



- Need for additional support, attention, linkage, and resources for victims of interpersonal violence and child maltreatment
- Increased substance use/abuse during COVID-19, particularly among men
- Anxiety, Depression, and trauma increasing among Latino youth
- Need for Latino community to be considered in DMH's upcoming We Rise campaign
- Support for Latino community members who have physical disabilities including mental health, linkage to social programs, health services
- Not included in outreach of Access UsCC subcommittee or other county programs or resources (Spanish-speaking community)
- Need for increased number of peer support groups in Spanish to help support Spanish-speaking community members who are not ready for therapy yet
- Not enough Promotoras in DMH to support the Latino community throughout the L.A. County; also need for trainers to support Promotoras
- Families are having difficulty having empathic and supportive conversations with each other; need for Promotoras to get training to provide that

**Education/Technology Needs**

- Seniors, particularly Spanish-speaking community members, continue to experience increase isolation, difficulty accessing/utilizing technology
- Parents need help understanding and using technology to help support their children and family
- Latino youth, particularly first-generation college students, experience high level of stress, anxiety, and often depression, when facing the choice of going to college and helping their families financially

**Projects for 2020-2021**

- Using art to help the community heal: art program for children, art program for youth/adolescent, and art program for adults with incentives
- Cooking in Family (Sabor latino) to strengthen intergenerational bonds in Latino community and reduce stress
- "Conversing Among Female Friends" (virtual platform-based) process groups ending with 5-8 minutes of meditation

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**Ad-Hoc Committee report**

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<b>Announcements/Updates: Drs. Guzman and Chang</b>	<ul style="list-style-type: none"><li>•</li></ul>
	Meeting Adjourned - 4:00 P.M.
<b>Next Meeting</b>	September 15, 2020 from 2:00pm – 4:00pm MS Teams and Conference call meeting.