## LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH ADMINISTRATIVE OPERATIONS Latino USCC SUBCOMMITTEE MINUTES

February 16, 2021 2:00PM – 4:00PM

Attendees: Alma Briseño, Belia Lopez, Benny Munjilla, Bertha Berumen, Betty Marin, Betty Mendoza, Bianca Gallegos, Carmen Perez, Cecilia Garces, Claudia Gonzalez, Claudia Razo, Daniela Hernandez, Deborah Villanueva, Elsy Molina, Emily Serna, Eugenia Cervantes, Paco Retana, Felipe Ocampo Jr., Gabriela Velasquez, Jose Hector Ramirez, Irma Velasquez, Isabel Padilla, Isabel Vergara, Jaime Gomez, Maria Arauco, Maria Zuniga, Maritza Lebron, Martha Cota, Martin Almanza, Norma Ruiz, Oscar Alvarez, Patricia Veliz-Macal, Rick Pulido, Suyapa Umanzor and Isabel Ramirez

DMH Staff: Dr. Luis Guzman, Dr. Sandra Chang, Adriana Carillo, and Connie Castaneda

| Interpreter:  | Alex & Lucy Ferraez Rivero  |
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| Agenda Items  | Comments/Discussion/Recommendations/Conclusions   |
| Welcome &<br>Introductions –<br>Subcommittee<br>Members | A. Housekeeping & Attendance<br>Each attendee (On Microsoft TEAMS and on phone) introduced themselves.  |
| Review of Meeting<br>Minutes                            | January 19, 2021 meeting minutes have been reviewed and approved by <b>Irma Velasquez</b> and second by <b>Betty Marin.</b>   |
| Immigration/Mixed-<br>Status ad-hoc group<br>report.    | Betty Marin provided an update on the subcommittee for Immigration and Mixed-Status. The subcommittee has been meeting since April of 2020. There are about 8 in the group.   |
|   | • The group looked at the needs of families that are undocumented and of Mixed-Status. The group is made up of community advocates and attorneys.   |
|   | • They do a recommendation list when it comes to the needs for people who are undocumented and families that are mixed status.  |
|   | • There are funds from Los Angeles County called MHSA (Mental Health Service Act). This law (MHSA) has funds that come from the State to the County and County gives the funds to community clinics.                        |
|   | Daniela Hernandez explained that one of the things that is lacking in the County is mental health support for the people who are facing deportation process. It is very important that they receive mental health services. |

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|                | <ul> <li>Daniela Hernandez shared with the group some of the barriers getting in the way of the community participation regarding the MHSA plan.</li> <li>This group would like to establish that the County has to do more. The County has to act and show that they are supporting the most vulnerable communities and that we are here to serve.</li> </ul> |
|                | • The document not only is extensive it is also very hard to read and has a lot of technical terms. Daniela asked how can the County make it not so technical so it can be legible for everyone?   |
|                | <ul> <li>In addition, the document should be done in Spanish and all other indigenous languages.</li> </ul>  |
| DMH            | A. Mental Health Promoters:  |
| Announcements: |  |
|                | <ul> <li>Adrianna Carrillo thanked the Latino UsCC for their help in promoting in the Latino community the open<br/>positions for the Promoters program.</li> </ul>  |
|                | <ul> <li>Adrianna Carrillo shared with the subcommittee that they are still hiring for the Promoters positions for the<br/>Latino group and the other UsCC subcommittee's.</li> </ul>  |
|                | <ul> <li>Hector Ramirez encouraged the subcommittee to reach out to the Co-Chairs if they or someone they know is having trouble with their application. They are here to help.</li> </ul>   |
|                | B. Cultural Competency Newsletter:   |
|                | <ul> <li>Dr. Sandra Chang provided an update on the Cultural Tradition &amp; Connections Newsletter. They have been gathering input from the different subcommittee groups.</li> </ul>   |
|                | <ul> <li>The model of the newsletter is "From Community For Community." It is about sharing cultural traditions and<br/>building cultural connections amongst us all.</li> </ul>   |
|                | • There will be a full page section dedicated to each of the UsCC's.   |
|                | <ul> <li>Dr. Sandra Chang shared that this project is an opportunity for each of the UsCC subcommittees to show the<br/>beauty of their customs and for other to learn about them.</li> </ul>  |
|                | • The newsletter will be shared in a virtual form and also it will be in hard copy form.   |
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| Measure J<br>(Alternative to<br>Incarceration)        | A. Overview: (Tabled until next meeting)   |
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| COVID-19 /<br>Vaccinations in the<br>Latino Community | <ul> <li>A. Presentation by Dr. Flores – Adventist Health White Memorial:</li> <li>Dr. Flores gave an overview and answered questions regarding the COVID-19 vaccine.</li> <li>Dr. Flores reported some of the side effects form the vaccine maybe be; pain, fever, chills, headaches and or a rash, that can last from 1 – 3 days.</li> <li>There is one case for every hundred thousand persons and for every million there is 10 cases of side effects.</li> <li>Dr. Flores advises even if you have contracted the COVID-19 virus you should still receive the vaccine.</li> <li>There was a question on the vaccine altering your DNA and that you may get Lupus or Leukemia. Dr. Flores responded that this is not true.</li> <li>The most common shot is the Pfizer shot. (2 shots) The most modern is Moderna (2 shots 4 weeks apart). The Johnson and Johnson shot will be available soon, and Astra-Zeneca vaccine (2 shots 4 weeks apart) is used in Argentina, El Salvador, Mexico and many Latin American countries.</li> </ul> |
|   | <ul> <li>Dr. Flores recommends anyone 65 and older should receive the vaccine.</li> <li>B. Questions:</li> <li>Dr. Flores was asked if someone is very healthy and leads an active life, can they contract the virus? Dr. Flores explains Yes, no one is immune to the virus.</li> </ul>   |
|   | Meeting Adjourned – 4:00pm   |
| Next Meeting  | March 16, 2021 from 2:00pm – 4:00pm<br>Virtual Venue: Microsoft TEAMS  |