COUNTY OF LOS ANGELES – DEPARTMENT OF MENTAL HEALTH
MENTAL HEALTH SERVICES ACT INFORMATION
Service Area 4 – Metro
Fiscal Year 2018-19

In Fiscal Year 2018-19, 181,135 unique clients received a direct Mental Health Services Act (MHSA) mental health service in Los Angeles County. MHSA refers to Proposition 63, which was passed in November 2004 and became state law on January 1, 2005. The Act is funded by a 1 percent tax on personal income above $1 million dollars to expand mental health services and programs serving all ages.

Welfare and Institutions Code (WIC) Section 5847 requires county mental health programs prepare and submit a Three-Year Program and Expenditure Plan ("Three-Year Plan" or "Plan") followed by Annual Plan Updates for MHSA programs and expenditures. The Plan provides an opportunity for the Los Angeles County - Department of Mental Health (LACDMH) to review its existing MHSA programs and services to evaluate their effectiveness. The Plan also allows LACDMH to propose and incorporate any new programs through a robust stakeholder engagement process, should additional funding be available. It is through this Community Planning Process that LACDMH will obtain important feedback from a broad array of stakeholders. Any changes made to any MHSA program must comply with MHSA regulations, as well as relevant State requirements.

MHSA is made up of five components: Community Services & Support; Prevention & Early Intervention; Innovation; Capital Facilities & Technological Needs and Workforce Education & Training.

Community Services & Support
Community Services & Support (CSS) is the largest component of the MHSA. The CSS component is focused on community collaboration, cultural competence, client and family driven services and systems, wellness focus, which includes concepts of recovery and resilience, integrated service experiences for clients and families, as well as serving the unserved and underserved. Housing is also a large part of the CSS component. Services include:
- Full Service Partnership
- Outpatient Care Services (Formerly Recovery, Resilience, and Reintegration Services RRR);
- Alternative Crisis Services (ACS);
- Housing Services;
- Linkage to County-Operated Functions/Programs (Linkage); and
- Planning, Outreach, and Engagement Services (POE).

Prevention & Early Intervention
The goal of the Prevention & Early Intervention (PEI) component of the MHSA is to help counties implement services that promote wellness, foster health, and prevent the suffering that can result from untreated mental illness. The PEI component requires collaboration with consumers and family members in the development of PEI projects and programs. The components are as follows:
- Early Intervention
- Prevention
- Stigma and Discrimination
- Suicide Prevention

Innovation
The MHSOAC controls funding approval for the Innovation (INN) component of the MHSA. The goal of Innovation is to increase access to underserved groups, increase the quality of services, promote interagency collaboration and increase access to services. Counties select one or more goals and use those goals as the primary priority or priorities for their proposed Innovation plan. The programs are as follows:
- INN 2: Community Capacity Building to Prevent and Address Trauma
- INN 3: Help@Hand (formerly Technology Suite)
- INN 4: Transcranial Magnetic Stimulation (TMS)
- INN 5: Peer Support Specialist Full Service Partnership
- INN 7: Therapeutic Transportation (TT)
- INN 8: Early Psychosis Learning Healthcare Network
- TRIESTE

Workforce Education & Training
The goal of the Workforce Education & Training (WET) component is to develop a diverse workforce. Clients and families/caregivers are given training to help others by providing skills to promote wellness and other positive mental health outcomes, they are able to work collaboratively to deliver client-and family-driven services, provide outreach to unserved and underserved populations, as well as services that are linguistically and culturally competent and relevant, and include the viewpoints and expertise of clients and their families/caregivers.

Service Area 4 – Metro
Demographics

The County of Los Angeles is organized into eight (8) Service Areas (SAs), each with its own characteristics and diverse ethnic make-up. Services within the Los Angeles County - Department of Mental Health (LAC-DMH) are organized on a geographic basis to facilitate greater ease of access. However, clients are free to request services in any geographic area within the system, and may secure referrals to any mental health program, whether directly operated or contracted with the Local Mental Health Plan (LMHP).

SA 4 has a population of 1,185,794.

