

Los Angeles County Department of Mental
Health

Administrative Operations
API Subcommittee Meeting Minutes
December 21, 2020 2:00pm – 4pm

Present: Sheila Wu, Richer San, Jane Park, Yue Hua Xu, Bo Uce, Dr. Andy Yang, Kavisha Prajapati, Mariko Kahn, Melissa Acoba, Payal Sawhney, Sharon, Dr. Rocco Cheng, Pastor Peter Kim
DMH Admin: Luis Guzman, Sandra Chang, Keacha Stewart

Welcome & Introductions

- Subcommittee Members, Housekeeping, Attendance, Co-Chairs

Review of Meeting Minutes – November 2020 Minutes Approved

Survey Monkey API Mental Health Needs

- Dr. Guzman checked with the members and asked if they received a survey monkey on Mental Health in the API community?
- Mariko shared that she didn't receive any email about a survey monkey, nor did Dr. Sheila Wu.
- Dr. Guzman shared that he would provide this survey monkey to the members via email, and he presented the survey on-screen during the meeting and he went into detail with the members about the survey on-screen.
 - Dr. Luis Guzman shared six questions below, that are on the survey that is to provide feedback to the Department.
 - Dr. Luis Guzman shared that the department is beginning to prepare the 3-year plan, this information is incorporated into it.
 1. What are some of the unmet needs of the Cultural Community you represent?
 2. How has COVID-19 pandemic further impacted unmet needs of the Cultural Community you represent?
 3. How do you propose LACDMH address the unmet needs?
 4. How can MHSA programs throughout the Department address issues of social equity?
 5. What can LACDMH do to improve transitions between levels of care to ensure successful flow of clients through needed levels of care?
 6. What are the strengths and weaknesses of LACDMH
- Dr. Guzman shared that this is an opportunity for the community to provide information within their specific ethnic community
- Dr. Guzman shared the community can share how COVID-19 has impacted their community and
- Dr. Guzman shared this is when you list any unmet needs of the cultural community they represent.

- Richer San suggested the survey be translated into the languages for the API community.
- Sheila Wu stated the clients will need assistance with reading and completing the survey due to learning disabilities
- Sheila Wu expressed concerns about consumers not having the capability of going online
- Sheila Wu suggested a paper version of the survey to reach a broader range of consumers, and those without computers
- Khadijah suggested adding the Hindi language to the list, that would tailor to the South Asian population
- Dr, Guzman shared this survey is to let the Department know how to improve services and access of care for the community.
- Anna Lee stated the consumers may struggle reading and understanding the questions on the survey
- Mariko is concerned that this survey did not go out to the legal entities to share with the community, it's also culturally incompetent.
- Dr. Guzman stated he would share this feedback with Pinki Mehta, to see if the survey questions can be revised to a consumer-friendly survey
- Dr. Guzman shared that he would make sure the survey is available for the next six weeks, the community needs time to answer and share it.
- Dr. Guzman stated that he will have this survey issue addressed and speak with Pinki Mehta on how to correct this mistake with the survey.
- Members suggested having one survey for the providers one survey for the community members.
- Dr. Rocco Cheng suggested holding off on the survey for right now, have it later, when members can access the platform better.
- Richer San asked the subcommittee members if they would like to move forward or take a motion on the survey or table it.
- Dr. Sheila Wu suggested looking into the feedback that was given in the past, before moving forward with another survey.
- Mariko suggested a written proposal was written regarding the disparities; the survey not be approved by the subcommittee.
- The API subcommittee requested the department to look at the last five years based on prior feedback that they have received
- Dr. Guzman shared he has a tracking grid of all the recommendations submitted to the department from his Latino group.
- Dr. Guzman asked the API members if they would like for him to compile the recommendations for the API group?
- Mariko agreed to share her spreadsheet with Dr. Guzman, then he can compile all the data into a grid for the API group.
- Mariko shared the proposal was put together by the consumers, CBO's and legal entities.

Capacity Building Project Ideas

- Dr. Guzman asked Payal what kind of data would she want to have to for the capacity building projects move forward?
- Vicki suggested the committee identify the areas of needs for next year and implement it into next year's capacity building project ideas.
- Dr. Guzman asked what are the three biggest or critical area of needs in the API community?
- Payal shared the department need to impact the overall health and mental health of the community by spreading awareness
- Mariko suggested future projects hold a spiritual relation to the community, how does it promote spiritual communication with the spiritual community?
- Mariko will share the link from a PSA, with the subcommittee on how the Filipino community has been affected during this pandemic
- Dr. Guzman asked what people are seeing with youth children, and how COVID has impacted the youth in the API community.
- Dr. Guzman shared data that was presented by Dr. Sandra Chang that shows outpatient programs by age range.
- Dr. Guzman shared that the API Youth age 0-15 is least provided mental health services in the county.
- Kavisha shared children benefit from sports, music, and creativity projects.
- Melissa provided information about the COVID-19 vaccine, she shared they just had a webinar on how they collaborate with community-based organizations that serve Asian populations.
- Melissa shared they conducted interviews and talked about the needs and concerns consumers were facing during the pandemic
- Melissa shared they have provided information in some threshold languages such as, simplified, and traditional Chinese, Korean and Spanish.

- Melissa provided they will continue disseminating this information as well with the COVID-19 vaccine, due to hesitancy from the consumers.

DMH Announcements

- Dr. Guzman shared information about the MHSA 3-year plan, Pinki Mehta will provide feedback on what should go into the 3-year plan.
- Email Pinki Mehta, participate in a virtual meeting or town hall meeting and share your thoughts with Pinki Mehta or provide
- Dr. Guzman asked the group if there is anything they want to add in the 3-year plan that was not provided in the past, now is the time.
- Dr. Guzman stated he will share all the mental health services provided in LA County with the exception of private and out of pocket .
- Dr. Guzman shared the importance of this three-year budget and how it decides how services are provided to which community.
- Payal suggested having more clinicians for the South Asian community

- Richer San shared his experiences from the community regarding the COVID vaccine, they did PSA's to educate the Cambodian community regarding COVID
- Sheila Wu suggested voice over for the video clips that Richer San has created for the community.
- Mariko stated she would share some PSA's with Sheila from the Filipino and Cambodian community.
- Payal shared they will be doing COVID 19 outreach and PSA's. She shared there is anxiety building toward immunizations.

Upcoming Meetings: 2-22-01, 3-22-01, 4-26-01, 5-24-01, 6-28-01