



# ▶▶ American Indian Counseling Center Presents May is Mental Health Month

**May 4 – 25, 2021**

Attend virtual events throughout the month of May for a chance to **win a \$100 gift card** of your choice! Each workshop/presentation attendance = one raffle ticket. Drawing will take place May 25, 2021.

Join us on [Microsoft Teams Meeting](#) to build community resilience for all ages! For more information, call 562.402.0677.



LOS ANGELES COUNTY  
**DEPARTMENT OF  
MENTAL HEALTH**  
hope. recovery. wellbeing.

# ▶▶ AICC May is Mental Health Month Agenda

## Friday, May 7

- 3:00 pm Family Art Group  
with Raul Garcia  
*\*Call 562.402.0677  
for art supplies*
- 4:00 pm Mini Raffle

## Monday, May 10

- 8:30 am Rez Robics
- 9:30 am Mini Raffle
- 2:30 pm Native Mascot/  
Overcoming Stereotypes
- 3:30 pm Mini Raffle

## Tuesday, May 11

- 10:00 am Talking Circle
- 11:00 am Mini Raffle
- 11:05 am Client Honoring
- 11:30 am Raffle

## Wednesday, May 12

- 3:30 pm Women's Talking Circle
- 5:00 pm Mini Raffle

## Thursday, May 13

- 11:00 am Yoga
- 12:00 pm Raffle
- 3:30 pm Collective Healing
- 4:30 pm Mini Raffle

## Friday, May 14

- 11:00 am Time Management
- 12:00 pm Mini Raffle

