MINUTES

Los Angeles County Department of Mental Health Service Area 3 – SALT Monthly Meeting

Facilitation: SALT 3 Co-Chairs LaVon Robinson

November 10, 2022, | 2:00pm – 4:00pm

Introduction / Welcome

Call to Order/Co-Chairs: LaVon Robinson

Attendees:

Aisha Byrd	Jaime Renteria	Maria Rodriguez	Shawn Kim
Antonio Rios	Jennifer Hallman	Maria Moreno	Sheila Wu
Bertha Berumen	Jennifer Jiries	Marisela Gadiel	Sophia Rodriguez
Bianca Ramirez	John Medina	Marnis Jonson	Steve Mouton
Brent Popham	Kristin Gray	Melissa Martin	Vickie Xu
Cristal Davis	Lakisha Robinson	Melissa Martinez	
Debra Camp	Laura Stein	Michael Zelman	
Esther Lee	LaVon Robinson	Michelle Majors	
Evelyn Gonzalez	Leann Knighton	Minerva Gomez	
Evelyn Lemus	Linda Strassel	Osbee Sangster	
Gabe Sahatjian	Lorena Contreras	Rosalba Trias-Ruiz	

Announcements & Public Comments:

 Mental health services accountability commission meets next Thursday the 17th at 9 AM and in the afternoon there's a Mental Health Commission meeting. Project Return will have an event at Central Mara villa at 10 AM. Doors will be there for their last webinar. It's usually the 4th Tuesday. I think alternatives had theirs today. Workshops are available. They've been recorded. Evelyn Gonzalez: With LA County Department of Mental Health, new public health nurse for SPA 3. Important events happening; 1.) Distracted Driving - Thursday, 9/29/22 from 3:30 pm - 4:30 pm at Memorial Park. 2.) Monkey pox virtual town hall on 9/14/22 from 12:00 pm – 1:00 pm being led by Dr. Sharma. (Evelyn G. contact info was provided in chat for more info on events).

• Los Angeles Client Coalition and in SPA3. I live in Pasadena. For the Los Angeles Client Coalition, we're having holiday cards to raise money for our mental advocacy group. The website is lacclientcoalition.org. I'll put it in the chat. There's a \$5 visa for money for that organization.

 Partners Anonymous – Dr. Lisa Partners Anonymous have groups for parents in the San Gabriel Valley. Partners Anonymous, we say the giving you get. People deal with deep underlying emotional issues in group about fear, loss, agony and pain that they're feeling, then reaching out to help another. If you live in Alhambra, Los Angeles County, they're automatically put in the queue for the SGV initiative. They live in Pomona and cities tagged in the county for programs to go to. It's 909-474-2818.

Approval of Minutes for July 2022

Micelle Majors & Steve Mouton

DMH Updates

Reported by Service Area 3 Chief, Dr. Michelle Majors:

- Welcomed Shawn Kim the new MH Program Manager II for East San Gabriel Valley MHC, who replaced Michelle Majors.
- Welcomed Aisha the clinical supervisor for the Peer Resource Center, which we hope to have open in March or April. Which has located to Arcadia Mental Health,
- Michelle also stated there will be a lot of positive changes in the service area. **Health Neighborhood Updates: Evelyn Lemus:**
- Los Angeles County DMH and the Healthy Neighborhood. We continue to meet virtually for the east San Gabriel Valley and El Monte.
- December because of people taking time off and our annual holiday giveaway and resources. In the first year, we had it in 2020. It was the pandemic, so we had to scramble to make it happen. We served 250 families nominated, physically delivering items to homes all over Service Area 3.
- This year, we're having a hybrid version with a resource fair in Pomona at the Los Angeles County Blue Shield resource center on 12/15. We hope to have produce giveaways, Santa Claus, etc.
- A flyer will be shared and there will be a form, so if you would like to nominate a family. We hope to serve 175 to 200 families. LA Client Coalition: Panela A. Inaba
- Los Angeles Client Coalition Inc., Asian Coalition. Pamela is an ACCESS ambassador with Access California Cal Voices. One of our main jobs as an advocate is to help the county Department of Mental Health follow the MHSA.

 MHSA, the Mental Health Services Act, the millionaire's tax, with money going to mental health. It's millionaires that make money over \$1M taxed at 1%. That money all goes to mental health. used them a lot in the last few years. To help the Department of Mental Health follow the MHSA components, especially cultural competency.

Help Me Grow – Laura Stein, MPH

- Help Me Grow Presented a Point presentation on how they do their trainings.
- Laura Stein role is the child health development and subject matter expert. She also assists with outreach and training. They work closely with the call center resource team that works directly with families.
- Help Me Grow is a national model that started in 1997 with a focus on early identification and intervention of developmental delays. They are nearly in every state In California, 48 of 50 counties have or are in the planning process for Help Me Grow systems. In Los Angeles County is in collaboration with the First 5 LA and the Los Angeles County Department of public health.
- We serve all of Los Angeles County, every SPA and region. Help Me Grow LA resources are free of charge with no income eligibility. Our resource assistance is bilingual in English and Spanish. If other languages are needed, we can use a translation interpreter.
- For more information call center number is 833-903- 3972 with hours Monday to Friday from 830 AM to 3 PM.

VPAN (Veteran Peer Access Network) Gabe Sahatijian

- Gabe Sahatjian, social worker for the county veteran program. VPAN (Veteran Peer Access Network) Program used to be under the name VALOR (Veterans and Loved Ones in Recovery) an FSP direct service out of Bob Hope Patriotic Hall in Downtown L.A.
- Creation of the Veteran Peer Access Network (VPAN) is to strengthen the veteran community and their families by providing peer support services. VPAN is a triage and linkage program.
- VPAN serves Service Area's 1 8. Providing services in 13 languages. When calling the county access line for VPAN choose option #3.
- Their mission is to decrease veteran suicide, homelessness, and unemployment.
- The program operates everyday Monday through Sunday from 9 AM to 8 M.Th. best way to get a referral is by contacting the
- access line at 1-800-854-7771
- On behalf of the Black Los Angeles County client coalition inc.,
- The BLACCC will launch soon and provide technology to communities and needy stakeholders. Chromebook, computers, HPs, to help provide access to digital inclusion. Currently, we have a limited supply. However, we expect more digital devices in the near future to assist with technology, digital literacy and internet resources ongoing.
- To become a member of BLACCC and receive the benefit, please visit BLACC.org and call to set up an intake appointment. You do not have to become a member, but it is recommended.

the upcoming Discussion event hosted by SALT 3 on

• Update on Conference 2023. Jaime, Lavon and Sophia have looked at a few venues for a place to hold the conference in February 2023.

No Meeting In December 2022

Adjournment - Meeting adjourn at 4:00 pm – Next meeting, January 12, 2023, from 2 pm-4 pm.

Microsoft Teams meeting Join on your computer or mobile app Click here to join the meeting

Or call in (audio only) 1 323-776-6996, 156219976# Phone Conference ID: 156 219 976# **SPANISH LINE: 888-204-5987** Access Code 9639884#

SALT 3 CART LINK: https://www.streamtext.net/player?event=SALT-3