MINUTES

Los Angeles County Department of Mental Health Service Area 3 – SALT Monthly Meeting

Facilitation: SALT 3 Co-Chairs LaVon Robinson

March 10, 2022, | 2:00pm – 4:00pm

In Attendance

Alex Spanish Interpreter	Jo Torres	Nannette Vazquez
Alfredo Miller	Julie Parker	Osbee Sangster
Bertha Berumen	Laura Jurado	Rosalba Trias-Ruiz
Brent Popham	LaVon Robinson	Rosalie Finer
Carmen Celis	Lisa Goodwin	Ruby Sevilla
Cathy Godwin	Michael Zelman	Ruth L Padilla-king
Cristal Divas	Michele Nogales	Tara Omrani
Darlene Medina	Michelle Majors	Winnie Hsieh
Eulalia Cobos	Minerva Gomez	Yue Hua Xu
Evelyn Lemus	Steve Mouton	
Jason Henderson	Judith Tejero	

Welcome

- Co Chairs: LaVon Robinson
- Sign-in instructions
- Event San Gabriel Valley Rises "Hate Has No Place & Community Healing

Approval of Minutes

- Approve of Minutes for January Steve Mouton
- Approve of Minutes for February Brent Popham & Michelle Nogales

- Introduction/Welcome
 - Call to Order/Co Chair
 - Announcements & Public Comments/Attendees

II. DMH Updates:

- Dr. Michelle Majors Acting Services Area 3 Chief DMH
 - o Congratulations to Dr. Michelle Majors. She announced that she is now Chief for SA 3.
 - Ms. Majors gave an update on the new Patient Resource Center (PRC) in West Covina, which will be staffed with peers and clinicians. The PRC is expected to open summer or fall of 2022.
- Health Neighborhood updates Evelyn Lemus Health Neighborhood liaison and Faith Base liaison updated:
 - Meetings are still being held virtually.
 - o East San Gabriel meets on the Second Tuesday of the month from 10:30 AM to 12 PM.
 - o The El Monte Health Neighborhood meets on the fourth Thursday from 1:00PM to 2:30PM.
 - Both East San Gabriel & El Monte Health Neighborhood meetings will be joined together on April 12th from 10:30 AM to 12:00 PM.
 - o They are still looking for providers, CBOs, and anyone interested in collaborating.
 - San Gabriel Valley Maternal Mental Health Work Groups is hosting a webinar series on perinatal mood and anxiety disorders. First series will be on March 31st and the second series will be on May 12th. For more information email <u>Elemus@dmh.lacounty.gov</u>.
- UcCC Updates-LaVon Robinson on behalf of Dr. Luis Guzman.
 - o Provided a Brochure for the API Communities.
- Event San Gabriel Valley Rises "Hate Has No Place & Community Healing Michelle Nogales
 - o Gave an update on the May 14th event in honor of May is Mental Health Awareness.
 - The planning committee has been working hard for a good turnout which will include workshops, photo booth, 40 vendors, covid testing, first aid station, water station, mobile arts and crafts and lots of other great exciting stuff.

Presentations

III.. IPrevail - Representative Jason Henderson

- IPrevail is an online behavioral and Mental Health Care Programs that is provided by the county free to everyone who lives in Los Angeles County that is age of 18 or individuals 13-17.
- To create an IPrevail account, you will need to be physically located within the county.
- Individuals can chat with trained Peer Coaches, whether someone is looking for support, to learn about healthy habits and ways to cope with life's stress.
- IPrevail offers three different programs, Lessons, Sessions and Groups.
- Individuals have access to their website 24-7 in English and Spanish.
- Individuals can earn points through the various programs in a way to earn points and receive Amazon gift cards.
- For more information email help@prevailhealth.com

Starview - None

V. Public Comments on Non-Agenda Items

- **Brent Popham** Los Angeles County Client Coalition are raising money by selling Valentines Cards, Easter Cards and appreciate any donations to help the mentally ill and advocate for them.
- Carmen Celis Community Group San Jose and unincorporated area, provide resources and information for the community who only speak English and Spanish.
- Osbee Sangster- Speaking on behalf of the Black Los Angeles County Client Coalition, Inc. Requesting if the County of Mental Health (DMH) can donate their obsolete technology devices and desktop computers to the Black Los Angeles County Client Coalition for refurbishing purposes and distribution for consumers and stakeholders in need.
- Julie Parker Asking if there is a report on all meetings for the Department of Mental Health, and how are we doing.
- **Jaime Renteria** Mentioned that the governor has proposed legislation for a care court. This is proposing to involuntary hospitalize people that are suffering from severe mental illness.

IV. Future Agenda items and other Calendar Events:

LaVon suggesting that San Gabriel Valley AIM Community Action Team put on an event in the San Gabriel Valley for Juneteenth.
 This will be the second year and would be nice to present at our SALT meeting

VII. Adjournment – Next meeting, April 14, 2022

Other Announcements/Public

None

Microsoft Teams meeting

Join on your computer or mobile app

Click here to join the meeting

Or call in (audio only) 1 323-776-6996, 156219976# Phone Conference ID: 156 219 976#

Meeting adjourn at 4:00pm

SPANISH LINE: 888-204-5987 Access Code 9639884#

SALT 3 CART LINK:

https://www.streamtext.net/player?event=SALT-3