

(Note: To be reimbursable, a service must be covered under Medi-Cal, SMHS and, except for Assessment and Crisis Intervention, must also meet Medical Necessity)

Medi-Cal, SMHS (Specialty Mental Health Services) Targeted Case Management (TCM) Activity Examples

Activity that <u>IS</u> TCM	Activity that <u>IS NOT</u> TCM
Assessing client's TCM needs and developing the Treatment plan.	Developing case management related interventions that are not connected to an assessed need.
Linking client to a tutoring program to reduce anxiety and depressive symptoms around reading.	Teaching client how to read.
Reducing client's level of anxiety by linking client to an immigration attorney for legal consultation.	Assisting client in practicing deep breathing exercises to reduce anxiety while in the lobby of the Immigration Services office as they await their appointment. (Rehab)
Referring and linking client to a gym to help client manage stress and improve self-esteem.	Going to the gym to assist client with working out.
Coordinating with client, family, and Boys and Girls Club representative to start the registration process and have client participate in activities to improve social engagement.	Giving client and family a brochure on the Boys and Girls Club.
Identifying and linking client to resources for job training.	Providing client with phone numbers to community resources on work.
Evaluating client's progress in the substance abuse treatment program he/she was linked to. (Is it helping to address client's mental health needs?)	Driving client to substance abuse treatment program.
Linking client to a community support group to manage grief and loss.	Modeling appropriate phone conversation to inquire about community support group for grief and loss. (Rehab)
Linking client to language assistance programs in school to assist in reducing anxiety.	Translating/interpreting a letter from school to client.
Referring and linking client to food banks in the community.	Dropping off food basket from a fundraising event to client.
Speaking with a California Victims Compensation Board representative about what is available to individuals who were a victim of crime to link recently sexually assaulted client to resource.	Sending an email to California Victims Compensation Board for more information on the program. (emails are not claimable and this activity is not linked to a client CTP)
Coordinating discharge placement with client and staff at inpatient facility. Client will be going to a Board and Care after discharge.	Scheduling an appointment for client to see the psychiatrist for a time when the client leaves/discharges from the inpatient facility. (Lockout/not TCM)
Referring and linking client to Dress for Success Worldwide West to reduce the stress from a limited income and in preparing for a job interview with the appropriate attire for the occasion.	Dropping off work clothes donations to client.