County of Los Angeles

MHC EXECUTIVE COMMITTEE MEETING

Minutes-Thursday, July 14, 2022, Noon Kathleen Austria, Chair, Presiding

1. Call to Order and Roll Call

Commissioner Austria, Chair (P), Commissioner Acebo, 1st Vice Chair (P), Commissioner Okonji, 2nd Vice Chair (P), Commissioner Friedman, Member-at-Large (A), Commissioner Root, Member at-Large (P), Commissioner Dalgleish, Past Chair (P), **Quorum present.**

Administrative Matters

2. Approval of the June 9, 2022 minutes:

Motion to approve June minutes, moved by Commissioner Acebo and second by Commissioner Dalgleish. Motion carried, so approved by listed roll call votes:

Aye (4) Commissioner Austria, Commissioner Dalgleish, Commissioner Okonji, Commissioner Acebo Nay (0)

Presentations

- 3. DMH Update Crystal Kibby See page 4
- 4. DMH Administration Dr. Lisa Wong, Acting Director, Mental Health -Dr. Wong reported providing consistent fiscal and budget updates at meetings will create better communication with MHC.
- **5. Update on Executive Assistant, MHC** Angel Baker reported recruitment is moving forward, candidates for interviews are being scheduled.

Commission Meeting Agenda Updates

- 6. Planning July Full Commission meeting July 28, 2022
 - a) DMH Finance Overview Kim Nall, Finance Manager Kim Nall will present a budget update on unspent MHSA dollars, the fund balance, and amount subjected to reversion at full meeting. MHC inquired about receiving the documents in advance to review prior to the meeting.
 - b) Finalize MHC Election-Election for the Member-at-Large position will take place July 28, 2022
 - c) Workforce Training and Development Commissioner Acebo inquired about developing a Workforce Training and Development Ad Hoc Committee with Co-Chairs to oversee committee.
- **7. MHC Retreat** Review of 2021-22 Accomplishments and FY 2022-23 Strategic Goals will be discussed at retreat on Friday, October 14, 2022.

Public Comments

Wendy Cabil: Oh, great. Thank you. Greetings to all and welcome to the new officers and welcome back former chair, Dalgleish. I'm just curious on some logistics here. I was told that a phone number was required before I could be let through on the line. And the agent was professional, you know, explaining the instructions. However, I'm finding a discrepancy here with the public being told you don't have to do this, you don't have to do that. But then when we call in, then there's something else; there's different instructions. So that's one piece.

Number two, moving forward, I'd like to find out how to communicate better with Mental Health Commission. I send emails. I like to make sure that you all are getting them. I would like to know who the contact person is responsible for making sure information is widely distributed. Number three, this is the month that is designated by our US Congress in 2008 as Bebe Moore National Minority Mental Health Awareness Month. I'm bringing this

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to your attention for number one. And then number two, I have a concern that we're all not on the same page. That being said, I did share a flyer and I was really surprised. And if I'm wrong, I will stand corrected and be willing to admit that error. But I did not see the distribution of the flyer from the Black and African heritage UsCC. This was an event that the CCC, the Cultural Competency --

Who oversees all -- thank you -- who oversees all of the seven UsCCs. And I was really surprised that I didn't see the distribution because I didn't see it and I'm on the list. So I just wanted to follow up and see how we can improve communication moving forward. Thank you so much. Have a wonderful day

William Leger: [Indiscernible]

Steve McNally: All right. Thank you. I'm sorry for the confusion between the audio and the video lag. It's throwing me off a little bit. Hi, my name's Steve McNally. I'm on a similar commission in Orange County, and I'm speaking as an individual today. Thank you for letting me visit. I appreciate it. And thank you for all your good work. I was going to ask that you consider something that I've talked to Stacy and some others about in other counties, and that's if you put LA, Orange County, Riverside, and San Bernardino together, we represent 45% of California and we share one TV market, one radio market, and two newspaper groups. So, anything that requires advertising, public relations, there might be an opportunity for suicide prevention, Narcan distribution, opiates, whatever that we could agree on that for the greater good. And then the smaller counties to LA could take advantage of the mass media, which is too extensive for us to buy. And we could bear to share the expense with you, and everyone could be sent to one jump page without any county having to do anything different, except for maybe some co-branded up front.

I'm not, I'm just asking you to consider that kind of thing, and maybe consider regional opportunities where one county could, as a group, we might be able to get more visibility for Southern California versus Northern California across the state. It always seems like Sacramento is talking to us - rather than us talking to them. So, I just got my 30 seconds. So with that, I hope I did this correctly and that my confusion over the lag got my full message in there. Thank you very much. How about you all have a terrific day. Thank you.

