

LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH
Strategic Communications Division
American Indian / Alaska Native (AI/AN) UsCC Subcommittee Meeting Minutes
September 1, 2021
2:00PM – 4:00PM via Teleconference and Microsoft TEAMS

Present: Adrianna Carrillo, April Skinas, Elidia Olmos, Farrah Ferris, Gabriel Pimentel, Hector Ramirez, Nikki Crow, Robyn Gomez, Shannon Rivers, Sylvia Gonzalez-Youngblood, Wildflower Robles-Ontiveros and Yue Hua Xu (Vicky)

DMH Admin: Kelly Wilkerson, Connie Acosta Castaneda, Dr. Jorge Partida, Pinki Mehta

Agenda Items	Comments/Discussion/Recommendations/Conclusions
Welcome, Prayer & Introductions	Nikki Crow lead the meeting with prayer. Members were asked to introduce themselves.
August 4, 2021 Meeting Minutes – Review	August 2021 minutes were reviewed and approved by Hector Ramirez and seconded by Shannon Rivers.
Capacity Building Projects – Update Kelly Wilkerson	<ul style="list-style-type: none"> • Kelly Wilkerson reported to the group that she is working on developing a SOW (Statements of Work) for each of the projects. <ol style="list-style-type: none"> 1. Mending the Hoop: Gathering of Nations/Congress 2. Social Media Campaign/Podcast/Radio Interviews 3. Youth Academy 4. Language Forum/Tribal Gathering • Kelly will keep the subcommittee informed on next steps.
Co-Chair Report Out – Sylvia Gonzalez Youngblood	<ul style="list-style-type: none"> • Sylvia Gonzalez-Youngblood reported that she and Shannon Rivers had to rescheduled their visit the Latino and API UsCC subcommittees. • They rescheduled for September. • Sylvia suggested having SAAHAS Courage of Change do a presentation for the AI/AN subcommittee. • Sylvia informed the group that their Data Collection for Native Americans and Indigenous people ties in with the work that Dr. Cain presented to the subcommittee last month. • Sylvia shared that the Department of Education is doing a project with NAMI. • Sylvia believes it would be a great idea if the Department of Mental Health collaborated with the Department of Education to help bring in the missing cultural piece. • This collaboration will better help reach the Native American people to receive resources, education, and acquiring knowledge.

<p>Gallup Wellbeing Survey – Outcomes Division Pinki Mehta</p>	<ul style="list-style-type: none"> • Pinki Mehta shared that May 2021 the Outcomes Division partnered with Gallup to collect adult well-being data with survey questions. • Pinki informed the group of the miscommunication regarding the survey since it comes from Gallup, and people might not respond. • Pinki would like to share and inform people that it's okay to take the survey. It's not coming from Gallup. It is on behalf of the Department of Mental Health. • Pinki shared that the survey was sent out to 12,000 people and only received 500 responses. • Pinki informed the group that this would be the Department of Mental Health's first Outcomes measure for adults across the department's programs. • Hector Ramirez advised that the flyer be put on the Department of Mental Health's website to be more accessible.
<p>Mental Health Promoters – Update Dr. Jorge Partida</p>	<ul style="list-style-type: none"> • Dr. Jorge Partida gave an update on the Mental Health Promoters program. • Dr. Partida stated that the program's overall structure is that the Promotores de Salud program has existed as a pilot program for the last ten years. • The Board of Supervisors extended the program from serving the Latino communities to a Countywide program. • The Board of Supervisors directed the Department of Mental Health to expand the version of the program to other underserved cultural communities of priority; <ul style="list-style-type: none"> 1. African American Heritage community 2. American Indian Alaska Native community 3. API community. • Adriana Carrillo stated that the Health Promoters program developed three related topics that one of the USCL groups helped develop. • Adriana stated that the Center of Excellence gave the curriculum to the Health Promoters, and they could adapt it to the AI/AN, with Alaska-named components. • Adrianna suggested that the subcommittee revisit the PowerPoints that the Health Promoters developed from the workshops. • Adrianna stated that the Board of Supervisors granted DMH 300 positions under the category of Mental Health advocates. • The position of Mental Health advocate is 30 hours a week. • Under the F item, there are 300 positions for the Mental Health Advocate position, and the department filled only 95 out of the 300 jobs. • Dr. Partida shared that the RD division is operational and approved. • The RD staff advisory council is looking at issues of work environment, increased equality, increased transparency, addressing systematic racism and oppression within the department.
<p>DMH Updates & Other Announcements</p>	<ul style="list-style-type: none"> • Pinki Mehta stated that September is Suicide Prevention Month, and the department engages heavily in some suicide prevention activities throughout the month. • There will be a pre-conference event and a week-long summit around education and other resources, followed by a post-conference training that is open to anyone that would like to attend.
<p>Community Announcements & Resources</p>	<ul style="list-style-type: none"> • Nikki Crow announced that UAI would be having their Indian Day on Saturday, September 11, 2021, at the Whittier Narrows park from 11:00 am to 2:00 pm. • If you cannot attend UAI's Indian Day event, it will be streaming on Facebook Live.

Subcommittee	<ul style="list-style-type: none"> • Wildflower Robles-Ontiveros shared that SSSP will be kicking off in October four days of training offered to the community called Indigenous-Centered training for people with disabilities. • Wildflower states that these workshops provide parents, caregivers, and Family members with tools to advocate for their children with different disabilities in a way that reflects Indigenous core values. • Robyn Gomez shared Pukuu Cultural Community Services is partnering with Indigenous Circle of Wellness will be having their Wellness COVID-19 Circle tonight, September 1, 2021. • Indigenous Circle of Wellness will be starting another Wellness Circle that happens in the community and is available for people to share. • Pukuu will have a Food Pantry starting September 9, 2021, and every Thursday after that from 12:00 pm to 5:00 pm. in San Fernando Valley. • Robyn also shared a Youth Empowerment program, teaching the Youth to take care of themselves Physically, Mentally, Emotionally, and Spiritually and connect with the community. • Kelly Wilkerson will share all flyers posted on the chat via email.
Closing Prayer	Farrah Ferris ended the meeting with Prayer.
Audio Recording	<p>All meeting audio recordings are available on the DMH website: https://dmh.lacounty.gov/about/mhsa/uscc/american-indian-alaska-native-ai-an-uscc/american-indian-alaska-native-ai-an-uscc-meeting-minutes/</p>
Next Meetings:	<p><u>Next Meetings (first Wednesday of the month, all meetings 2-4pm):</u></p> <ul style="list-style-type: none"> • <u>November 3, 2021</u> <p>New login information for 2021: Join Microsoft Teams Meeting; 323-776-6996, Conference ID: 806 867 419# CART is provided for all meetings: www.streamtext.net/player?event=UsCC-AIAN</p>