

MHSA COMMUNITY PLANNING PROCESS

Program Proposal Review
January 23, 2023

	Program Proposal	Annual Funding Requested	MHSA Component	PEI Component/ MHSA Sub Program
1	<p>A Local Approach to Preventing Homelessness The Long Beach Deptment of Health and Human Services will convene local partners to identify gaps in homeless prevention services and develop interventions strategies addressing short term housing, mobile and clinic services and supportive transition programs for young adults exiting the foster care system.</p>	\$1,500,000	PEI	Prevention
2	<p>Steven A. Cohen Military Family Clinic at VVSD, Los Angeles The Cohen Clinic offers personalized, evidence-based mental health care along with outreach and timely access to comprehensive case management support and referrals to address early intervention and suicide prevention, unemployment, finances, housing, and legal issues.</p>	\$1,500,000	PEI	Early Intervention
3	<p>Patient Health Navigation Services This proposal will augement existing Patient Health Navigation Services by adding mental health prevention focused services, including assessment, referral and linkage to community supports and education that increase protective factors for individuals at-risk of a mental illness.</p>	\$875,675	PEI	Prevention
4	<p>Medical Legal Services Addresses cleints' legal problems and increases awareness of their rights to which lessens undue stress and empowers them with the information. These legal services can eliminate barriers to sustaining stable income through employment or securing public benefits, which enables them to focus on therapy or treatment to improve their mental health.</p>	\$1,750,000	PEI	Prevention

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5	<p>Community Family Resource Center (CFRC) The CFRC is designed to create a coordinated, community owned and driven space where families and individuals can easily access the services they need to enhance their wellbeing. The CFRCs will create partnerships with trusted networks of care, individual community leaders, CBOs, and public and private entities to leverage the strengths and capacities of each to best respond to the needs of individuals and families in the community it serves. Community Family Resource Center (CFRC)</p>	\$8,500,000	PEI	Prevention
6	<p>Friends of the Children (FOTC) - Los Angeles FOTC aims to prevent foster care entry and improve family stability and wellbeing for families identified by DCFS as being at highest risk of entering foster care. FOTC provides professional 1:1 mentorship to children for 12+ years; starting around the age of 4-6 years old. Mentors are trained to support caregivers, promote self-advocacy and created opportunities for culturally responsive community and peer-to-peer connections.</p>	\$15,444,177	PEI	Prevention
7	<p>Prevention Mental Health Promoters Network The Mental Health Promoters Network project is a community outreach effort, serving to strengthen communities and create career paths for those community members functioning under the umbrella of Mental Health Promoters.</p>	\$42,000,000	PEI	Prevention

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8	<p>Community Schools Initiative (CSI) CSI serves 15 high schools that serve as hubs for a range of support services for students, families, and school staff. The program provides each site with a Community Schools Specialist to assist with coordinating services and Educational Community Worker to support parent engagement. Services focus on prevention, helping caregivers and students access a variety of services to prevent stress and possible mental health concerns.</p>	\$12,000,000	PEI	Prevention
9	<p>DPR Safe Passages: Community Engagement and Safe Passages for Youth and Communities DPR Safe Passages Initiative utilizes trained gang interventionists and ambassadors to implement peace maintenance among gang neighborhoods to ensure safety to and from parks, and during park activities and provide crisis intervention services at the parks.</p>	\$500,000	PEI	Prevention
10	<p>Our SPOT Teen Program: Social Places and Opportunities for Teens After-School Program Our SPOT: Social Places and Opportunities for Teens is a comprehensive after-school teen program aimed at engaging and providing community youth with the support, life-skills and positive experiences that will empower them to create bright futures for themselves.</p>	\$150,000	PEI	Prevention
11	<p>We Rise Parks at Sunset We Rise a prevention program which creates access to self-care programming in 58 LA County parks and is offered during mental health awareness month. It provides repeated opportunities to access resources and information on mental health support including free mental well-being workshops.</p>	\$172,000	PEI	Prevention

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12	<p>Parks after Dark Parks at Sunset Designed for families and adults to participate in workshops and classes promoting self-care and healing, three evenings a week over 8-weeks. Activities include sports, fitness, arts and culture, movies and concerts and more.</p>	\$292,400	PEI	Early Intervention
13	<p>New Parent Engagement-Welcome to the Library and the World Public Libraries and DHS Women's Health will offer a Welcome to the Library and the World kit which will include information on the library Smart Start Early Literacy programs and services. The program will be offered at 45 locations twice a year, and through a virtual program every quarter.</p>	\$109,000	PEI	Early Intervention
14	<p>Triple P Parent/Caregiver Engagement Triple P is an effective evidence based practice that gives parents and caregivers with simple and practical strategies to help them build strong, healthy relationships, confidently manage their children's behavior and prevent problems developing.</p>	\$678,400	PEI	Prevention
15	<p>School Readiness An early literacy program designed for toddlers and preschoolers to help empower parents and guardians in supporting the education needs of their children. While enjoying books, songs, rhymes and fun, kids build early literacy skills, basic math skills, and social skills, and other essential school readiness competencies.</p>	\$962,800	PEI	Prevention

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16	<p>Creative Wellbeing: Arts, Schools, and Resilience A non-traditional, arts and culture–based approach for promoting mental health in young people and caregivers. . The model offers non-traditional strategies for promoting mental health and wellness that include culturally relevant, healing-centered, arts-based workshops for youth, as well as professional development, coaching, and emotional support for the adults who work with them. Project activities support positive cognitive, social, and emotional development, and encourage a state of wellbeing.</p>	\$1,300,000	PEI	Prevention
17	<p>Abundant Birth Project This program is a private-public partnership that seeks to provide support to a minimum of 400 pregnant people in LA County from marginalized populations most likely to experience the worst birth outcomes with a variety of supports for 18 months (i.e. mental health, financial coaching, wellness supports, housing assistance, education, etc. This would be a randomized control study to evaluate the effects of this type of support.</p>	\$4,870,000	PEI	Prevention
18	<p>Home Visitation: Deepening Connections and Enhancing Services Healthy Families America (HFA) and Parents as Teachers (PAT) are evidence-based, research-proven, national home visiting programs that gather family information to tailor services to the whole family. The programs offer home visits delivered weekly or every two weeks to promote positive parent– child relationships and healthy attachment. This Home Visiting Program will prioritize areas where data indicates there is a high number of families involved with child protective services.</p>	\$4,580,000	PEI	Early Intervention