

LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH

Office of the Deputy Director of Strategic Communications

Latino UsCC SUBCOMMITTEE MINUTES

July 21, 2020
2:00PM – 4:00PM

Attendees: Adriana Carrillo, Amparo Ostojic, Barbara Malinowski, Betty Marín, Betty Mendoza, Bianca Gallegos, Brenda Hernandez, Britney Flores, Carmen Perez, Carmen Rosales, Daniela Hernandez, Elsy Molina, Esteban Hernandez, Felicia Flores, Gloria Leiva, Hector Ramirez, Isabel Ramirez, Jose Guevara, Karen Ugarte, Karinne Elson, Leonor Johansen, Lucy Cerna, Mario Ramirez, Martin Almanza, Martha Cota, Martha Cabrera, Martin Almanza, Patricia Veliz-Macal, Maricela Mendoza, Maria Elena Arranco, Reyna Campos, Suyapa Umanzor, Xuana Mulul, and Yvonne Sandoval

DMH Staff: Dr. Luis Guzmán, Sandra Chang, Connie Acosta Castaneda

Interpreter: Alex & Lucy Ferraez Rivero

Agenda Items	Comments/Discussion/Recommendations/Conclusions
Welcome & Introductions – Subcommittee Members	Attendee introductions – Housekeeping and Code of Conduct ➤ Each attendee (On Microsoft Teams and on the phone) Introduced themselves.
Review of Meeting Minutes	<ul style="list-style-type: none"> June Minutes have been reviewed and approved by Bianca Gallegos and seconded by Patricia Veliz-Macal.
Latino Mental Health Ad-Hoc Committees updates:	<p><u>Support for children, adolescents, college students (and their families)</u></p> <ul style="list-style-type: none"> Most schools will be on-line this school year. Parents expressed the difficulties of home schooling. Some of the challenges that they are facing are lack of resources to complete their assignments, not having internet access, not enough electronic devices (computer/tablets) for families with multiple children. Parents are worried that their children will fall behind in their education. That causes more stress, depression and anxiety within the family. Students may benefit from support groups during the week in addition to their schoolwork to give them something positive to do. Parents are concerned that they do not have the resources necessary to receive quality home schooling. It is recommended to keep the adolescents active, maybe through volunteering <p><u>Undocumented Immigrants/mixed-status families</u></p> <ul style="list-style-type: none"> There is fear of deportation if they seek mental health services or applying for benefits/COVID-19 for fear of ICE

	<ul style="list-style-type: none"> • The legal/immigrant-support organizations are heavily impacted and have limited resources to support undocumented communities • Limited support/resources for immigrants being released from ICE detention • DACA students are in legal limbo and worried about their future <p><u>Stigma Reduction (Communication & Outreach)</u></p> <ul style="list-style-type: none"> • This group will be meeting soon, anyone that would like to join, please let them know so they can add you. Dr. Luis Guzman to send out via email. • The Latino community would like all resources in Spanish throughout the county • Dr. Luis Guzman is looking to work with AltaMed and Kaiser Permanente to provide information/resources for the Latino community. • Promotoras need more outreach help/resources <p><u>Safety (Domestic/Family Violence/Potential Trauma)</u></p> <ul style="list-style-type: none"> • Preparation for this group as started with the help of Los Angeles County and the Attorney General.
<p>Mental Health Service Act (MHSA) update:</p>	<p>Hector Ramirez: Last week the Commission and the Department of Mental Health decided to wait to approve the MHSA 3-year plan due to not having resources/information in Spanish, that have been repeatedly asked for over the past year. This is important because Los Angeles County has the most Latinos and need the resources to be in Spanish.</p> <p>Dr. Luis Guzman: The Latino community needs to provide input on the 3-year plan and prioritize the mental health resources and help they would like.</p> <p>Recommendations:</p> <ul style="list-style-type: none"> • It is important that the 3-year plan include funds for the undocumented immigrants, included for homeless immigrants • Short films to help with Adult and children to learn and understand how to cope and deal with issues at this time. • There has not been much input from the community. It would be good to provide Access training (Cal Voices) to help understand the law the process and the funds available through the MHSA plan for the Latino UsCC. • The Subcommittee voted to have Access training from Cal Voices. We asked Dr. Sandra Chang to inquire on training for the subcommittee and community. • Intergenerational focus: Children can learn from their parents and the parents can learn from their children. Patricia Veliz-Macal will share the link on of the International Webinar, Dr. Guzman will distribute via email. • Recommendation to target Women/Mothers with resources and technology training needed to help their children with school work. They are usually the main educators at home. • We need to MH classes and resources for adults who cannot read or write.

	<ul style="list-style-type: none"> • Community experiences barriers and roadblocks to services and support from the DMH/LA County system so subcommittee would like intra-department collaboration and communication to better serve the Latino community • Provide more support and resources for Mental Health Promotoras as they are providing virtual classes with topics on how to help our community, families, and the elderly with topics like, domestic violence, alcohol and drug abuse, anxiety, depression, child development, COVID-19 pandemic, and immigration.
UsCC/SALT meeting with Dr. Sherin:	<ul style="list-style-type: none"> • This was the first time these two subcommittee's had a joint meeting. It was a very informative meeting. They talked about the needs of the community. They asked Dr. Sherin for all documentation/resources be in Spanish for the Spanish speaking community. • Community Action Fund (CAF) was discussed to help members attend meetings. • One of the concerns was that Dr. Sherin has not visited or attended a Latino subcommittee meeting despite having the most attendees. • We encourage the community to attend the next UsCC/SALT meeting. • The Latino community would like to thank Dr. Guzman for all his help and efforts in bringing Mental Health resources to the Latino community.
Announcements/Updates:	<ul style="list-style-type: none"> ➤ Co-Chair announcement: <ul style="list-style-type: none"> • Amparo Ostojic announced that she is resigning from being a Co-Chair for the Latino subcommittee and it was a pleasure working with this subcommittee. This will be her last meeting she will be attending. Amparo will continue to work with the Latino community. ➤ Capacity Building Projects: <ul style="list-style-type: none"> • Capacity Building Projects are moving forward. We are looking into making the Theater Play virtual. This way it will be able to reach a lot of people in the community.
Dr. Sandra Chang: Supervisor Solis	<ul style="list-style-type: none"> • Motion was modified because of COVID-19/partnership with UCLA • Train and expand Promotoras and Bilingual (Spanish-speaking) Neuropsychologist • Speaker's Bureau to engage in community outreach
	Meeting Adjourned - 4:00 P.M.
Next Meeting	August 18, 2020 from 2:00pm – 4:00pm MS Teams and Conference call meeting.