LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH
Strategic Communications Division
American Indian / Alaska Native (AI/AN) UsCC Subcommittee Meeting Minutes
October 6, 2021
2:00PM – 4:00PM via Teleconference and Microsoft TEAMS

Present:	**Sylvia Gonzales-Youngblood, Hector Ramirez, Shannon Rivers, Robyn Gomez, Gabriel Pimentel, April Skinas, Monique Smith, Wildflower Robles-Ontiveros, Monique Castro, Dria Yellowhair, Charlotte Lujan, Melanie Cain, Yue Hua Xu (Vicky) , Stacy Dalgleish**
Presenters:	**Payal Sawhney, Anchu Biswas, Keya Gupta, Ria Parikh, Malavika Eby**
DMH Admin:	**Kelly Wilkerson, Connie Acosta Castaneda, Pinki Mehta**

Agenda Items	Comments/Discussion/Recommendations/Conclusions
Welcome, Prayer & Introductions	Monique Smith lead the meeting with prayer. Members were asked to introduce themselves.
September 2021 Meeting Minutes	September 2021 minutes were reviewed and approved by Gabriel Pimentel and seconded by Hector Ramirez.
DMH Updates & Other Announcements	• Request to share with community members regarding the subcommittee in an attempt to increase engagement and involvement. • Recommendation to share with community members regarding Community Activity Fund (CAF) in order to increase participation and to provide training on how to access this resource.
Community Announcements & Resources	• Southern California Indian Center (SCIC) has computers and mattresses to donate to community members (contact Gabriel Pimentel at gpimentel@indiancenter.org). • SSSP is starting a series of disabilities trainings (contact Wildflower Robles-Ontiveros at wildflower@sssisterproject.org).
Co-Chair Report Out	• Co-Chairs recently attended the Asian Pacific Islander (API) UsCC and presented the fact sheet and engaged in a discussion.

	- Sylvia has participated in some ad hoc groups pertaining to the Access Call Center and making that more accessible and easier to navigate. - Sylvia also attended the training put on by CalMHSA related to the community planning process and there was a discussion regarding cultural competency versus cultural congruency. - Mental Health Matters Day conference took place via a platform called "Hop In" and Sylvia would like to recommend this platform as an option for future virtual conferences for the UsCCs. - Discussion regarding future agenda items where community members can share regarding their tribes/culture/ community as a way for subcommittee members to get to know one another. - Recommendation to explore whether or not local tribes and tribal centers could satellite in to subcommittee meetings to engage. - Discussion regarding the impact of social media on mental health and wellbeing for Native community members. Future agenda item to discuss in more detail and invite experts on this topic.
SAAHAS For Cause – Presentation	- Two youth from SAAHAS For Cause presented regarding a collaborative project with Taarika Foundation that they are working on where high school aged youth take the lead on creating video content around mental health. - The goals of this project are to raise awareness around mental health, breakdown the discomfort and stigma around mental health struggles for these communities, and empower local youth with tools they need to improve their social-emotional health.
Closing Prayer	Shannon Rivers ended the meeting with Prayer.
Audio Recording	**All meeting audio recordings are available on the DMH website:** https://dmh.lacounty.gov/about/mhsa/uscc/american-indian-alaska-native-ai-an-uscc/american-indian-alaska-native-ai-an-uscc-meeting-minutes/
Next Meetings:	**Next Meetings (first Wednesday of the month, all meetings 2-4pm):** - 1/5/22, 2/2/22, 3/2/22, 4/6/22, 5/4/22, 6/1/22 Join Microsoft Teams Meeting; 323-776-6996, Conference ID: 806 867 419# CART is provided for all meetings: www.streamtext.net/player?event=UsCC-AIAN