					RBPC Motor Tension Excess Raw Score (n=15)	N<20	N/A	N/A
					RBPC Psychotic Behavior Raw Score (n=15)	N<20	N/A	N/A
					RBPC Socialized Aggression Raw Score (n=15)	N<20	N/A	N/A
Trauma Focused Cognitive Behavioral Therapy (TF-CBT)	103.14%	25,721	53.98% (n=10,369)	46.02% (n=8,839)	PTSD-RI Child/Adolescent Severity Score (n=2,610)	48.00%	56.12%	61.55% (n=301)
					PTSD-RI Parent Severity Score (n=2,524)	50.00%	49.62%	57.33% (n=309)
					PTSD-RI-5 Child/Adol. Severity Score (n=2,495)	51%	56.38%	39.30% (n=1,739)
					PTSD-RI-5 Parent Severity Score (n=2,150)	53%	48.59%	33.94% (n=1,502)

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Triple P- Positive Parenting Program (Triple P)	121.26%	6,423	59.61% (n=2,717)	40.39% (n=1,841)	ECBI Intensity Scale (n=1,867)	27.00%	70.24%	60.08% (n=912)
					ECBI Problem Scale (n=1,867)	50.00%		
UCLA Ties Transition Model (UCLA TTM)	92.31%	196	49.69% (n=80)	50.31% (n=81)	ECBI Intensity Scale (n=11)	N<20	N/A	N/A
					ECBI Problem Scale (n=11)	N<20	N/A	N/A

\* CORS data collection was delayed until mid 2013 so compliance rate might be understated.

\*\*MAP, TF-CBT, and Triple P compliance rates do not include data for inactive treatment cycles reported to CIMH at the time of the data transition to DMH. Data reported on here only includes information contained in our DMH PEI OMA system.

MHIP does not collect a "post" measure. Pre/Post changes reported are determined from first questionnaire with scores to last questionnaire with scores.

\*\*\*PSC-35 data collection began on July 1, 2019.

\*\*\*\*All treatment cycles that began on or after 7/1/2019 no longer require the general OQ/YOQ/YOQ-SR measures except for the following practices which utilize these measures as their sole outcome measure: CORS (OQ), Stepped Care (OQ) and FFT (YOQ/YOQ-SR)."