



# ▶▶ Supporting Students and School Communities

School Based Community Access Platform (SBCAP)



LOS ANGELES COUNTY  
**DEPARTMENT OF  
MENTAL HEALTH**  
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# ►► Los Angeles County Department of Mental Health

- **81** school districts
- **2,248** individual school sites
- **1.4 million +** students served
- **71** legal entities



## ►► DMH Prevention Efforts

Community Access Platforms: where individuals gather, is where we strive to identify and mitigate social determinants of health that impact mental wellbeing

**Prevention efforts are conducted through:**

- Education and awareness
- Early identification and engagement
- Navigation and follow-up



# ▶▶ School Based Services



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# ►► School Based Services Plan

## **School Based Community Access Platform (SBCAP)**

- Expands access to prevention services
- Supports students/families towards individual and community wellbeing

**SBCAP provides support to the school community through collaborations that:**

- Raise awareness
- Promote resilience
- Build organizational and community capacity
- Build the capacity to recognize and respond to trauma
- Build bridges to mental health care



## ►► DMH SBCAP Regional Team

The DMH SBCAP Regional Team consisting of 25 members, support and functions as a bridge between innovative initiatives, the 81 school districts in Los Angeles county, and the 71 legal entities and school mental health providers.

- Annual School Community Symposium
- Trainings and workshops for school staff
- Trainings and workshops for school mental health providers
- Resources and workshops available on Wellbeing4LA
- Service area coordination meetings
- School based provider meetings
- Technical assistance to school districts
- LACOE round tables
- Officer of the Day Process



## ►► Paths to Mental Health Services

- Community based MH clinics
- School-based MH services
- Officer of the Day (OD) Process
- Service area navigation teams
- DCFS Specialized Foster Care
- Access Center, Psychiatric Mobil Response Team (PMRT)
- School Threat Assessment Response Team (START)



## ►► DMH SBCAP Regional Team Collaborations

### **Collaborations include:**

- Community Schools Initiative (CSI) with LACOE
- Trauma and Resilience-informed Early Enrichment (TRiEE) with LAUSD
- Wellbeing Centers with DPH
- DMH+UCLA Public Partnership for Wellbeing (PPfW)
- LA Trust and LAUSD – Community Ambassador Network (CAN)- Youth



## ►► Direct Services and Training Efforts

### **LACOE Community Schools**

The Community Schools aim at disrupting poverty and addressing longstanding inequities by highlighting areas of need and leveraging community resources.

- 15 Community School sites across 15 school districts
- LACOE Community School activities resulted in:
  - **4,042** referrals received
  - **3,064** linkages to resources
  - **167** new partnerships with community agencies
  - Over **287** outreach and awareness activities

# ►► Direct Services and Training Efforts

## LAUSD TRiEE

LAUSD + UCLA community school initiative focuses on creating a trauma informed classroom and school setting for preschool aged students, increasing trauma informed practices at early education centers and the subsequent elementary schools.

### Goals to increase:

- trauma informed practices knowledge
- the capacity of EEC teachers and aides
- the number of MOUs and community partnerships
- social connectedness
- parent/caregiver engagement and participation

### Efforts resulted in:

- **539** Mental Health consultations reaching **901** parents and staff
- **98** staff wellness activities were conducted for **739** staff members
- **47** parent workshops reaching over **437** parents



## ►► Direct Services and Training Efforts

### **DMH, DPH and PPLA Wellbeing Centers (WBC)**

The WBC partnership provides youth with health, mental health and substance use services by educating youth on protective practices and promotes wellbeing.

- Regional Team presented live virtual workshops
- Recorded workshops available on Wellbeing4LA (English/Spanish)
- Planned Parenthood Los Angeles: Call Center
- Planned Parenthood Los Angeles: social media posts

## ►► Direct Services and Training Efforts

### **UCLA Public Partnership for Wellbeing (PPfW)**

A high impact partnership designed to strengthen communities and improve the wellbeing of Los Angeles County residents by providing a holistic foundation for addressing inequities and advancing wellbeing.

- Wellbeing4LA.org
- **Trained over 1,000 educators**
- Four-part virtual **workshop for school educators**
- **School Wellbeing Toolkit**

## ►► Direct Service and Training Efforts

### **Community Ambassador Network (CAN-Youth)**

The CAN-Youth program aims to support the student body and school community by bringing mental health promotion and awareness on school campuses and empowering leadership roles among students.

- CAN-Youth collaboration DMH, LAUSD, LACOE
  - Initial phase FY 2021-2022 : 5 high school sites
  - FY 2021-2022: Summer Youth Academy





# Questions?

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