

## API Wellness Summit 2019: Sharing Our Stories of Resilience

### Survey Summary

1. As a result of attending this Summit, I have a better understanding of the experience of recovery for API consumers.

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
58	36	3	0	1
60%	6%	3%	0%	1%

2. As a result of attending this Summit, I have a better understanding of the experience of recovery for API family members.

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
56	34	7	0	1
57%	35%	7%	0%	1%

3. As a result of attending this Summit, I learned how to better support and advocate for API consumers and family members.

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
54	35	7	0	1
56%	36%	7%	0%	1%

4. As a result of attending this Summit, I learned that people with mental illness can recover from their condition.

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
53	43	1	0	1
54%	44%	1%	0%	1%

5. As a result of attending this Summit, I received useful information on mental health resources for mental health treatment and support for API community members.

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
53	40	3	0	1
55%	41%	3%	0%	1%

6. This Summit improved my ability to provide culturally-appropriate mental health treatment to API consumers. (For Clinicians Only)

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
26	22	5	0	0
49%	42%	9%	0%	0%