

Los Angeles County Department of Mental Health

MHSA Annual Update FY 2023-24 Session 3



Community Leadership Team

January 31, 2023

9:00 AM – 12:00 PM

St. Anne's Conference Center
155 N Occidental Blvd
Los Angeles, CA 90026

WELCOME!

Dear Community Stakeholders,

We hope your New Year is starting on a great note!

We are looking forward to the upcoming stakeholder sessions to provide input on the *MHSA Annual Update* for fiscal year 2023-24.

Open to the public, the sessions will be in-person at St. Anne’s Conference Center, located at 155 N Occidental Blvd, Los Angeles, CA 90026, and cover the following topics:

Date	Time	Topic
Friday, January 20	9-12	MHSA Foundational Information
Monday, January 23	9-12	DMH Recommendations
Tuesday, January 31	9-12	DMH Recommendations
Friday, February 17	9-12	Stakeholder Proposals
Tuesday, February 21	9-12	Consensus Building

If you have any questions about this message, feel free to reach out to us at MHSAAdmin@dmh.lacounty.gov.

Sincerely,

Dr. Darlesh Horn
Division Chief
MHSA Administration Division

Destiny Walker
Supervising Administrative Asst. I
Community Stakeholder Division

AGENDA

TUESDAY, JANUARY 31, 2023

9:00-12:00

PURPOSE	Present remaining funding proposals for MHSA Annual Update FY 2023-24.
OBJECTIVES	<ol style="list-style-type: none">1. Review remaining funding proposals that have been internally vetted.2. Review questions from the sessions.
TIME	ITEM
8:30 – 9:00	Registration & Continental Breakfast
9:00 – 9:20	Session Opening
9:20 – 10:20	Part 1: Present Proposals
10:20– 10:30	Break
10:30 – 11:30	Part 2: Present Proposals
11:30 – 12:00	Part 3: Review Questions and Clarify Next Steps
12:00	Adjourn

SELF CARE & COMMUNICATION

TAKING CARE OF YOURSELF & FINDING SUPPORT

- If during the session you find yourself feeling uneasy, we encourage you to take care of yourself.
- You can do this by reaching out to designated people who can help you process thoughts and feelings. We will also have a designated lounge area for reflection and support.

COMMUNICATION EXPECTATIONS

This retreat aims to establish strong and meaningful connections with each other.

The following communication expectations will help us all build positive and constructive relationships.

1. **BE PRESENT:** Be on time and do your best to participate and engage each other in the spirit of conversation and learning.
2. **SPEAK FROM YOUR OWN EXPERIENCE:** Sharing your perspective based on your experiences helps us build community. It helps us find areas where we can relate and connect with each other. It also helps us in hearing and honoring the experiences of others.
3. **PRACTICE CONFIDENTIALITY:** The practice of respecting and protecting sensitive information that people share with you helps to build trust.
4. **STEP UP, STEP BACK:** To 'step up' means to be willing to share your thoughts and experiences with others so that your voice is part of the conversation. To 'step back' means being aware and mindful that others also need time to speak, and that some people take a little longer to compose their thoughts.
5. **SEEK TO UNDERSTAND AND THEN BE UNDERSTOOD:** Ask questions to understand someone's view before expressing your view. This helps everyone feel heard and prevent misunderstandings.

QUESTIONS OF CLARIFICATION

As you heard the presentation, what questions do you have?

ORGANIZATION	QUESTIONS/COMMENTS

Continued

ORGANIZATION	QUESTIONS/COMMENTS

Continued

ORGANIZATION	QUESTIONS/COMMENTS

Continued

ORGANIZATION	QUESTIONS/COMMENTS

QUESTIONS (1/23 Session)

These are the questions from the January 23rd session...

ORGANIZATION	QUESTIONS/COMMENTS

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CLOSING REFLECTIONS

Purpose: Gather feedback on today's session.

Instructions: Please share your reflections on today's session, as it will help us improve the process for next week's session. Turn in this sheet before you leave. You can choose to keep this anonymous or put your name.

Questions

1. How do you feel about today's session?

2. What worked well today?

3. What can be improved?

4. Anything else you want to share?