

# LET'S TALK ABOUT MENTAL HEALTH

Click or scan here to  
join our meeting:



or

Call in at (323) 776-6996  
Access Code: 125701924#



## BLACK AND AFRICAN HERITAGE (BAH) Monthly meeting every 1<sup>st</sup> Thursday 10AM - 12PM

The Underserved Cultural Committee (UsCC) is committed to ensuring that the voice of the Black, African and Afro-Caribbean Heritage people who reside in the areas of Los Angeles County is heard. As UsCC members, we join together to address the mental health issues impacting the unserved and underserved within our communities, bring awareness to the nature of services needed, and advocate for inclusion.

This is about us! If you are interested in sharing your voice, we invite you to join the Black and African Heritage UsCC.



LOS ANGELES COUNTY  
DEPARTMENT OF  
MENTAL HEALTH  
hope. recovery. wellbeing.

To learn more about BAH UsCC click or scan code to the left,  
or visit: [dmh.lacounty.gov/about/mhsa/uscc/black-african-heritage-uscc/](https://dmh.lacounty.gov/about/mhsa/uscc/black-african-heritage-uscc/)