# LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH Office of the Deputy Director of Strategic Communications

## **Access for All UsCC Subcommittee Minutes**

September 14, 2022 10:00AM – 12:00PM Microsoft Teams Meeting

Attendees: Hector Ramirez, Cody Hanable, Sylvia G. Youngblood Gabriela

Velasquez, Irma Velasquez, Maria A., Arnold Youngblood, Junko

Nagamatsu, Amy Kay, Alison Freeman, Carol K., Carey Grier, Mastaneh

Moghadam, Martin Almanza,

DMH: Martha Ortiz, Alex Elliot, Angel Baker, Julio Miranda, and Rosario

Ribleza

Interpreter & Captioner:

**Mark Robinson and Alexis Zarret** 

Joann

Agenda Items	Comments/Discussion/Recommendations/Conclusions
Welcome & Introductions - Subcommittee	Attendee Introductions: Attendees (On Microsoft Teams and on the phone) were encouraged to incorporate a description of themselves to be mindful of other attendees with disabilities: individuals with visual impairments who cannot see the computer screen, and those who cannot hear what is happening in the meeting.
Meeting Norms/Review of Code of Conduct – Co- Chair	Cody Hanable reviewed the Code of Conduct and Meeting Norms to the subcommittee.
Meeting Minutes: Review and Approval	Approval of Meeting Minutes August 10, 2022 - moved to approve by Hector Ramirez, and seconded by Junko Nagamatsu.
Community and Accessibility Resources  Alex Elliot	Community and Accessibility Resources:  • Free Online Tutoring Available to All Californians   BrainFuse HelpNow  Every Californian can now access free online tutoring available 24/7 through a new initiative offering homework help in every K-12 subject and skill-building resources for adult learners.  on the websites of any of the 1,130 local public libraries around the state – click on the "HelpNow" link
	to reach a one-on-one tutor. <a href="https://main_castatehelpnow_ca.svc.brainfuse.com/authenticate.asp">https://main_castatehelpnow_ca.svc.brainfuse.com/authenticate.asp</a>

• <u>Connected California Digital Navigators</u> | Connect with kind and skilled digital technology help in English and Spanish.

### <u>Digital Navigators is a Free Program to Help You:</u>

Find low-cost internet service and devices for your home so you can get online.

Learn foundational computer skills, and get assistance with career development, applying for a job and more! Provide a one-on-one by phone to discuss your needs and find out how we can help. https://connectedca.org/

## Introducing the One Mind PsyberGuide Teen App Guide

"Digital Tools and Solutions for Teen Mental Health." Also known as One Mind PsyberGuide (OMPG) Teen App Guide, this report is intended for parents and caregivers, families with teens, and mental health professionals and researchers who work with teens.

https://onemindpsyberguide.org/resources/teen-app-guide/

## Explore Apple's accessibility features

Apple recently launched iOS 16. Find more information on the updated accessibility features here: <a href="https://www.apple.com/accessibility/">https://www.apple.com/accessibility/</a>

## • Explore Google's accessibility features and products

Google recently launched a new accessible products site. Find more information on the accessibility features of products like Android, Google Chrome, and YouTube

https://about.google/belonging/disability-inclusion/product-accessibility/

## • Microsoft Accessibility Resources:

Below you'll find accessibility resources for Word, PowerPoint, and Excel, and tools to make your content accessible for everyone.

Accessibility tools for learning

 $\frac{https://support.microsoft.com/en-us/topic/accessibility-tools-for-learning-a610cc7f-6cd1-49ff-a543-214cdf9a0710}{214cdf9a0710}$ 

Accessibility tools for Mental Health

 $\underline{https://support.microsoft.com/en-us/topic/accessibility-tools-for-mental-health-76629671-3fc3-4f06-bf65-7ee02d03f540}$ 

Accessibility tools for vision

 $\underline{https://support.microsoft.com/en-us/topic/accessibility-tools-for-vision-b3c57606-e0af-46d2-97b4-fa6b5fba4fa1}$ 

Accessibility tools for hearing

https://support.microsoft.com/en-us/topic/accessibility-tools-for-hearing-111d7360-cd47-4104-aef1-2a33297909ad

Accessibility tools for mobility

 $\underline{https://support.microsoft.com/en-us/topic/accessibility-tools-for-mobility-19ff5a45-2d68-4306-9602-05c0aa967c9f}$ 

Accessibility tools for neurodiversity

 $\underline{https://support.microsoft.com/en-us/topic/accessibility-tools-for-neurodiversity-6dbd8065-b543-4cf8-bdfb-7c84d9e8f74a}$ 

## Accessibility tools for Microsoft Teams

 $\frac{https://support.microsoft.com/en-us/office/accessibility-tools-for-microsoft-teams-2d4009e7-1300-4766-87e8-7a217496c3d5$ 

#### Accessibility tools for Office

 $\frac{https://support.microsoft.com/en-us/office/accessibility-tools-for-office-b5087b20-1387-4686-a0a5-8e11c5f46cdf$ 

#### Accessibility tools for PowerPoint

 $\underline{https://support.microsoft.com/en-us/office/accessibility-tools-for-powerpoint-2b7a387c-bc02-408f-8c49-59534665850f}$ 

## • Headspace - Free Headspace Plus Subscription for LA County residents

Headspace and the LA County Department of Mental Health have partnered to provide support and resources during this challenging time.