Population by race/ethnicity
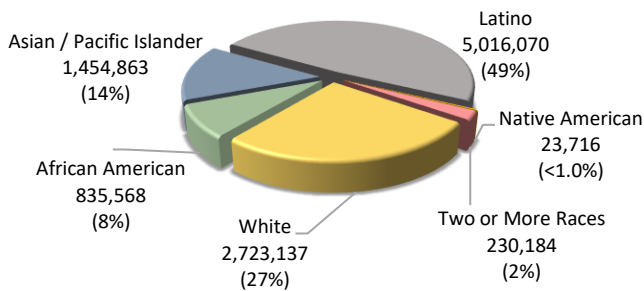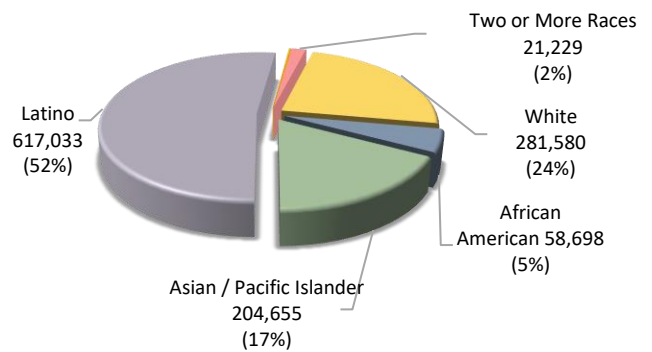
Figure 1. Los Angeles County (N=10,278,834)

Asian / Pacific Islander
1,454,863
(14%)

African American
835,568
(8%)

White
2,723,137
(27%)

Two or More Races
230,184
(2%)

Latino
5,016,070
(49%)

Native American
23,716
(<1.0%)

Figure 2. Service Area 4 (N=1,185,794)

Two or More Races
21,229
(2%)

White
281,580
(24%)

African American 58,698
(5%)

Asian / Pacific Islander
204,655
(17%)

Latino
617,033
(52%)

Population by age group

Figure 3. Los Angeles County (N=10,278,834)

Older Adult
1,947,942
19%

Transition Age Youth
1,457,934
14%

Children
1,975,087
19%

Adult
4,897,871
48%

Figure 4. Service Area 4 (N=1,185,794)

Older Adult
208,964
18%

Transition Age Youth
97,472
8%

Children
241,723
20%

Adult
637,635
54%
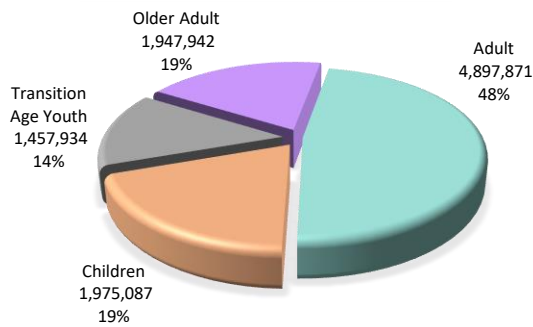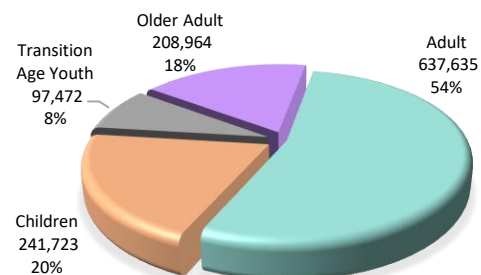
Medi-Cal Enrolled Population in Service Area 4 by Ethnicity and Age Group

Figure 5. Service Area 4 Ethnicity (N=423,460)

Native American
1,005
(<1.0%)

Latino
278,731
(66%)

White 58,433
(14%)

African American
26,389
(6%)

Asian / Pacific Islander
58,902
(14%)

Figure 6. Service Area 4 Age Group (N=462,298)

