☐ Cultural Competency

TRUAMA INFORMED CARE: INTERVENTIONS FOR ADULTS

DATE & TIME: **May 18, 2022** **9:00AM – 11:00AM**

All registration is completed on the EventHub prior to the training. Check in begins15 mins prior to the training time. All participants must arrive during the check –in period. Late arrivals will not be admitted.

PLACE: **WEBCAST VIA VIRTUAL PLATFORM**

This two-hour training will address the most important and effective components of trauma focused mental health treatment specific to adult consumers. Following a brief review of prevalence data and common trauma symptoms, an overview of eleven core aspects of trauma-focused therapy will be explored. Participants will be provided with an overview of different diagnostic categories of adults served in the mental health community. Other relevant topics presented include a review of the onset of trauma related core illnesses, description of symptoms, and physical, cognitive, emotional and psychological impact. Emphasis on working knowledge strategies address primary diagnoses commonly treated in community mental health coupled with priority on individualized treatment planning. The training further addresses how theses core aspects of trauma are addressed in several widely used evidenced based practices for trauma treatment (Dialectical Behavior Therapy, Seeking Safety, TARGET Therapy, Stress Vulnerability Model, Cognitive Processing Therapy, and Traumatic Recovery and Empowerment Mode). Lastly, the unique challenges of complex trauma history and prevalent substance use in trauma-focused services are discussed.

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TARGET AUDIENCE: Emergency Outreach and Triage Division: Psych techs and Peers

OBJECTIVES: **As a result of attending this training, participants should be able to:**

1. Describe three types of common trauma symptoms.
2. List and describe four core aspects of trauma-focused therapy.
3. Identify three strategies used to address trauma symptoms.

CONDUCTED BY: **A minimum of one qualified trainer.**

COORDINATED:BY: **Brenda Lincoln, MSW Emergency Outreach & Triage Division**
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DEADLINE: **When capacity is reached. Max Attendees: 60**

CONTINUING EDUCATION: **NONE**

COST **NONE**
DMH Employees Register at: https://eventshub.dmh.lacounty.gov/