

Los Angeles County Department of Mental Health Service Area 3 – SALT Monthly Meeting

Facilitation: SALT 3 Co-Chairs LaVon Robinson

October 13, 2022, | 2:00pm – 4:00pm

Introduction / Welcome

Call to Order/Co-Chairs: LaVon Robinson

Attendees:

| Aisha Byrd | Evelyn Lemus | Lorena Contreras | Minerva Gomez |
|----------------------|------------------|------------------|------------------|
| Alma Ramos | Gabe Sahatjian | Maria Rodriguez | Osbee Sangster |
| Allyssa Miller | Isabel McCracken | Maria Moreno | Shawn Kim |
| Ana Isabel Rodriguez | Jaime Renteria | Maria Rodriguez | Sheila Wu |
| Bertha Berumen | Jennifer Hallman | Maria Tan | Sophia Rodriguez |
| Bianca Ramirez | John Medina | Marisela Gudiel | Stephen Mouton |
| Brent Popham | Lakisha Robinson | Maurice Mitchell | Steven Scholtz |
| Cristal Davis | LaVon Robinson | Melissa Martinez | Vickie Xu |
| Esther Lee | Leann Knighton | Michael Zelman | Vic |
| Evelyn Gonzalez | Linda Strassle | Michelle Majors | |

Announcements & Public Comments:

• I'm with Black Los Angeles County Client Coalition. Public comment addressing social economic inequality. Disadvantaged groups are least able to receive. What strategies can be adopted? There are challenges for the next decade and beyond. We

like to transform communities and our society to achieve goals of net zero homelessness with recovery and reconstruction. Los Angeles County would like to hear from as many voices as possible and listen to SPA listening sessions that best meet your interest. Sessions take place on Zoom.

- San Gabriel Valley has a new Executive Director from the North Los Angeles regional center and is coming to the San Gabriel Pomona regional center.
- Jaime received a call from Mark Kamatz regarding a virtual conference on alternatives on 11/4 6. I'll place the website in the chat.

Approval of Minutes for October 2022

Read and approved minutes: N/A

DMH Updates

Reported by Service Area 3 Chief, Dr. Michelle Majors:

Our Chief Dr. Michelle Majors was happy to announce the new Program Manager East San Gabriel Valley Mental Health Center
 Shawn Kim will be attending the SALT Meetings to be involved and will be attending next week.

Health Neighborhood Updates, Evelyn Lemus: N/A

UsCC Updates, Dr. Luis Guzman: N/A

Sycamores Wellness – Ana Rodriguez

- Sycamores has been committed to helping children, families, and adults have a better life. We provide help
 during some of the most challenging times in their life. With an unconditional, whatever-it-takes approach, we
 provide care and support to those we serve.
- Sycamore provides services across Los Angeles spanning the San Fernando, San Gabriel and Antelopes
 Valleys as well as in San Bernardino and riverside counties service nearly 17,000 Californian facing serious life challenges each year. Some of the programs they offer are:
- Residential treatment

- Foster care and adoption
- Housing and supportive services for young adults at risk of homelessness
- · Outpatient and school based mental health services.
- There are several other resources for more information call (626) 395-710

Domestic Violence Presentation – Isabel McCracken

- Isabel, a case manager at San Gabriel Valley. I want to talk about our services, especially domestic violence services because it's
 October, National Domestic Violence Awareness Month. Their mission statement is to eliminate racism, empower women and
 promote peace, justice, freedom and dignity for all.
 - They have a senior service program and mental health, case management and legal services. I'll get into that later. We started a new program called the Equity and Social Change Program. They just started an internal racial justice task force and are working with our community by hosting different educational forums and conversations to spread awareness of racial justice.

 We also have case management services, referrals and resources. We're always trying to see what's going on in Los Angeles.

 County, what referrals we can give to clients, what section 8 waitlist may be open at the moment, and a legal advocate who assists with temporary restraining orders and enrolling in the Victims of Crime and Safe at Home Programs.
- We also have walk-in outreach during office hours Monday through Friday 8:30 AM to 5 PM. We have outreach education and go
 to different events.

Highlights from the Film Festival/Suicide Awareness Presentation

On October 1st, we held an event for a film festival and suicide awareness. Everyone had a great time. There are messages from
people who attended on how much they enjoyed being there and how much they wanted to help. That is a good thing as trying
we're trying to get more SALT members.

Film Festival/Suicide Prevention/Awareness Community Event September 30 – October 1, 2022, updates:

- The festival was a great success. With many vendors. Many activities, Actors signing autographs, over 1000 attendees, Pirates walking around, jazz bands, artist painting.
- Jaime then presented a video of the festival.

Adjournment - Meeting adjourn at 4:00 pm - Next meeting, November 13, 2022, from 2 pm-4 pm.

Microsoft Teams meeting

Join on your computer or mobile app

SPANISH LINE: 888-204-5987

Access Code 9639884#

Or call in (audio only)
1 323-776-6996, 156219976#
Phone Conference ID: 156 219 976#

SALT 3 CART LINK:

https://www.streamtext.net/player?event=SALT-3