

**LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH
Office of the Deputy Director of Strategic Communications**

Latino UsCC SUBCOMMITTEE MINUTES

March 17, 2020
2:00PM – 4:00PM

Present on the Phone:	Gabriela Velasquez, Amparo Ostojic, Paco Retana, Ashley Flores, Crystal Navarro, Josef Sanchez, Gabriela Gonzalez, Bianca Gallegos, Kenia Fuentes, Betty Mendoza, Britany Flores and Hector Ramirez
DMH Staff:	Mirtala Parada Ward and Dr. Luis Guzmán
Agenda Items	Comments/Discussion/Recommendations/Conclusions
Welcome & Introductions – Subcommittee Members	Attendee introductions – Housekeeping, Code of Conduct <ul style="list-style-type: none"> ❖ Mirtala Parada Ward reviewed the Code of Conduct with the Subcommittee. ❖ Skype equipment is being tested.
Review and Approval of minutes – Co-Chairs	February 18, 2020 meeting minutes approved by Carlos Ludena and seconded by Bianca Gallegos.
Announcements / Updates:	<ul style="list-style-type: none"> ❖ Capacity Building Projects for 2020-2021 will be discussed at our next Latino subcommittee meeting 4/21/20. ❖ All UsCC subcommittee’s will be cancelled for the month of April 2020. ❖ The link for the Town Hall meeting on 3/16/20 will be shared with the subcommittee. ❖ The Department of Public Health Speaker; Kenia Fuentes Health Educator Re: CORONAVIRUS, Update on new guidance ➤ The Department is doing its best to keep us informed. There will be a Media Toolkit link for help with protection from evictions and electricity turn off. <ul style="list-style-type: none"> • COVID-10 Symptoms: Very similar to a Cold or Flu. High Fever, Coughing and difficult breathing, lower respiratory symptomatic. • Everyone MUST protect themselves, especially Older Adults 65 years of age and older and pregnant woman.

- Wash your hands often for 20 seconds, use hand sanitizer and clean all surfaces with disinfectant wipes.
- You should clean and disinfect objects in your home that you come in contact with the most.
- Be mindful of what you touch, germs can stay on surfaces for an hour or up to a few days, avoid touching your eyes, nose and mouth.
- We should all get the Flu shot.
- We should postpone none essential gatherings and keep 6'ft. away from each other.
- All schools are closed until further notice.
- No need to panic over food shortages. There is enough food in the supermarkets, they are putting a system in place for stocking and restocking in a timely manner.

PLEASE STAY HOME! PROTECT YOURSELF AND YOU FAMILY

Questions:

1. Will uninsured, undocumented, and medi-cal recipients be covered for the Coronavirus testing?
 - (They will get back to the members with these concerns)
2. Is there a 24-hour Hotline in Spanish?
 - (As of now No, but there should be a site/place to go coming soon.)
3. Drive-through testing?
 - (Right now the Department of Public Health and Health Services are working together on drive-through testing.)

Mirtala Parada Ward with DMH Updates:

- ❖ The department is working aggressively at making sure that our community is safe and also our workforce is also safe. I just received instructions on our Telework requirements.

- ❖ All County facilities are closed to the public, are workforce is still working, we just received direction on how the Telework structure will be done across the department. We are going to be having skeleton crews, all programs, all clinics will have staff but not their usual staff, 50% of the staff will be rotated, this also applies with the UsCC unit, we will have staff but limited staff. One half of our staff will be working from home and the other staff will be working at our office.
- ❖ Clinical prospective Operation: all clinics will be closed. We are developing a process for Tele-Psychiatry (Consultation with a Psychiatrist by phone). So clients can have contact with their psychiatrist and case workers over the phone.
- ❖ Right now, the Medi-cal regulations are you can only get a 1-month subscription for your medication. We are working right now to see if we can change that to a 3-month supply, so that they don't have to be out in the community and be exposed to the virus.
- ❖ Our department is under Heath Services umbrella. Triage system protocols have been developed. Services will be limited but we are developing a platform to give help to the community. As a Health Care Provider, we are working very aggressively to make sure we provide services, and those services require minimal contact. To make sure our community and our staff are protected.

Wellness Center - Paco Retana:

- The Wellness Center continues to serve the community. We are folding out a Town Home policies to make sure we are providing the community's needs. We will be open regular business hours, 50% of staff are working from home and the other 50% are working at Wellness Center. Keeping the Social Distancing in mind.

To reduce anxieties and keep in touch with Family & Friends

- Check in with Family and Friends, by making a phone call to them, you can also FaceTime/Duo/Skype with them. Also with our children we can make a Coping skills booklet, they can list the coping skills they been practicing like; listening to music, playing game boards and going outside to ride their bikes. Limit the amount of news the watch.
- OSK & ALPHA Studios LAUSD will open up Board District 2 Grab & Go food centers. Wednesday March 18,2020 from 7:00am – 10:00am.

❖ **Capacity Building Projects:**

	<ul style="list-style-type: none"> • <u>Theater Play:</u> All LA County Mental Health has cancelled County events, will be cancelled till the end of March 2020. We had 3 events booked for this month 3/27, 3/28 and 3/29. I contacted all 3 venues and postponed plays until further notice. Now we are just waiting for some direction because we have 2 more plays scheduled for April. • <u>Comic Book:</u> Workshops ended last year in November 2019 and the Cover design contest also was done in December last year in 2019. In January the design work was being conducted for the final deliverables for the comic book anthology and was sent to print and the release party was February 29, 2020 at the Vernon branch library where the comic book workshops were hosted. <p>➤ <u>IMCES – Lucy</u></p> <ul style="list-style-type: none"> • We are receiving funding for a program to detect early signs of Psychosis and prevent full blown episodes. If you hear of a friend, family member or any youth that seems disoriented or disorganized thought process. They can get an assessment done to see if they qualify for these services. <p><u>Mirtala Parada Ward:</u> We will be emailing the subcommittee information relating to meetings or the latest information for the community's.</p>
Resources:	<p>http://achieve.lausd.net/resources</p>
	Meeting Adjourned - 3:30 P.M.
Next Meeting	April 21, 2020 from 2:00pm – 3:30pm Skype and Conference call meeting.