LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH Office of the Deputy Director of Strategic Communications

Access for All UsCC Subcommittee Minutes

December 8, 2021 10:00AM – 12:00PM Microsoft Teams Meeting

Attendees: Cody Hanable, Roque Bucton, Hector Ramirez, Maria Arauco, Ruth Wen, Sylvia G.

Youngblood, Joann Freeman, Amy Kay, Alison G. Freeman, Isabel Ramirez, Marcus

Hailey, Angy Kaufman, Maria Tan, and Bernice Mascher

DMH: Alex Elliott, Rosario Ribleza, Adriana Carrillo, Sandra Chang, Julio Miranda, Hyun Kyung

Lee, Connie Acosta, Blanca Gonzalez, and Debra Berzon-Leitelt

Interpreter & Julie Miller and Theresa Watson

Captioner: Joann Jaimes

Agenda Items	Comments/Discussion/Recommendations/Conclusions
Welcome & Introductions - Subcommittee	Attendee introductions: Each attendee (On Microsoft Teams and on the phone) was encouraged to incorporate a description of themselves to be mindful of those attendees with disabilities: individuals with visual impairments who cannot see the computer screen, and those who cannot hear what is happening in the meeting.
Meeting Norms/Review of Code of Conduct – Co- Chair	Cody Hanable reviewed the Code of Conduct and Meeting Norms to the subcommittee.
Meeting Minutes: Review and Approval	The meeting minutes were approved: 11/10/ 21 – Motioned to approve by Roque Bucton, and seconded by Amy Kay
The "Moving On" of Sunnie Whipple	The subcommittee paid tribute to the late member of Access for All subcommittee, Sunnie Whipple. Some members reminiscence their good experiences with Sunnie, and many appreciated his strong advocacy to the community.

General Updates

Capacity Building Projects - Roque Bucton

- a) Mental Health Assessment for the Blind, Partially Sighted, and Visually Impaired; b) Mental Health Assessment for the Deaf and Hard of Hearing; and c) Mental Health Assessment for Physically Disabled Community.
- b) Updates:
- Recruitment of participants for all projects was already done. More people wanted to join, but registration already reached to its full capacity. Some participants came from Braille Institute.
- Two (2) focus groups have already been conducted (December 1 & December 8).
- The concern on the validity and accuracy of American Sign Language (ASL) interpretations was raised. Some
 members of the subcommittee recommended hiring a consultant to ensure that the interpretation provided by
 ASL interpreters are valid and accurate.

Community and Accessibility Resources

Community and Accessibility Resources - Alex Elliott

- LA Metro Transit Low-Income Fare is Easy (LIFE Program) https://www.metro.net/riding/life/
- Access Paratransit Eligibility Information
 https://accessla.org/riding_access/gaining_eligibility.html
- Crip Camp: A Disability Revolution Movie

https://www.youtube.com/watch?v=OFS8SpwioZ4

Crip Camp Curriculum

https://cripcamp.com/curriculum/

- UCLA STAND for All STAND for All is an online program offered with remote coaching support
 designed to teach you skills and strategies to address common issues like low mood, worry, poor sleep,
 panic and discomfort around others. Courses are self-paced and can be taken
 anonymously. https://www.stand.ucla.edu/Stand-all
- NAMI People With Disabilities

https://www.nami.org/Your-Journey/Identity-and-Cultural-Dimensions/People-with-Disabilities

- Inclusive Disaster Preparedness Resources American Red Cross https://www.redcross.org/get-help/how-to-prepare-for-emergencies/inclusive-preparedness-resources.html
- Headspace For Los Angeles County

https://www.headspace.com/lacounty

Headspace For Teens - Headspace is now free for all teens in the US. If you're between the ages of 13–18 years old in the US

https://www.headspace.com/teens

Diversity and Multi- Cultural Calendar	The Diversity & Multi-Cultural Calendar was created based on the community's suggestions to honor, respect, and celebrate everyone's culture.
Dr. Kyung Lee Dr. Sandra Chang	Attendees were encouraged to include in the calendar the cultural holidays or festivities, memorials, and remembrance of their culturally important activities.
2021 - Recap	Access for All UsCC subcommittee's accomplishments for 2021 • Accessibility and Sensitivity Workshop • Outreach of Access for All UsCC to other UsCCs and SALTs • Access for All UsCC's Presentation with the Commission on Disability • Letter to Dr. Jonathan Sherin (Director of the Los Angeles County Department of Mental Health) requesting for American with Disability Act (ADA) Coordinator and direct or contracted mental health services for the deaf and hard of hearing adults. Dr. Sherin and Debbie Innes Gomberg (DMH Deputy Director) met with Access for All subcommittee to discuss the issues. • Understanding of various types of accommodations and support in meeting facilitation like ASL interpretations, CART, closed captioning, and Microsoft Teams technical support • Capacity Building Projects: i. Peer to Peer Network – ended April 2021 iii. Clinical Mental Health Training – ended April 2021 iii. Mental Health Needs Assessment for the Deaf and Hard of Hearing - On-going Implementation iv. Mental Health Needs Assessment for the Blind – On-going Implementation v. Mental Health Needs Assessment for Physically Disabled – On-going Implementation vi. Podcast Series – In process vii. Talking Circle – In process viii. Domestic Violence Task Force – In process
Public Comments / Announcements	Marcus Hailey – requested assistance to appeal for the denial of his application for services from Access Paratransit. Roque advised him to contact the Federal Transit Authority.
Next Meeting	 Next meeting is on February 9, 2022 – 10:00 am – 12:00 noon