LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH Office of the Deputy Director of Strategic Communications

Access for All UsCC Subcommittee Minutes

November 10, 2021 10:00AM – 12:00PM Microsoft Teams Meeting

Attendees: Cody Hanable, Roque Bucton, Hector Ramirez, Pamela Inaba, Christina Chavez, Helen

Lara, Carrie Miller, Suyapa Umansor, Aaron Icedo, Maria Arauco, Amparo Ostojic, Alex Reynoso, Christina Chavez Herrera (Braille Institute), Emily Franc (Braille), Maria Tan, Junko Nagamatsu, Maria Tan, Ruth Wen, Sylvia G. Youngblood, Maria A., Jennifer Kuo,

Lourdes Rabello, Jeff Trinidad

DMH: Alex Elliott, Laura Kerr, Pinki Mehta, Rosario Ribleza and Yue Hua Xu (Vicky), Adriana

Carrillo, Racheal Burgess, Sandra Chang, Elidia Olmos, Julio Miranda, Jenny Nguyen,

Arthur Gomez, Gerardo Gaor

Interpreter &

Captioner: Kathleen Cardella and Jarris Wright

Joann Jaimes

Agenda Items	Comments/Discussion/Recommendations/Conclusions
Welcome & Introductions - Subcommittee	Attendee introductions: Each attendee (On Microsoft Teams and on the phone) was encouraged to incorporate a description of themselves to be mindful of those attendees with disabilities: individuals with visual impairments who cannot see the computer screen, and those who cannot hear what is happening in the meeting.
Meeting Norms/Review of Code of Conduct – Co- Chair	Cody Hanable reviewed the Code of Conduct and Meeting Norms to the subcommittee.
Meeting Minutes: Review and Approval	The meeting meetings were approved: A. 8/11/21 – approved by Sylvia Youngblood and seconded by Roque Bucton B. 9/8/21 - approved by Sylvia Youngblood and seconded by Roque Bucton

General Updates:

A. DMH Updates - Pinki Mehta

1. ADA Coordinator

Dr. Sherin is going to designate someone for clients and consumers who can work in partnership with peers and the community promoters; must have experience and requires training.

2. Deaf Mental Health Services for Adult

DMH is working on the expansion of current and existing provider support networks and trying to figure out how to build the capacity to meet the needs of the ADA community including the deaf and hard of hearing. DMH currently works on this project in partnership with universities like Los Angeles City College

3. Guaranteed Basic Income Program. City of Los Angeles will provide approximately 3,000 individuals with \$1,000 guaranteed income monthly.

The 10-day application ended on November 7, 2021. Qualifications are as follows:

- a. Must be a resident of the City of Los Angeles
- b. Income must be below poverty level
- c. Must have at least one dependent child
- d. At least 18 years old
- e. Have Covid-19 related hardships

B. Capacity Building Projects - Roque Bucton

- a) Mental Health Assessment for the Blind, Partially Sighted, and Visually Impaired; b) Mental Health Assessment for the Deaf and Hard of Hearing; and c) Mental Health Assessment for Physically Disabled Community.
- Coordination of focus groups and recruitment of participants for the three (3) projects are on-going and will end on November 30, 2021. Phase 3 of the projects (facilitation of the focus groups) will start on December 1, 2021.

C. Report on Accessibility and Inclusivity Workshop - Cody Hanable

Workshop held virtually on October 13, 2021 at 10:00-12:00 noon was a success, attended by approximately 60 - 80 participants. Recording of the workshop is posted at the LAC-DMH website.

D. Peer Resource Center Updates. - Laura Kerr

- Peer Resource Center (PRC) is not officially open yet, but they continue to assist clients.
- It has no geographical boundaries serving men and women even those coming from other states.
- DMH wants PRC to be a comfortable, safe, and non-judgmental environment.
- During COVID, PRC provides online support groups which is available from Monday to Thursday, and Saturday for Spanish.