Sylvia Gonzalez-Youngblood: I am Ohlone Mission Indian and Chicana. I'm one of the co-chairs for the American Indian/Alaska Native UsCC for the Department of Mental Health. I'll give an update on our UsCC at the Full Commission meeting, but I did want to speak. I'm also a promoter community 48 health worker with the Department of Mental Health for the Alaska Indian -- excuse me, American Indian/Alaska Native community.

And when you mentioned your retreat, I just wanted to kind of make a proposal that possibly at your retreat you have maybe seekers on the Mental Health Promoters Program with the Department of Mental Health and the work that we're doing within our specific cultural communities and how we are meeting the needs of community and giving them information on mental health through a cultural lens. So, I thought that may be of interest of you. I don't know if you've had that information session before, but possibly to consider that in your retreat. And then I just kind of want to speak to what Wendy was speaking about with the phone number. I think what she may have been talking about as well is when I called in, they asked me for my phone number. So, it was a lot of information to give to come on the line: your name, your first name, your last name, your phone number, and information. So that may have been also what she was talking about. So thank you for your time.

Pamela Inaba: I just wanted to mention that I'm happy about the 350,000 that the underserved cultural committees at DMH, and that we're going to be using those -- I'm in three of the different committees. And I

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think that we're going to be able to use those funds to do some very interesting projects. And I want to appreciate your support, the commission support, but also hope that everyone else is happy about that because we're tired of the money not being spent. So, for once, it's going to be spent hopefully in a very important kind of way, we're going to do essential things with it. So, I'm excited. And I just wanted to let the commission know, and we appreciate your support whenever we can get it, which is hopefully all the time. Thank you all.

Bruce Wheatley: Greetings to all, Wheatley Institute. I've been an advocate for mental health services for probably about 20 years since we discovered kids were being inappropriately diagnosed with mental disorders who otherwise had behavioral issues. That's the result of the system leaning in with the clinical approach to diagnose and 50 treat, and it's conducted also in early intervention services given that most counties are limited to the capacity that they have in terms of meeting the needs of the entire population. What I'm saying here is about no California County can serve more than 15% of the retired population. And so that's because, of course, the diagnose and treat approach. What I want to advocate for here is for space for new perspective, given the enormity of challenges that are impacting the community today, particularly around trauma. As I've heard stakeholders in the past day, we must reverse the system in a sense. And so, we have some insights with regards to how we can expand the capacity and essentially build capacity to prevent and to being early, particularly amongst young people so that we can effectively identify young people and those who need this intensive of treatment, as opposed to being under the assumption that because you're challenged, this is the way in. So again, just want to be an advocate for your system as much as I'm for the community. So, if you can make space for perspective, I'd like to be able to share more information as time evolves here. Thank you

Adjournment

8. Motion to adjourn moved by Commissioner Acebo, 2nd by Commissioner Okonji. Meeting adjourned @ 1:22 pm.

<u>DMH Updates for the MHC Exec Committee Meeting July 14, 2022</u> (Talking Points)

1)	Administrative Changes:
	☐ Human Resources Director Update: In process
	☐ MH Commission, Executive Assistant Update: 1st round of interviews have been
	scheduled for next week.
	☐ Recently appointed three new managers in our Human Relations (HR)
	department.
2)	Report Response: submitted in June 2022
-	☐ Report Back on Collection of Standardized Urgent Care Center Data (Item No.
	34, Agenda of April 28, 2015). Motion Report Response
	o This bi-annual report contains information on services delivered to the 10
	current mental health Urgent Care Centers (UCCs) from July 2021
	through December 2021 including:
	☐ Total number of unique clients served (20,443);
	☐ Total number of unique visits (21,909);
	Demographic overview of age, ethnicity, gender, payor mix,
	housing status and referral source; and
	An appendix with UCC specific data (# of clients, LPS designation,
	utilization rates, etc.)
3)	Motions: In June 2022, the motion below was approved by the Board that are to be
	submitted by DMH.
	☐ There were no motions in June with reports to be submitted by DMH; however,
	motions that may be of interest to the Commission with DMH as a collaborating
	department include: o Item 17 Revised (Supervisor Solis): Skid Row Action Plan: Improving
	Service to Skid Row Residents by Addressing Homelessness Stemming
	from Decades of Institutional Racism Motion
	Purpose: To develop a comprehensive action plan by collaborating with
	Skid Row residents, service providers and other community stakeholders,
	County Departments, and City of Los Angeles partners to review, redirect

existing resources, and add new resources to improve the health and well-being of the residents within the Skid Row community (Skid Row

Action Plan).