PEER ADVOCACY, PEER SUPPORT, AND PARAPROFESSIONAL MENTAL HEALTH WORKER TRAININGS IN LOS ANGELES COUNTY

Agency & Training	Course Description & Website	Contact Information
Cerritos College Mental Health Worker Training	 6 classes (18 units) are needed to receive the Mental Health Worker Certificate. Additional coursework (60 units) may be completed to obtain an Associate of Arts degree Program includes an internship (unpaid) Approximately 30 students per class Graduates are trained to enter the workforce as a paraprofessional in community-based mental health settings Website: https://www.cerritos.edu/mental-health-worker/ 	Christian Maldonado Phone numbers: (213) 545-6246 (562) 860-2451 ext. 2763 Email: cmaldonado@cerritos.edu
Mental Health America of Los Angeles & California State University Dominguez Hills Jump Start Fellowship Program	 12-week, full-time (40 hours per week) training program Combination of classroom training and unpaid field-based experience for participants in the program Approximately 30 students per class Applicants are required to have at least 24 college units (any courses) and demonstrate proficiency in writing and speaking English Graduates receive a Mental Health Rehabilitation Specialist certificate of completion and are trained to work in entry-level positions in mental health settings Website: www.mhajumpstart.org 	Kristina Esquivel (562) 285-1330 Email: jumpstart@mhala.org

Updated 10/7/21 Page 1 of 5

Agency & Training	Course Description & Website	Contact Information
Disability Community Resource Center (DCRC) formerly Westside Center for Independent Living (WCIL) Peer Support & Employment Project	 Class training is 8 weeks, 3 days a week Mondays, Wednesdays and Thursdays for 5 hours a day totaling 120 hours of class time Followed by an 8-week unpaid Internship totaling 96 hours Upon successful completion graduate obtains Certificate Approximate 8-12 students per class Graduates receive a Mental Health Advocate Leadership certificate of completion and are trained to enter the workforce as a Mental Health Advocate in mental health services settings Website: https://www.dcrc.co/ 	John Albarran Phone: (310) 390-3611 Email: john@dcrc.co
Pacific Clinics Peer Advocacy Certification Program	 5 day, intensive, full-time (40 hours in classroom) training course No internship Must be at least 18 years of age Approximately 40 students per class Must possess a GED or High School Diploma Must be currently employed with a public or private mental health provider (exceptions may apply) and self-disclose as an individual who is or has been a recipient of behavioral health services with an experience of recovery to share Graduates receive a Peer Certification certificate of completion and are trained to enter the workforce as a peer provider in public mental health or managed care systems in both community-based and acute/hospital settings Website: www.mypcti.org 	Elva Pacheco Phone: (626) 793-5141 Email: epacheco@pacificclinics.org

Updated 10/7/21 Page 2 of 5

Agency & Training	Course Description & Website	Contact Information
Pacific Clinics Health Navigation Certification Training	 5 day, intensive, full-time (40 hours in classroom and 9 hours of coaching sessions) No internship Approximately 40 students per class Health Navigators are trained to teach and empower mental health consumers to effectively navigate and utilize the physical health care system Graduates receive a Health Navigation Certification certificate of completion and are trained to enter the workforce as a Health Navigator in public mental health or managed care settings Website: www.healthnavigation.org 	Elva Pacheco Phone: (626) 793-5141 ext.1310 Email: epacheco@pacificclinics.org
Pacific Clinics Family Health Navigator Certification Training	 5 day, intensive, full-time (35 hours in classroom and 6 hours of coaching sessions) No internship Approximately 40 students per class Family Health Navigators are trained to teach and empower parents and caregivers to effectively navigate and utilize the physical health care system Participant must have clearance to work with consumers from the nominating agency. May be a peer/paraprofessional level position such as Family Advocate, Peer Partner/ Advocate, Case Manager, Community Worker, Recovery Coach, Community Care Coordinator, Wellness Outreach Worker, Peer Volunteer, or similar position Graduates receive a certificate of completion Website: www.healthnavigation.org 	Phone: 1(877) 969-7284 Email: mypcti@pacificclinics.org

Updated 10/7/21 Page **3** of **5**

Agency & Training	Course Description	Contact Information
San Fernando Valley Community Mental Health Center Peer Counselor Training Program	 10 week, meeting 4 times per week Monday-Thursday (96 classroom hours) Phase I / 120 hours of internship + 20 hours facilitator training Phase II / Stipend (paid internship (upon met requirements) Prepares the mental health consumer to use his or her life experience with mental illness, combined with all strengths and skills, in a manner that promotes the mental health recovery of other consumers who are in need of peer-based services Graduate receives certificate of completion Call or email for more information	Pearl Pacheco Phone: (818) 989-7475 ext. 7024 Email: ppacheco@sfvcmhc.org
Pacific Clinics Peer Housing Specialist Training	 5 day, intensive, full-time (40 hours in classroom and 12 hours of coaching sessions) No internship Approximately 30 students per class The training is designed to train individuals to outreach and engage consumers who are homeless, and provide supportive services to assist them to attain/maintain permanent housing The training program is intended to provide the knowledge and competencies needed to deliver peer housing services Graduate receives certificate of completion Website: www.mypcti.org 	Elva Pacheco Phone: (626) 793-5141 ext. 1310 Email: epacheco@pacificclinics.org

Updated 10/7/21 Page **4** of **5**

Agency & Training	Course Description	Contact Information
Loyola Marymount University (LMU) Extension Vet2Peer Program	 Program trains and prepares people with lived mental health challenges to support transitional age youth and parents of children, adolescents and transitional age youth who have also lived with mental health challenges. Students can be any age, but must commit to work with youth. Approximately 10-40 students per class A grant will cover the tuition for 128 students to complete the program Graduate receives certificate of completion by LMU, and access to their school transcript Website: https://academics.lmu.edu/extension/programs/vet2peer/ 	Elizabeth Tobias Phone: (310) 338-5813 Email: Elizabeth.Tobias@Imu.edu
Project Return Peer Support Network (PRPSN) – Peer Professional Training & Placement Program	 Attend 60 hours of training Complete 64-128 internship hours (unless currently working or volunteering in the field) Ability to participate on camera via Zoom Application: http://prpsn.org/news-events/ 	Jason Garcia Training Coordinator igarcia@prpsn.org Mobile: (562) 310-1208 Office: (323) 346-0960 ext. 223

Updated 10/7/21 Page **5** of **5**