

**LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH  
ADMINISTRATIVE OPERATIONS  
Latino UsCC SUBCOMMITTEE MINUTES**

August 16, 2022  
2:00PM – 4:00PM

**Attendees:** Betty Marín, Betty Mendoza, Carmen Perez, Daniela Hernandez, Eugenia Cervantes, Grace Holguin, Hector Ramirez, Jaime Gomez, Joseph Sanchez, Julie Matsumoto, Laura Iniguez Segura, Maria Arauco, Martin Almanza, Mayra Echeverria, Melisa Acoba, Norma Ruiz, Patricia Veliz-Macal, Rebeca Melendez, Sylvia Gonzalez-Yungblood, Veronica Monge

**DMH Staff:** Dr. Luis Guzman

**Interpreters:** Claudia, & Lucy Ferraez Rivero

<b>Agenda Items</b>	<b>Comments/Discussion/Recommendations/Conclusions</b>
<b>Welcome &amp; Introductions</b> – Subcommittee Members	<b>A. Housekeeping, Attendance</b> Each attendee (On Microsoft TEAMS and on phone) introduced themselves
<b>Review of Meeting Minutes</b>	<b>A.</b> Motion to approve minutes by Patricia Veliz-Macal and Seconded by Joseph Sanchez
<b>Capacity Building Project Brainstorming</b>	<b>A.</b> Overview <ul style="list-style-type: none"> <li>i. Capacity-building project brainstorming continued from previous meeting (July UsCC meeting)</li> <li>ii. Capacity building projects are designed for outreach and engagement for increasing knowledge about mental illness, increasing access to mental health resources, and reducing stigma</li> <li>iii. \$350,000 available for Capacity Building Projects per Fiscal Year</li> <li>iv. After Brainstorming is complete, eligible community stakeholders (those attend 5 out of the last 9 meetings) will vote on projects to implement for the year</li> </ul>

	<ul style="list-style-type: none"> <li>v. There will be a second round of brainstorming for new projects in late Fall with another \$350,000 available for the Latino community</li> </ul> <p>B. Brainstorming</p> <ul style="list-style-type: none"> <li>i. Patricia shared “Las Bellezas de Los Angeles”(The Beautiful (women) of Los Angeles project idea focus on older Latina adults</li> <li>ii. Areas of focus mentioned a project focused on that Latin American Indigenous community</li> <li>iii. (Hector) “Latino Mental Health Services Act Learning Community” project is a Los Angeles County Department of Mental Health (LACDMH) Latino peer-to-peer Mental Health Services Learning Community (MHSA) designed to inform &amp; empower Latino(a)/Latinx/Latin American Indigenous community members in the Los Angeles County of the Mental Health Services Act. <ul style="list-style-type: none"> <li>▪ Severe Mental Illness and Severe Emotional Disturbance in the Latino population in Los Angeles County is 377,449 but only 81,902 received help from LACDMH. This project will help the Latino(a)/Latinx/Latin American Indigenous community learn about MHSA and how to advocate for services and resources because the community has been left behind when it comes to mental health services.</li> </ul> </li> <li>iv. Recommendation by community to review previous project proposals that were unfunded to see if we can get new ideas</li> </ul>
<p><b>Capacity Building Presentations FY 2021-2022</b></p>	<ul style="list-style-type: none"> <li>A. Grace Olguin – Garment Workers Project <ul style="list-style-type: none"> <li>i. Grace shared PowerPoint of project including recommendations moving forward and results of workshop questionnaires</li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>ii. Workshops on various topics related to pressing mental health topics in garment worker community were discussed over a 4-workshop series done in three different Service Areas of L.A. County</li> <li>iii. Workshops offered childcare and were offered in Spanish with the option of interpreters for Latin American indigenous participants</li> <li>iv. Demographic data revealed disparity in attendance with majority of participants cis-gender women</li> <li>v. Feedback was generally positive, and participants reported learning about mental health and experiencing reduction in shame or confusion around mental health topics/need for services</li> <li>vi. Biggest takeaway: Participants took advantage of the opportunity to politicize their work situation, social justice, and Mental Health un understand that socio-economic factors are not independent from mental health and well-being</li> <li>vii. Grace reported that those that were able to, they had to face long periods of time for appointment or barriers or lack of insurance and also barriers to receive therapy, family therapy at low cost as well</li> <li>viii. Grace shared that biggest challenge was participants that were referred to LAC DMH access line that were not able to get connected to services and ended being unserved</li> </ul> <p><b>B. Community Feedback/Questions</b></p> <ul style="list-style-type: none"> <li>i. Several community members praised Grace for the project and reported wanting more projects like this one to be implemented</li> </ul>
<b>Monkeypox Presentation</b>	<b>A.</b> Melisa Acoba from Los Angeles County Department of Public Health presented on the topic of MPox

	<ul style="list-style-type: none"> <li><b>B.</b> To date, there are 753 cases in Los Angeles County</li> <li><b>C.</b> Melisa shared signs/symptoms of MPox which include rashes or little blisters/pustules on a person's skin, fever, swollen lymph nodes, and muscle aches</li> <li><b>D.</b> It is spread by touching contaminated objects, fabrics, which include clothing, bedding, towels, and surfaces that have been in contact with someone with Monkeypox or by coming into contact with respiratory droplets or secretions from the nose or mouth from a person with MPox</li> <li><b>E.</b> If suspected infection, first step is to contact your healthcare provider or call 211 if you don't have a healthcare provider. 211 will refer you to a provider. A third option is to visit a public health/sexual health clinic</li> <li><b>F.</b> L.A. County Department of Public Health is working with community-based organizations and partners to educate the communities</li> <li><b>G.</b> Supplies of the vaccine are currently limited to high-risk populations</li> </ul>
<p><b>DMH/Community Announcements:</b></p>	<ul style="list-style-type: none"> <li><b>A.</b> Items Not on the Agenda <ul style="list-style-type: none"> <li>i. Dr. Sandra Chang from the Cultural Competency Unit shared information about the upcoming Second Annual conference sponsored by the Department of Mental Health. It is a conference designed specifically for talks and presentations for the community at large.</li> <li>ii. Community members shared feedback on potential topics for the workshops and presentations</li> </ul> </li> <li><b>B.</b> DMH Updates <ul style="list-style-type: none"> <li>i. None</li> </ul> </li> </ul>
<p><b>Next Meeting</b></p>	<p><b>September 20, 2022, from 2:00 pm – 4:00pm</b>  <b>Virtual Venue: Microsoft TEAMS</b></p>