



Suicide Prevention Resources

CLUE (Clergy&Laity United for Economic Justice) Spiritual Care Hotline	(213) 477-7468 -- Available: Mon-Fri, 12pm to 8pm
Crisis Text Line (24/7):	Text LA to 741741
Disaster Distress Helpline	(800) 985-5990 Available 24/7, 365-day-a-year
DMH VPAN Warmline:	(800) 854-7771 - press *3
LALGBT Center	(888) 843-4564
LAUSD Student and Family Wellness Hotline	(213) 241-3840 Mon-Fri, 8am-5pm
Life Assistance Program	(800) 538-3543
National Suicide Prevention Lifeline:	(800) 273-TALK (8255) Veterans: Press 1 or TEXT 838255; Para Español: oprima el numero 2
SAGE LGBT Elder Hotline	(877) 360-LGBT (5428)
Teen Line	Text TEEN to 839863 (calls from 6-10pm; chats, email, texts from 6-9pm PST) / (800) TLC-TEEN
The National Queer & Trans Therapists of Color Network	www.nqttcn.com
Trans Lifeline	(877) 565-8860 / Available 7am-1am
Trevor Project (24/7):	(866) 488-7386

For Military, Veterans, and Their Families

Coaching into Care	(888) 823-7458
Combat Call Center	(800) 9278387
In Transition	(800) 424-7877
Military and Veterans Crisis Line	(800) 273-8255, press 1 / Text 838255, 24/7
Office of Warrior Care Policy	Warriorcare.dodlive.mil/
Rocky Mountain MIRECC for Suicide Prevention	mirecc.va.gov/visn19/consult or SRMconsult@va.gov
The Marine Corps DSTRESS Line (24/7)	(877) 476-7734
Tragedy Assistance Program for Survivors (TAPS)	(800) 959-8277
Veteran Affairs (VA) - Greater Los Angeles	(800) 273-8255 (Press 1) or text 838255
Vets 4 Warriors	(855) 838-8255

For Law Enforcement and First Responders

COPLINE (Law Enforcement)	(800) 267-5463
Fire/EMS Helpline	(888) 731-3473
Safe Call Now	(206) 459-3020

Postvention Resources: After a death by suicide

American Foundation for Suicide Prevention – Healing Conversations	HCCLosAngeles@afsp.org
Didi Hirsch – Survivor of Suicide Attempts (SOSA)	spccounseling@didihirsch.org or call (424) 362-2911
Didi Hirsch – Survivors of Suicide Loss	Rick Mogil: rmogil@didihirsch.org or call (424) 362-2912
New Hope & Grief Support Groups	Support@newhopegrief.org or call (562) 429-0075 ext. 2
Suicide Prevention Counseling Center	Teen suicide bereavement groups: (424) 362-2911

Other Hotlines

Domestic Violence	(800) 799-7233
Elder Abuse Hotline	(800) 992-1660
HIV/Aids Hotline	(800) 367-2437
Info Line	211
LA County Dept. of Children and Family Services (DCFS)	(800) 540-4000
LA County Public Health – Substance Abuse Service Hotline (SASH)	(844) 804-7500; Open 24/7
National Alliance on Mental Illness (NAMI) Helpline	(800) 950-6264
SAMHSA 24/7	(800) 662-4357

County Mental Health Access Hotlines

Los Angeles County	(800) 854-7771
Orange County	(855) 625-4657
Riverside County	(800) 706-7500
San Bernardino County	(888) 743-1478
San Diego County	(888) 724-7240
Ventura County	(866) 998-2243