Sign up to access meditations, as well as sleep and movement exercises, designed to help you care for your mind — all free.

https://www.headspace.com/lacounty

 US Department of Justice - Nondiscrimination on the Basis of Disability: Accessibility of Web Information and Services of State and Local Government

DOJ announced its intent to begin the rulemaking process to enact website accessibility regulations applicable to state and local governments under Title II.

https://www.reginfo.gov/public/do/eAgendaViewRule?RIN=1190-AA79&publd=202204&utm\_medium=email&utm\_source=govdelivery

## Election/Voting Rosario Ribleza

### **Election/Voting**

• 2022-2023 Capacity Building Project

Only 5 out of 13 members voted.

Rosario strongly encouraged the qualified members to cast their votes for the 2022-2023 Capacity Building Projects. *Last day to vote - September 16, 2022.* 

• Co-Chair Election –

Nominated for Co-chairs are Dr. Alison Freeman, Irma Velazquez, and Cody Hanable.

• Due date for Co-Chair nomination is September 16, 2022.

## **GENERAL UPDATES:**

## Capacity Building Projects Updates

### A. Mastaneh Moghadam

## B. Rosario Ribleza

## **Capacity Building Project Updates**

A. Podcast & YouTube - Mastaneh Moghadam informed the subcommittee that they are in the process of developing topics for six (6) Youtube and six (6) Podcast series.

The subcommittee's feedback/ topic suggestions:

- 2. Reach out to deaf and hard of hearing consumers, prominent deaf communities, deaf stakeholders, and agencies providing services to the deaf communities.
- 3. Appropriate use of mental health terminology, and inclusion of mental health culture in American Sign Language (ASL) interpretation.
- 4. YouTube series must be presented in ASL, and not just with ASL.
- 5. Ensure that both YouTube and Podcast presentations are accessible to the deaf and hard of hearing, blind, visually impaired, and physically disabled.
- Mastaneh announced that panelists are being recruited for both projects, and each will receive stipend for participation. Flyers will be shared with Access for All UsCC once it becomes available.
- A separate meeting with Mastaneh, Hector, Amy, and Cody will be arranged by Rosario to further discuss the projects.

## B. FY 2020-2021 Projects

All three (3) Capacity Building Projects: Mental Health Assessment for the Deaf and Hard of Hearing; Mental Health Assessment for the Blind; and Mental Health Assessment for the Physically Disabled were already completed, and Painted Brain was supposed to present the outcomes today. Unfortunately, Painted Brain was not able to make it, and requested to reschedule the presentation in October 2022.

## C. Peers Talking Circle: Presentation & Brainstorming

- i. "Peers Sharing Circle" -
- The original "Peers Talking Cicle" awarded to Painted Brain was renamed to "Peers Talking Circle", and its implementation will continue.
- Angel clarified that the commitment with Painted Brain must still be honored because they won that bid.
  - ii. "Peers Talking Circle" with the advocacy of Hector Ramirez to implement a Peers Talking Circle patterned after the Native American Indian, a new Statement of Work (SOW) was written.
- A clinician who is culturally competent Native American Indian Facilitator with knowledge of protocols on conducting Native American Indian Talking Circle will be hired to implement the Peers Talking Circle Project for the Deaf, Hard of Hearing, Blind, and Physically Disabled.
- Rosario explained the details of the new project to the subcommittee.

	Angel Deker emphasized that this is a one time deal only
	<ul> <li>Angel Baker emphasized that this is a one-time deal only.</li> <li>Hector expressed his satisfaction with the SOW presented, but will have until 9/16/22 to review the project presented, and provide feedback if needed.</li> </ul>
DMH Updates	DMH Update Americans with Disability Act (ADA)
Angel Baker	<ul> <li>Angel continues to work on ADA issues and will reach out to several people to get information and all possible help.</li> </ul>
	<ul> <li>Alex Elliot helps especially in the area of technology to redesign DMH website to incorporate ADA information.</li> </ul>
	<b>Hybrid Meeting</b> – there is no definite date when it will be implemented, but the subcommittee will be provided with updates once information is received from the management
	Pinki Mehta's Replacement – in the process of interviewing candidates
Presentation: Speaker's Bureau Multicultural Community Conference Dr. Sandra Chang	<ul> <li>2022 Speakers Bureau Multicultural Community Conference - Dr. Sandra Chang</li> <li>December 7 &amp; 8, 2022 at 9:00 A.M. to 5:00 P.M.</li> <li>Closed Captioning in Real Time (CART), and ASL will be provided. In addition, interpreters for several threshold languages based on registration request will also be provided</li> <li>Last year's virtual conference with 41 worskhops on different aspects of culture and cultural competence was a big success, attended by 750 participants</li> <li>Dr. Chang will be sending the flyer to Rosario to share with the Access for All UsCC subcommittee.</li> </ul>
	Topic Suggestions for the Speakers Bureau Multicultural Community Conference:  b. Mental Health Stigma and the Disability Community c. Technology and Accessibility Within Mental Health d. Ableism e. How to advocate and ensure that qualified interpreters are at appointments or meetings f. People with Disability: How to advocate for their needs /How to advocate for appropriate services  Dr. Chang asked the subcommittee members to recommend someone who has expertise on the topics to present. She explained how to complete the proposal form.
Announcements/ Public Comments	Five Acres has received funding from DMH (Prevention & Early Intervention) to provide services for Deaf adults. However contract has not been amended. There is no mention about "deaf and hard of hearing"
Subcommittee	<ul> <li>CARE Court just signed into law by Gov. Newsom. Still unsure how it will impact the community.</li> </ul>
Next Meeting	Next meeting is on October 12, 2022 – 10:00 am – 12:00 noon / Recording & Transcriptions at DMH website