Children
135,138
29%

Transition Age Youth
44,471
10%

Older Adult
87,176
19%

Adult
195,513
42%

Estimated Prevalence of Serious Emotional Disturbance (SED) and Serious Mental Illness (SMI) Among Medi-Cal Enrolled Population in Service Area 4 by Ethnicity and Age Group
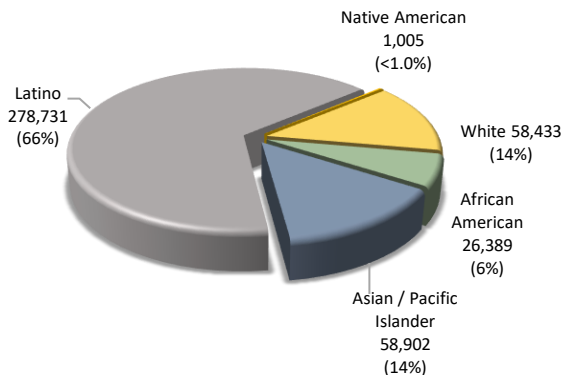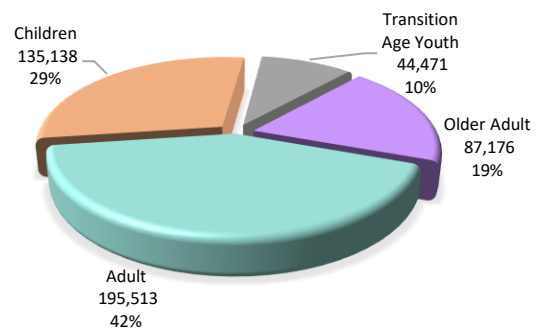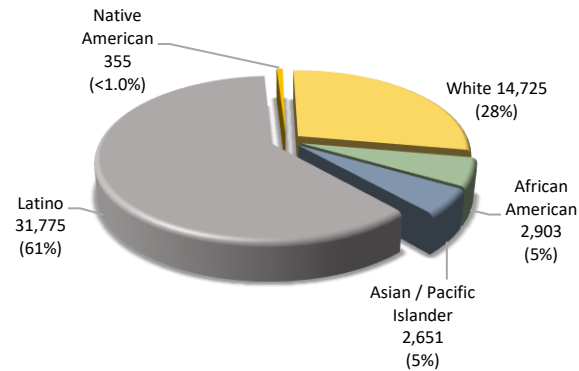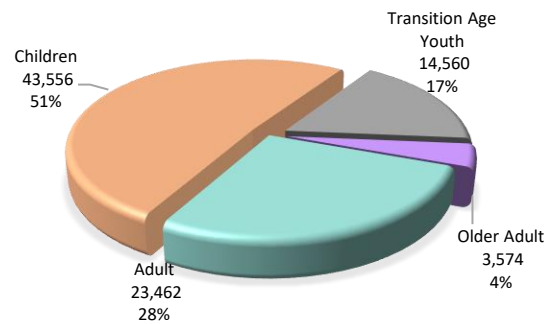
Figure 7. Service Area 4 Ethnicity (N=52,409)

Native American 355 (<1.0%)
White 14,725 (28%)
African American 2,903 (5%)
Asian / Pacific Islander 2,651 (5%)
Latino 31,775 (61%)

Figure 8. Service Area 4 Age Group (N=85,152)

Children 43,556 51%
Transition Age Youth 14,560 17%
Older Adult 3,574 4%
Adult 23,462 28%

Among the population enrolled in Medi-Cal, Service Area 4 has six threshold languages: Armenian (1.4%), Cantonese (1.7%), English (47.0%), Korean (4.1%), Russian (1.1%) and Spanish (43.0%).

Consumers Served in Los Angeles County Department of Mental Health Service Area 4 Outpatient Programs
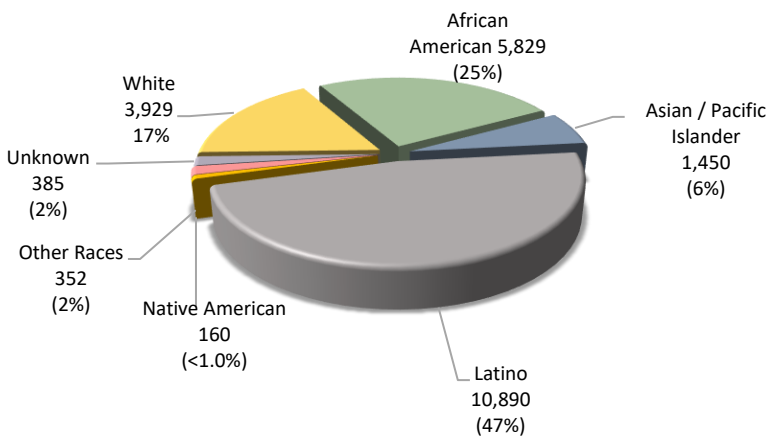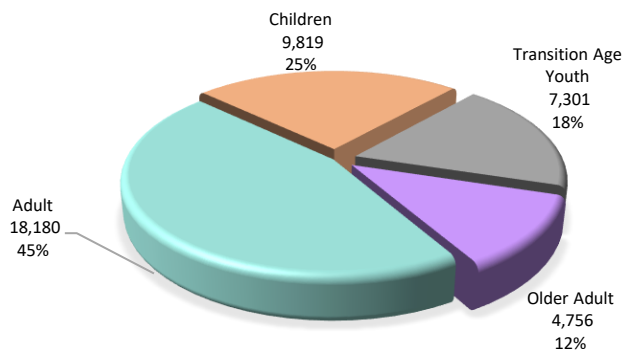
Figure 9. Service Area 4 Ethnicity (N=22,995)

African American 5,829 (25%)
White 3,929 17%
Asian / Pacific Islander 1,450 (6%)
Unknown 385 (2%)
Other Races 352 (2%)
Native American 160 (<1.0%)
Latino 10,890 (47%)

Figure 10. Service Area 4 Age Group (N=40,056)

Children 9,819 25%
Transition Age Youth 7,301 18%
Adult 18,180 45%
Older Adult 4,756 12%

Armenian, Cantonese, Korean, Mandarin, Other Chinese, Russian, Spanish, and Tagalog are the non-English threshold languages reported for consumers in outpatient programs by Service Area 4.

