



## Family Preservation (FP) Coordinators

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## LACDMH Values

**Integrity.** We conduct ourselves professionally according to the highest ethical standards.

**Respect.** We recognize the uniqueness of every individual and treat all people in a way that affirms their personal worth and dignity.

**Accountability.** We take responsibility for our choices and their outcomes.

**Collaboration.** We work together toward common goals by partnering with the whole community, sharing knowledge, building strong consensus and sharing decision-making.

**Dedication.** We will do whatever it takes to improve the lives of our clients and communities.

**Transparency.** We openly convey our ideas, decisions and outcomes to ensure trust in our organization.

**Quality and Excellence.** We identify the highest personal, organizational, professional and clinical standards and commit ourselves to achieving those standards by continually improving every aspect of our performance.

**If you are in crisis and need help right away, call our 24/7 toll-free Help Line:**

**800.854.7771**

[dmh.lacounty.gov](http://dmh.lacounty.gov)



► **Family Preservation  
Mental Health Services**



LOS ANGELES COUNTY  
**DEPARTMENT OF  
MENTAL HEALTH**  
hope. recovery. wellbeing.



## About

Family Preservation (FP) is a collaborative effort between the Los Angeles County Department of Mental Health (LACDMH), Children and Family Services (DCFS), Probation and community based agencies (Lead Agencies). Overall, Family Preservation is funded by and under the authority of DCFS.

FP exists to strengthen and preserve families that are at either risk or already experiencing problems in the family functioning. The goal is to assure the emotional, social, educational, cultural, and spiritual development of children in a safe and caring environment.

## Program Goals

- Assure that children are safe and secure in their homes.
- Empower families to resolve their own problems, effectively utilize community services, and advocate for their children with schools and other agencies.
- Develop and enhance the functioning of families by building on identified family strengths and implementing the principles of the Integrated Core Practice Model (ICPM).
- Assess the family's needs in order to ensure that family strengths and problems are identified as early as possible, including screening for mental health needs.
- Reduce system recidivism and out-of-home placement.
- Continually work with the family towards their long-term goals, in order to break unhealthy multi-generational patterns.

## Family Preservation Team Members

- Family
- DCFS Children's Social Worker (CSW)
- Lead agency In-Home Outreach Counselor (IHOC)
- DMH Mental Health Therapist
- Probation

Services provided by the family preservation agency are consistent with the ICPM. They may include:

- **In home outreach counseling** – takes place in the home to help you increase self-awareness, improve family relationship, etc.
- **Teacher and Demonstrator (T&D)** – homemaking instructions can help you successfully manage and maintain your home and meet the needs of your child.
- **Parent training** – provides instruction and practice in parenting skills.
- **Child focused activities** – provides different activities and outings to youth.
- **Supplemental adult role model** – provides a positive adult role model to the children.
- **Auxiliary funds** – provides a one-time additional funding for resources needed to keep the family together. This resource must be approved by the DCFS regional office administrator.



## Family Preservation Mental Health Services

The goal of the Mental Health component in Family Preservation is to support the objectives of FP by offering a range of outpatient mental health services to children and their parents/caregivers. The treatment goal is to alleviate mental health symptoms and improve family, school & community functioning. Services are child & family centered and can be provided in an office, home or school.

## Qualifications

- Enrolled in an active Family Preservation case with DCFS.
- Assignment to a FP lead agency through DCFS.
- Child or adult exhibits symptoms of possible mental health problems.
- Child or adult exhibits impairment in functioning within family/home, school, work or community environments.
- Children can have Medi-Cal insurance or be uninsured.
- Uninsured adults.

## Referrals

Referrals for Mental Health Services are generated by Lead Agency IHOCs and are submitted directly to FP mental health providers.

### What do I bring to my mental health evaluation appointment?

- Medi-Cal card
- Social Security card when applicable
- Caregiver ID
- Guardianship documents
- Proof of address (bill)
- Court Order when applicable
- Proof of income
- Assessments from school

## Services Provided

- Individual, family and/or group therapy
- Intensive Care Coordination (ICC)
- In-Home Based Services (IHBS)
- Medication support
- Case management support