## LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH STAKEHOLDER ENGAGEMENT UNIT Latino USCC SUBCOMMITTEE MINUTES

February 15, 2022 2:00PM – 4:00PM

Attendees: Aaron Icedo, Belia Lopez, Betty Marín, Betty Mendoza, Bianca Gallegos, Blanca Watson, Britany Flores, Cristina Rojas, Daniel Hallaby, Daniela Hernandez Chong Cuy, David Serrano, Dezmond James Eggers, Gabriela Gonzalez, Gabriela Velasquez, Hector Ramirez, Imelda Padilla-Frausto, Irma Velasquez, Laura Iniguez, Laura Kerr, Leanor Johansen, Lourdes Rabello, Maria Arauco, Maritza Lebron, Martin Almanza, Mercedes Moreno, Oscar Alvarez, Patricia Veliz-Macal, Ruth Wen

Dr. Luis Guzman, Pinki Mehta

DMH Staff:

Angelica, Alex & Lucy Ferraez Rivero

Interpreters:

| Agenda Items                                      | Comments/Discussion/Recommendations/Conclusions   |
|---|---|
| Welcome & Introductions –<br>Subcommittee Members | A. Housekeeping, Attendance<br>Each attendee (On Microsoft TEAMS and on phone) introduce themselves |
| Review of Meeting Minutes                         | A. Tabled   |
| Latino community & COVID-19<br>updates            | <ul> <li>There is a lack of COVID-19 resources in Antelope Valley which continues to</li> </ul>     |
|   | be a source of stress for the Latino community  |
|   | <ul> <li>Regarding Latinos, the State and the County is at 56.9% fully vaccinated</li> </ul>        |
|   | The Federal government is talking about distributing 400 million masks in 95                        |
|   | different places, like pharmacies, and these are approved in places where they                      |
|   | are giving shots, Walmart, CVS, Albertsons  |
|   | <ul> <li>Community wants to make sure those who are undocumented have access to</li> </ul>          |
|   | resources to deal with COVID-19   |
|   | <ul> <li>COVID-19 vaccines and tests are available free for all community members</li> </ul>        |
|   | despite legal status and language spoken  |
| Capacity Building Project presentation            | A. Current Data Collection  |

| Patricia Veliz-Macal, the director of Generations in Action presented an update                       |
|---|
| on the Capacity Building Project for Older Latino Adults.   |
| • The project has four phases. The first is a resource book and the research book                     |
| is ready and available for sharing with the community.  |
| • The resource book has 40 pages and 20 of them are in Spanish, 20 are in                             |
| English. All of them were created with images from Latino older adults                                |
| • Next phase will include a series of classes for elderly people between the ages                     |
| of 60 and 100 years   |
| • All phases of the project included a focus group with elderly people that helped                    |
| with the design and other recommendations to include in the resource book                             |
| The creation of the curriculum is almost finished and will consist of three                           |
| classes that will be introduce in two different planning areas. The first class will                  |
| be about intergenerational communication focusing on compassionate                                    |
| communication and   |
| conflict resolution intergenerationally   |
| <ul> <li>Second class will be about mental health focus issues facing older Latino</li> </ul>         |
| adults. Generations in Action consulted with a scholar from UCLA as well as                           |
| received input from different universities.   |
| <ul> <li>Depression and anxiety is one of the big problems that will be discussed along,</li> </ul>   |
| immigration difficulties and trauma   |
| <ul> <li>The third class will focus on elderly people and the use of technology. The focus</li> </ul> |
| of the class will be on how technology will continue to move forward and how                          |
| older adults want to learn about the essentials of how to use technology.                             |
| <ul> <li>Finalized front and back cover of the resource booklet was shared</li> </ul>                 |
| <ul> <li>There will be a total of 8 series of 3-class-per series offered, one in each SPA</li> </ul>  |
|   |

| DMH Annual Budget      | <ul> <li>Next month (March) DMH will present the MHSA annual budget update for FY 2022-2023</li> <li>Once DMH presents the budget, the community has 30 days to share their feedback to the budget before being sent to approval by the BOS</li> <li>The budget will impact the entire County, not just the directly operated clinics but the mental health community clinics/legal entities</li> <li>Community stakeholders on the English line had no comments</li> </ul>  |
|------------------------|--|
| Provider Directory     | <ul> <li>DMH is working on updating the provider directory</li> <li>Co-chairs showed some of the features currently available on the current provider directory as well as what it looks like in Spanish</li> <li>Community provided feedback on how complicated the current provider directory appears and is not community/user friendly</li> <li>New DMH provider directory will be go through a continuous improvement based on community feedback</li> <li>Some information for contract providers was outdated (more than a year)</li> <li>Suggestion by community member to include link to Metro agency to reduce transportation barriers for consumers who use public transportation</li> <li>Recommendation to include real-time availability at clinics and to include it by language of clinician available</li> <li>People can also call the 1-800 number to get connect to services</li> </ul> |
| Latino Data Collection | <ul> <li>Language justice when it comes to data collection is a key concern for the<br/>Latino community</li> <li>Recommendation for DMH to begin to collect data with language justice in mind</li> </ul>   |

|                   | • Community feedback is that DMH should change its practice of collecting data from the top down and engage with the community in collaborative efforts                                     |
|-------------------|---|
| DMH Announcements | <ul> <li>Request for a volunteer to co-chair the next Latino UsCC meeting due to 2 current co-chairs being unavailable for meeting in March.</li> <li>Meeting Adjourned – 4:00pm</li> </ul> |
| Next Meeting      | March 15, 2022, from 2:00 pm – 4:00pm<br>Virtual Venue: Microsoft TEAMS   |