Needs Assessment of Medi-Cal Enrolled Population in Service Area 4

A negative number indicates that the estimated need for mental health services has not been met. Zero indicates "no disparity". A "+" number in parentheses indicates the number of individuals receiving services beyond the estimated need of services.

Table 1. Needs Assessment of Medi-Cal Enrolled Population with SED and SMI by Ethnicity

Ethnicity	Medi-Cal Enrolled Population Estimated with SED and SMI	Outpatient Consumers Served	Service Area Disparity
African American	2,903	4,951	(+)2,048
Asian/Pacific Islander	2,651	1,079	-1,572
Latino	31,775	8,171	-23,604
Native American	355	118	-237
White	14,725	2,857	-11,868

Table 2. Needs Assessment of Medi-Cal Enrolled Population with SED and SMI by Age Group

Age Group	Medi-Cal Enrolled Population Estimated with SED and SMI	Outpatient Consumers Served	Service Area Disparity
Children (0-15)	43,556	7,860	-35,696
Transition Age Youth (16-25)	14,560	5,697	-8,863
Adult (26-59)	23,462	14,307	-9,155
Older Adult (60+)	3,574	3,751	(+)177

Mental Health Services Act Services

Community Services and Supports

Number of Unique Clients Served: 30,065
Number of New Clients Served: 12,730

Table 3. Number of unique clients served by age group and MHSA cost

Age Group	Child	TAY	Adult	Older Adult
Number of Clients Served	4,200	5,017	17,319	4,070
MHSA Cost	$29,160,830	$23,868,088	$66,405,449	$19,628,653

Table 4. Number of unique clients served by Ethnicity

Ethnicity	White	African American	Latino	Asian Pacific Islander	Native American	Other
Number of Clients Served	5,075	6,691	12,446	2,201	298	3,354
Percentage	17%	22%	41%	4%	1%	11%

Table 5. Number of unique clients served by Primary Language

Primary Language	English	Spanish	Russian	Mandarin	Cantonese	Pilipino, Tagalog	Other
Number of Clients Served	23,574	4,135	77	68	97	35	2,041
Percentage	78%	14%	0.26%	0.23%	0.32%	0.12%	7%

Full Service Partnership (FSP)

Table 6. Number of unique clients served by age group and MHSA cost

Age Group	Child	TAY	Adult	Older Adult
Number of Clients Served	480	510	1,546	455
MHSA Cost	$8,402,138	$7,994,275	$20,097,732	$4,936,327

Table 7. Service Area 4 Full Service Partnership Capacity as of 8/15/20

Service Area 4 FSP Program	Number of Slots	Number of Authorized Slots	Percent of Target Met
Children (includes Wraparound Child, and Wraparound TAY)	419	311	74%
Transition Age Youth, Ages 16-25	229	195	85%
Adult, Ages 26-59 (includes Forensic, Homeless, Measure H and Housing)	2,398	1,422	59%
Older Adult, Ages 60+	148	133	90%

Table 8. Countywide Full Service Partnership Capacity as of 8/15/20

Countywide FSP Program	Number of Slots	Number of Authorized Slots	Percent of Target Met
Intensive Field Capable Clinical Services (IFCCS)	765	504	66%
Assisted Outpatient Program (AOT)	385	289	75%
Integrated Mental Health Team (IMHT)	300	278	93%

Clients can be seen in more than one FSP program in a year.

Outpatient Care Services (Formerly Recovery, Resilience, and Reintegration)

Table 9. Number of unique clients served by age group and MHSA cost

Age Group	Child	TAY	Adult	Older Adult
Number of Clients Served	3,335	2,332	9,590	3,049
MHSA Cost	$19,687,635	$9,664,826	$30,006,270	$13,065,379

Prevention and Early Intervention

Number of Unique Clients Served: 6,797
Number of New Clients Served: 4,330

Table 10. Number of unique clients served by age group and MHSA cost

Age Group	Child	TAY	Adult	Older Adult
Number of Clients Served	4,663	1,381	722	185
MHSA Cost	$17,900,515	$5,178,099	$2,342,433	$813,931

Table 11. Number of unique clients served by Ethnicity

Ethnicity	Latino	White	African American	Asian Pacific Islander	Native American	Other
Number of Clients Served	4,429	256	366	328	32	1386
Percentage	65%	4%	5%	5%	0.47%	20%

Table 12. Number of unique clients served by primary language

Primary Language	English	Spanish	Mandarin	Cantonese	Other
Number of Clients Served	4,636	1,907	19	11	221
Percentage	68%	28%	0.28%	0.16%	3%

If you have any questions about this report, please contact Robin Ramirez, rramirez@dmh.lacounty.gov.