

# Service Area (SA) 2 San Fernando Valley

SA 2 serves the cities of Agoura Hills, Agua Dulce, Arleta, Bouquet Canyon, Burbank, Calabasas, Canoga Park, Canyon Country Unincorporated, Castaic-Cal Verde, Chatsworth, Encino, Glendale, Granada Hills, Kagel/Lopez Canyons, LA Cañada-Flintridge, La Crescenta-Montrose, Lake Balboa, Lake Manor, Lakeview Terrace, Mission Hills, North Hills, North Hollywood, Northridge, Pacoima, Panorama City, Porter Ranch, Reseda Ranch, Reseda, San Fernando, Santa Clarita, Santa Monica Mountains, Saugus Unincorporated, Shadow Hills, Sherman Oaks, Stevenson Ranch, Studio City, Sun Valley, Sunland, Sunrise Village, Sylmar, Tarzana, Toluca Lake, Toluca Woods, Topanga Canyon, Triunfo Canyon, Tujunga, Twin Lakes/Oat Mountain, Val Verde, Valencia Unincorporated, Valley Glen, Valley Village, Van Nuys, West Hills, Westlake Village, Winnetka, Woodland Hills.

# **LACDMH Values**

**Integrity.** We conduct ourselves professionally according to the highest ethical standards.

**Respect.** We recognize the uniqueness of every individual and treat all people in a way that affirms their personal worth and dignity.

Accountability. We take responsibility for our choices and their outcomes.

**Collaboration.** We work together toward common goals by partnering with the whole community, sharing knowledge, building strong consensus and sharing decision-making.

**Dedication.** We will do whatever it takes to improve the lives of our clients and communities.

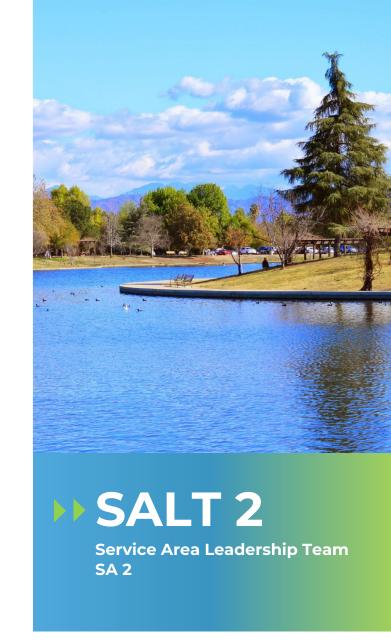
**Transparency.** We openly convey our ideas, decisions and outcomes to ensure trust in our organization.

Quality and Excellence. We identify the highest personal, organizational, professional and clinical standards and commit ourselves to achieving those standards by continually improving every aspect of our performance.

If you are in crisis and need help right away, call our 24/7 toll-free Help Line:

800.854.7771 562.651.2549 TDD/TTY

dmh.lacounty.gov







# **Message from the Director**

Optimizing Hope, Recovery and Wellbeing

The Los Angeles County Department of Mental Health (LACDMH) mission is to optimize the hope, wellbeing and life trajectory of Los Angeles County's most vulnerable through access to care and resources that promote not only independence and personal recovery but also connectedness and community reintegration.

-Jonathan E. Sherin, M.D., Ph.D. Director, Los Angeles County Department of Mental Health

For full message, please visit: <a href="https://dmh.lacounty.gov/director-message">https://dmh.lacounty.gov/director-message</a>

### **YourDMH Initiative**

Your voice matters to LACDMH! LACDMH takes a collaborative and inclusive approach to understanding community priorities and improving services. Our community-driven partnership – known as YourDMH – connects various stakeholder groups and provides ongoing opportunities for input. Together, we are working towards a shared goal of hope, recovery and wellbeing across the County.

# Why is Community Engagement So Important?

Your input makes LACDMH better. The YourDMH partnership, which ensures that community voices are heard, is part of the department's ongoing reform effort to strengthen all aspects of our work – including services as well as policies, program designs, information technology supports, quality monitoring activities and more.

## **How You Can Help?**

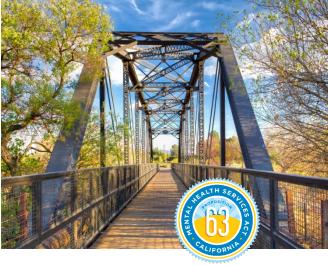
SALT members reflect the rich diversity of the community. They are from all age groups, ethnic backgrounds, neighborhoods and communities. Members of SALT may be individuals diagnosed with a mental illness or dealing with both mental illness and substance abuse. Whether you are a consumer, family member, community representative or representative of a local government agency; everyone is encouraged to join.

# Become an Advocate for Mental Health in Your Community

- Provide feedback to LACDMH on the quality of its programs and services
- Participate in LACDMH planning efforts
- Educate the community on mental health issues
  Erase the stigma associated with mental health
  Provide feedback and help determine the
  community's mental health needs
- Share your unique perspective on mental health issues
- Attend monthly meetings and learn about mental health issues
- Meet other stakeholders of mental health advocating in your community
- Work to address special needs that encourage the development of meaningful, responsive services
- Advocate with other interested community members and representatives of local governments

#### Who Can Join?

Consumers, family members of consumers, community organizations, mental health service providers, interested community members and representatives of local governments.



### What is SALT?

Service Area Leadership Team 2 (SALT 2) functions as a local forum of consumers, families, service providers and community representatives to provide LACDMH with information, advice and recommendations regarding:

- The functioning of local service systems
- The mental health service needs of their geographic area
- The most effective/efficient use of available resources
- The maintenance of two-way communication between the LACDMH and various groups and geographic communities

## **SALT Meetings are Open to the Public**

Meetings are held on the second Thursday of each month from: 9:30 – 11:30 am virtually. Please visit <a href="https://dmh.lacounty.gov/events">https://dmh.lacounty.gov/events</a> to access Microsoft Teams Link.

### **Close Captioning**

https://www.streamtext.net/player?event=SALT-2

#### **For More Information**

Call: 818.610.6123

Email: SALT2@dmh.lacounty.gov

Visit: https://dmh.lacounty.gov/about/salt