

A Strength-Based Approach for Treatment of Forensic Consumers

DATE & TIME: September 1, 2020 & September 2, 2020 9:00AM - 4:00PM

Attendance on both training days is required for credit

PLACE: Web Broadcast in Microsoft Teams

Details will follow.

There is an increasing interest in the use of strength-based approaches in the field of offender rehabilitation to complement traditional risk management. Several reasons for this include, 1) improving predictive validity of risk assessment tools, 2) focusing exclusively on risk factors can lead to over-prediction of offending, and 3) leading to pessimism among therapists and be stigmatizing for consumers. The goal of this training is to develop competence to assess a person's strengths and work toward building behaviors that are incompatible with offending. Participants will have the opportunity to take and learn about a questionnaire that measures character strengths and virtues. Which is then used to develop treatment interventions, skills, group exercises and practices that support desistance from offending. Participants will also learn about Positive Psychotherapy (PPT), a treatment framework that fits well and accommodates strength-based approaches.

TARGET AUDIENCE: Priority registration to AB109 Program staff, Men's & Women's Community Reintegration Program staff, Mental Health Court Linkage Program Staff, and contracted agencies working with those programs.

OBJECTIVES: As a result of attending this training, participants should be able to:

1. Explain how strength-based approaches can help with improving treatment outcomes.
2. Name three instruments for measuring character strengths.
3. Administer, score, and interpret the Values in Action (VIA) Survey of Character Strengths.
4. Identify specific cognitions/behaviors that are incompatible with offending.
5. Compare and contrast Positive Psychotherapy (PPT) with traditional offending therapies.
6. Formulate treatment goals and objectives using concepts from Positive Psychotherapy (PPT).

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DEADLINE: August 21, 2020
CONTINUING EDUCATION: 6 hours for BBS, BRN, CCAPP-EI CE for Psychologist
COST: NONE

DMH Employees register at:
<http://learningnet.lacounty.gov>

Contract Providers register at:
<https://forms.gle/9cN74LPwddZKaxF8A>