Community and Accessibility Resources

Community and Accessibility Resources - Alex Elliott

LACDMH Community Resources & Information

https://dmh.lacounty.gov/our-services/ee/resources/

EBT Online Purchasing Pilot Program Questions and Answers (Grocery

Delivery) https://dpss.lacounty.gov/en/news/2020/12/ebt-online-purchasing-pilot-program--questions-and-answers.html

LA County staff: Access For All Microsoft Teams Channel

https://teams.microsoft.com/l/channel/19%3A2184e107fc58405ba46d67f59d1f64ca%40thread.skype/tab%3A%3Afe2ee6b6-9344-40c4-98ec-14995245a1c5?groupId=cfd6c954-e51d-473c-adaa-dfa9f833776d&tenantId=07597248-ea38-451b-8abe-a638eddbac81

Adaptive Sports

• PlayLA – Adaptive Sports Program

https://www.laparks.org/play-la? sm au =iVVSqNsQqTP47WZTj7CLjKsvMjNf2

 Angel City Games 2021 Dec. 18th and 19th - Adaptive Sports Program https://angelcitygames.org/? sm au =iVVSgNsQgTP47WZTj7CLjKsvMjNf2

Assistive Technology

FCC Emergency Broadband Benefit

https://www.fcc.gov/broadbandbenefit

• Digital Skills Education Hub – Harvard https://www.digitalskillshub.org/

Assistive Technology Resources from Independent Living Research Utilization (ILRU)
 https://www.ilru.org/sites/default/files/Assistive_Technology_Resources_for_CILs_and_SILCs_Final.pdf?_sm_au_=iVVSqNs_QqTP47WZTi7CLiKsvMiNf2

• Adult Learning and Technology: Best Practices and Resources

https://www.viddler.com/v/d26b3c50

Microsoft Surface Adaptive Kit Guide

https://support.microsoft.com/en-us/surface/surface-adaptive-kit-guide-cfd6dd86-ea74-4eed-b5b7-3c6baecbc828

Virtual Reality

• Mesh For Microsoft Teams

https://news.microsoft.com/innovation-stories/mesh-for-microsoft-teams/

Accessibility of Virtual Reality

https://www.w3.org/WAI/APA/task-forces/research-

questions/wiki/Accessibility_of_Virtual_Reality?_sm_au_=iVVSqNsQqTP47WZTj7CLjKsvMjNf2

Virtual Reality Training – Western State Hospital

https://www.dshs.wa.gov/bha/division-state-hospitals/virtual-reality-training? sm au =iVVSqNsQqTP47WZTj7CLjKsvMjNf2

Disability Research

• Persons with a Disability: Labor Force Characteristics Summary

https://www.bls.gov/news.release/disabl.nr0.htm? sm au =iVVSqNsQqTP47WZTj7CLjKsvMjNf2

	 Accessibility and Digital Mental Health: Considerations for More Accessible and Equitable Mental Health Apps https://www.frontiersin.org/articles/10.3389/fdgth.2021.742196/full? sm_au =iVVSqNsQqTP47WZTj7CLjKsvMjNf2 Americans with disabilities less likely than those without to own some digital devices https://www.pewresearch.org/fact-tank/2021/09/10/americans-with-disabilities-less-likely-than-those-without-to-own-some-digital-devices/?_sm_au_=iVVSqNsQqTP47WZTj7CLjKsvMjNf2
Vsee Presentation	A Presentation on how DMH staff and clients utilize Vsee
-Racheal Burgess - Gerardo Gaor - Jeff Trinidad	 Vsee is a virtual telehealth solution that DMH uses to serve their clients. DMH utilizes Vsee to send clients an invite for a session It is used to see and communicate with clients virtually instead of face to face. It also features the use of phone call especially where internet is not available. However, it does not display one's phone number. Chatting is also available. Captioning is not yet available.
Public Comments / Announcements	 Carrie Miller – Executive Director of the Poverty Alleviation Initiative, Los Angeles County. She works on developing a strategic plan to alleviate poverty. She is open to any suggestions or thoughts from the public. Los Angeles County Guaranteed Income Program – will be called, "Breathe L.A." It will be launched on the 1st Quarter of 2022 for \$1,000 for 1,000 participants monthly for three (3) years. It will be unconditional cash; still working on the eligibility requirements. Hector Ramirez - Multicultural Mental Health Community Conference: December 1 & 2, 2021 Alex Elliot Accessibility Broadband Program is in the new budget and infrastructure bill. It will help resolve the barrier for not using Vsee because of the lack of broadband.
Next Meeting	 Next meeting is on December 8, 2021 – 10:00 am – 12:00 noon