

**LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH**  
**Stakeholder Engagement Unit**  
**American Indian / Alaska Native (AI/AN) UsCC Subcommittee Meeting Minutes**  
 November 2, 2022  
 2pm – 4pm via Microsoft TEAMS

**Present:** Sylvia Gonzales-Youngblood, Shannon Rivers, Hector Ramirez, Gabriel Pimentel, Nikki Crow, April Skinas, Farrah Ferris, Bridget Garcia Vera, Jessica Mosher, Ravena Soto, Iva Maes, Yue Hua Xu (Vicky), Stephanie Mushrush, Belinda Najera, Toni Craigs-Thomas

**DMH Admin:** Kelly Wilkerson

Agenda Items	Discussion
<b>Welcome, Prayer &amp; Introductions</b>	Meeting opened with prayer. Members were asked to introduce themselves.
<b>Meeting Minutes</b>	October 2022 minutes were reviewed and approved (first – Jessica Mosher, second – April Skinas).
<b>Co-Chair Report Out &amp; In Memoriam</b>	<ul style="list-style-type: none"> <li>• Co-chairs shared regarding their attendance at various other stakeholder meetings including the CCC/UsCC Leadership meetings, the Mental Health Commission meetings, and the Community Leadership Team (CLT) meetings. Additionally, they participated in the two-day MHSA CLT retreat on 9/23 and 9/30 and there will be another CLT convening in mid-November.</li> <li>• Farrah shared regarding recent losses in the community</li> </ul>
<b>History of Indigenous Peoples Day</b>	<ul style="list-style-type: none"> <li>• Shannon shared a historical overview regarding Indigenous Peoples Day locally, nationally, and globally.</li> </ul>
<b>Strengthening Ourselves; Healing the Healers – Roundtable</b>	<ul style="list-style-type: none"> <li>• Subcommittee members engaged in a conversation regarding healing the healers. How do community members take care of themselves, in particular during this time of year? How does community ground themselves?</li> <li>• Medicine, dancing, visiting home, food, spending time with loved ones, community organizing, singing, nurturing friendships.</li> </ul>

<p><b>Capacity Building Projects – Updates</b></p>	<ul style="list-style-type: none"> <li>• Kelly (liaison) provided a brief update regarding the in process and upcoming capacity building projects: <ul style="list-style-type: none"> <li>○ AI/AN Youth Academy – currently in phase 2 (recruitment)</li> <li>○ Mending the Hoop – currently in phase 2 (agenda development and identifying co-facilitators)</li> <li>○ Community Engagement Campaign – currently in phase 2 (pre-production)</li> <li>○ Traditional Wellness Gatherings – pending start in February 2023</li> <li>○ Cooking for Wellness Project – Kelly is finalizing the Statement of Work (SOW)</li> <li>○ Graphic Novel Project – Kelly is finalizing the Statement of Work (SOW)</li> <li>○ Storytelling Project – Kelly will be consulting with community members regarding this project in preparation to draft the SOW</li> </ul> </li> </ul>
<p><b>Community Announcements &amp; Resources &amp; Updates</b></p>	<ul style="list-style-type: none"> <li>• Updates in IBHIS – Kelly shared on behalf of Melanie Cain (AICC) that she is currently waiting for a Cognos report to share information on where other Natives are showing up or are entered into the IBHIS system. She requested this information during our APACS meeting on October 11<sup>th</sup> and once she receives the information, she will share it with the UsCC. Dr. Dickerson has also reached out to Dr. Whitbeck regarding use of the historical loss, thoughts, and feelings scale for their clients and will request this be entered into IBHIS as well. Melanie will provide training to their staff on usage of the scales and how to understand this information.</li> <li>• Kelly reminded members that Stephanie Welch from the CA Health and Human Services Agency would be attending in December to speak about CARE Court.</li> <li>• Nikki shared that they are still looking for youth to participate in the Youth Academy. Kell will send out the flyer. <a href="mailto:ncrow@uain.org">ncrow@uain.org</a></li> <li>• Hector shared updates regarding his recent visit to Sacramento to discuss MHSA and upcoming LA County audits.</li> <li>• Gabriel Pimentel shared that SCIC has free turkeys, email Gabriel for info: <a href="mailto:gpimentel@indiancenter.org">gpimentel@indiancenter.org</a></li> <li>• Send any resources to Kelly via email (<a href="mailto:KeWilkerson@dmh.lacounty.gov">KeWilkerson@dmh.lacounty.gov</a>) to be sent out to the listserv.</li> </ul>
<p><b>Closing Prayer</b></p>	<p>Meeting closed with Prayer.</p>
<p><b>Audio Recording</b></p>	<p><b>All meeting audio recordings and minutes are available on the DMH website:</b>  <a href="https://dmh.lacounty.gov/about/mhsa/uscc/american-indian-alaska-native-ai-an-uscc/american-indian-alaska-native-ai-an-uscc-meeting-minutes/">https://dmh.lacounty.gov/about/mhsa/uscc/american-indian-alaska-native-ai-an-uscc/american-indian-alaska-native-ai-an-uscc-meeting-minutes/</a></p>
<p><b>Next Meetings:</b></p>	<p><b><u>Next Meetings (first Wednesday of the month, all meetings 2-4pm):</u></b></p> <ul style="list-style-type: none"> <li>• 12/7/22, 1/4/23, 2/1/23, 3/1/23, 4/5/23, 5/3/23, 6/7/23</li> </ul> <p><a href="#">Join Microsoft Teams Meeting</a>; 323-776-6996, Conference ID: 806 867 419#  CART is provided for all meetings: <a href="http://www.streamtext.net/player?event=UsCC-AIAN">www.streamtext.net/player?event=UsCC-AIAN</a></p>