LOS ANGELES COUNTY
DEPARTMENT OF MENTAL HEALTH
hope. recovery. wellbeing.

DERS Scoring Template   ID: _____

Date:_____

Total the scores vertically (both sides) to determine subscale performance. <u>Add all scores</u> to determine <u>DERS Total</u>. Enter average score for blank items up to 3. The Questionnaire should be considered invalid if 4 or more scores are left blank. NOTE: Some items are reverse scored.

Nonacceptance	Goals	Impulse	Awareness	Strategies	Clarity
					_____ 1)
			_____ 2)		
		_____ 3)			
					_____ 4)
					_____ 5)
			_____ 6)		
					_____ 7)
			_____ 8)		
					_____ 9)
			_____ 10)		
_____ 11)					
_____ 12)					
	_____ 13)				
		_____ 14)			
				_____ 15)	
				_____ 16)	
			_____ 17)		
	_____ 18)				

Reversed Scored Items
1 is scored as a 5
2 is scored as a 4
3 is scored as a 3
4 is scored as a 2
5 is scored as a 1

(Side1) _____   _____   _____   _____   _____   _____

Nonacceptance	Goals	Impulse	Awareness	Strategies	Clarity

_____ 19)

_____ 20)

_____ 21)

_____ 22)

_____ 23)

Reversed Scored Items
1 is scored as a 5
2 is scored as a 4
3 is scored as a 3
4 is scored as a 2
5 is scored as a 1

_____ 24)

_____ 25)

_____ 26)

_____ 27)

_____ 28)

_____ 29)

_____ 30)

_____ 31)

_____ 32)

_____ 33)

_____ 34)

_____ 35)

_____ 36)

| _____ | _____ | _____ | _____ | _____ | _0__ |

+

(Side 1) _____   _____   _____   _____   _____   _____

=

Non _____ + **Go**_____ + **Im**_____ + **Aw**_____ + **St** _____ + **Cl** _____

= DERS Total _____