

iNDIEFLIX

Angst

RAISING
Awareness
AROUND
Anxiety



▶▶ SA 5 ALL FAITH VIRTUAL GATHERING “Angst” Film Screening with Q&A

Thursday, February 10, 2022

9:30 – 11:00 AM

We are excited for this month’s special screening of the documentary, [“Angst: Raising Awareness around Anxiety,”](#) followed by an informative panel discussion, led by Brian Navarro, SA 5 Health Neighborhood and Faith-based Liaison. We will discuss how we could make this film available for you and your community for the next month to start a dialogue around anxiety, how to better cope with and manage some of the stress we are experiencing.

Join us on [Microsoft Teams Meeting](#) or call [323.776.6996](#)
Conference ID: 778 773 651#

For more information, please contact us at [310.482.6600](#).



LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH
hope. recovery. wellbeing.