MINUTES

Los Angeles County Department of Mental Health Service Area 3 – SALT Monthly Meeting

Facilitation: SALT 3 Co-Chairs LaVon Robinson

July 14, 2022, | 2:00pm – 4:00pm

Introduction / Welcome

Call to Order/Co-Chairs: LaVon Robinson

Attendees:

Alex Rivero Spanish Inter	Frank Sabado	Michael Zelman	Stephen Mouton
Ariami Garcia	Irma Martinez	Michelle Majors	Tasmia Khan
Brent Popham	Jaime Renteria	Nanette Vasquez	Vickie Xu
Commissioner Dalgleish	John Medina	Osbee Sangster	William Lejere
Cristal Davis Guerrero	Kristin Gray	Ruby Padilla	
Diana Aparicio-Vargas	Lorena Contreras	Shalae	
Emily Wu Truong	Lourdes Mendoza	Sharon Dalmage	
Evelyn Lemus	Maria A	Sheila Wu	
Frances Liese	Mei-Yin Wang	Sophia Rodriguez	

Announcements & Public Comments:

• Lorena Contreras: Correction needed in June meeting minutes; Name not present in minutes.

Approval of Minutes for June 2022

Read and approved minutes: 1st approval: Dr. Michelle Majors & 2nd Approval: Evelyn Lemus

Reported by Service Area 3 Chief, Dr. Michelle Majors:

- Dr. Sherin retired but may still be involved in the mental health field. Our new interim director is Dr. Lisa Wong.
- Changes have been made to our HR department and hiring, transfers have been moving quickly.

Health Neighborhood Updates, Evelyn Lemus:

- San Gabriel Valley Health Neighborhood continues to meet virtually on the second Tuesday of every month from 10:30 am 12 pm.
- El Monte Health Neighborhood meets on the fourth Tuesday of every month from 1:00 pm. 2:30 pm.
- Maternal Mental Health Work Group meets monthly and will be setting an event that will focus on maternal mental health & parenting skills. Tentative date saved for event is September 13th at 6:00 pm. Flyer will be sent to LaVon & Jaime once it's completed for further distribution to providers and the community.
- The community engagement work group have been working & supporting El Monte School District & the El Monte Council on their back-to-school event as well as their resource fair. Once a flyer is available for event it will be shared with the group for further distribution.

UsCC Updates, Dr. Luis Guzman:

• N/A

Sharon Dalmage - West Region College

- Correction on Agenda. Organization's title should read West Region Training Center instead of West Region College.
- Focus on delivering customized training to organizational leaders and their staff.
- West Region Training Center team is made up of a collection of leaders from the sectors of higher businesses.
- Customized training can be done at the organization site or virtually.
- Changes are being developed to the website therefore, if you would like more information on West Region Training Center you may contact Sharon Dalmage. (Contact info was shared in chat)

Cristal Davis- Spritt Family Services, South El Monte office

- South El Monte office provides services to Service Area 3 and 7.
- Partnerships for Families (PFF) is a program provided for SA 3. It's an in-home visitation program that provide weekly visits to families that have been referred by DCFS (must not have an open DCFS case).
- PFF focus is to strengthen the parent & child ages zero to five, relationship. Program is from 6 to 12 months but can be extended depending on the family matter.
- Donations are used as incentives as the families reach their milestones.

- The criteria for DCFS & community referrals are the following risk factors: domestic violence, mental health, and substance abuse.
- Community referrals can contact South El Monte office intake department and ask for Diana. (Contact info was posted in chat).

Public Comments on Non-Agenda Items

Tarzana Treatment Center, Tasmia Khan:

- Provide an 80-hour training program to become a peer support specialist or peer specialist.
- Program is offered in-person or virtual hybrid.
- The location of the training program is in Woodland Hills.
- Scholarships are available. (Detailed information was sent via flyer & infographic to all SALT 3 members)
- If you would like more information, please contact Tasmia Khan by email. (Contact info was provided via chat)

Open forum for members to discuss topics of concern, issues, and provide information relevant to SA3:

- Sophia Rodriguez will be voted in as co-chair in the next September SALT3 meeting. Sophia is a mental health therapist and director of the clinical services at the San Gabriel Valley YMCA.
- For more information on the resources Sophia provides as a mental health therapist & YWCA clinical director you may contact Sophia. (Info was provided in chat)
- No SALT 3 meeting in August. Dark in the month of August.

Future Agenda Items and other Calendar Events

Suicide Prevention Community Event-October-2021-Mental Health Awareness Gala:

- LaVon Robinson: A Mental Health Awareness Gala event is being planned to take place in the month of October. More information will be provided once all details are worked out.
- Emily Truong: has been invited to speak at NAMI South Bay Japanese support virtual meeting and is looking forward to that.
- Jaime Renteria: 988, the suicide prevention crisis hotline goes live Saturday, July 16, 2022.

Adjournment - Meeting adjourn at 4:00 pm - Next meeting, September 8, 2022

Microsoft Teams meeting Join on your computer or mobile app <u>Click here to join the meeting</u>

Or call in (audio only) 1 323-776-6996, 156219976# Phone Conference ID: 156 219 976# **SPANISH LINE: 888-204-5987** Access Code 9639884#

SALT 3 CART LINK: https://www.streamtext.net/player?event=SALT-3