## LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH ADMINISTRATIVE OPERATIONS Latino USCC SUBCOMMITTEE MINUTES

July 20, 2021 2:00PM – 4:00PM

Attendees: Aaron, Ashley Flores, Belia Lopez, Betty Marín, Betty Mendoza, Bianca Gallegos, Blanca Watson, Daniela Hernandez, Elsy Molina, Eugenia Cervantes, Gabriela Gonzalez, Gabriela Velasquez, Irma Velasquez, Janice, Jose Guevara, Hector Ramirez, Leanor Johansen, Lina Brusasco, Lourdes Rabello, Maria Arauco, Martin Almanza, Michael Cook, Norma Ruiz, Patricia Arriaza, Patricia Veliz-Macal, Patricia Pascua, Ruth Wen, Commissioner Stacey Dalgleish

DMH Staff: Dr. Luis Guzman, Pinki Mehta, and Rosario Ribleza Interpreter:

Angelica, Alex & Lucy Ferraez Rivero

Agenda Items	Comments/Discussion/Recommendations/Conclusions
Welcome & Introductions – Subcommittee Members	A. Housekeeping (Platform use instructions), Attendance Each attendee (On Microsoft TEAMS and on phone) introduce himself/herself.
Review of Meeting Minutes	May 18, 2021, meeting minutes have been reviewed and approved by <b>Maria Arauco</b> and second by <b>Irma Velasquez.</b>
MHSA 3-year plan Final Update	<ul> <li>Co-chairs requested LAC DMH have a budget that should be proportionately distributed to the people by need and proportional to the population in LA County.</li> <li>Hector discussed community input in the final version of the MHSA 3-year plan and goals moving forward</li> <li>Dr. Luis Guzman shared that Latinos make up 49% of Los Angeles County with SA 5 having smallest Latino population and a majority of the population in all other Service Areas of the County</li> <li>Dr. Guzman discussed unmet mental health need in each of the Service Areas for the Latino community</li> <li>Dr. Guzman identified some of the barriers to access for the Latino community when calling the Access Line including insufficient linguistic capacity of some clinics, long wait times when calling, no current process for following up to make sure callers are connected with services</li> </ul>

	<ul> <li>Dr. Guzman provided updates on services that will receive additional funding including Psychiatric Mobile Response Unit and services for children</li> <li>Community member asked for list of specific barriers that prevent Latinos from receiving services or that lead to premature termination of therapy</li> <li>Hector suggested services for Mixed-status families and undocumented community members be a priority</li> <li>Dr. Guzman shared that the Mental Health Commission recommended data be desegregated when collected to better understand needs of the different communities</li> <li>Community member shared that SA 5 has limited/insufficient services and resources for Latino in Spanish and outreach is minimal. Community member further reported that this has been an issue for several years and Latinos are not considered when collecting data or providing services</li> </ul>
Capacity-Building Projects	<ul> <li>Dr. Luis Guzman shared that there was one Capacity Building Project proposal submitted and presentation for today's meeting</li> <li>Betty Marin from Alliance for Traditional Arts presented "La Cultura Cura"</li> <li>La Cultura Cura will be documenting information and working with organizations and to identify traditional ways that are a good way of healing</li> <li>The project will also like able to connect with the mental health resources and to be able to give resources to those who are looking for more support but at the same time who need a space where it wasn't so much like having solved all your problems,</li> <li>The project will also focus on identifying some of the cultural practices that you use daily for self-care</li> <li>Bianca suggested groups/workshops to be offered after school or afternoon to target parents</li> <li>Dr. Ana Nogales suggested schools are a good place. She stated that the project can be done at parent meetings, through administration, through the schools, in the churches where people meet where they already feel they have trust, and they are going to get good information</li> <li>Bianca suggested to include a virtual component (maybe YouTube) since the pandemic is still impacting the entire Los Angeles County</li> <li>Dr. Guzman will continue to be available to guide and help members with their ideas.</li> </ul>
Latino UsCC Co-Chair elections	<ul> <li>Two voting/eligible Latino UsCC members were nominated for Co-chairs: Gabriela Gonzalez and Daniela Hernandez</li> <li>Each nominee shared their involvement with the Latino UsCC and the Latino community in Los Angeles County</li> <li>Elections will occur during the week for voting members to pick one or both nominees through an online survey that will be sent out by Dr. Luis Guzman.</li> </ul>

	<ul> <li>unhouse population in the Hollywood area</li> <li>Pinki asked for community members living in that area to provide feedback and/or suggestions on the program to see if it is working and what can be done better with the goal of implementing it throughout the county.</li> <li>Prevail is a new resource that provides a network of support for L.A. County available 24/7 for free. For people who would like to get online for mental health support 24/7 with on demand coaching lessons and more for parents. Anyone in the county can access the web page the Department of Mental Health web page.</li> <li>There will be a letter of invite sent to Dr. Sherin, to attend September Latino subcommittee meeting along with Director Norma Garcia from Los Angeles County parks.</li> </ul>
Next Meeting	August 17, 2021, from 2:00 pm – 4:00pm Virtual Venue: Microsoft TEAMS