

### **American Indian Counseling Center**

17707 Studebaker Rd., Ste. 208 Cerritos, CA 90703 Phone: 562.402.0677 Fax: 562.467.7478



#### **Hours of Operation**

Monday - Friday, 8:00 a.m. - 6:00 p.m.

#### How to Make an Appointment

To schedule an initial appointment, call us and request to speak with the "On Duty Worker."



## **LACDMH** Values

**Integrity.** We conduct ourselves professionally according to the highest ethical standards.

**Respect.** We recognize the uniqueness of every individual and treat all people in a way that affirms their personal worth and dignity.

Accountability. We take responsibility for our choices and their outcomes.

**Collaboration.** We work together toward common goals by partnering with the whole community, sharing knowledge, building strong consensus and sharing decision-making.

**Dedication.** We will do whatever it takes to improve the lives of our clients and communities.

**Transparency.** We openly convey our ideas, decisions and outcomes to ensure trust in our organization.

**Quality and Excellence.** We identify the highest personal, organizational, professional and clinical standards and commit ourselves to achieving those standards by continually improving every aspect of our performance.

If you are in crisis and need help right away, call our 24/7 toll-free Help Line: 800.854.7771 562.651.2549 TDD/TTY

dmh.lacounty.gov



# American Indian Counseling Center





## **Mission Statement**

LACDMH and AICC seek to provide Native American families and children a safe place where mental wellbeing is fostered, reconnection with cultural heritage is enhanced, and respect for diverse tribal backgrounds is honored. AICC is committed to helping members of the Native community regain a sense of pride through envisioning hope, promoting empowerment, and strengthening community fellowship:

- Hope, which begins with envisioning a future for oneself and a purpose to life that may be missing.
- Empowerment, which is achieved by obtaining the wisdom of our ancestors that guides us in overcoming the difficulties of modern living.
- Community fellowship, which creates a sense of balance and self-esteem through cultural affiliation and support.

## **Services Provided**

- Individual therapy for children, adults, and elders.
- Foster Youth community-based services including individual and/or family therapy, case management, support services and advocacy.
- Community-based, 24/7 intensive services for children, youth, adults, and older adults through the Full Service Partnership (FSP) program funded by the Mental Health Services Act.
- Co-occurring disorder treatment and counseling for substance abuse and emotional problems.
- Physician consultation for medication.
- Case management and advocacy services to obtain housing, Medi-Cal, Medicare, and Supplemental Security Income.
- Referrals provided to Native community resources and events.
- Culturally relevant support groups.
- Crisis intervention services for all ages.



Out of the Indian approach to life there came a great freedom, an intense and absorbing respect for life... And principles of truth, honesty, generosity, equity, and brotherhood.

- Chief Luther Standing Bear



## **Our Staff**

Our multi-disciplinary team consists of healing practitioners who are trained and sensitive to the Native American way of life. Culturally-relevant treatment includes strengthening tribal connections and providing education on Native history.

### Payment

Our services are provided on a sliding fee scale basis. Medi-Cal and Medicare are also accepted.