



# DEPARTMENT OF MENTAL HEALTH

hope. recovery. wellbeing.

JONATHAN E. SHERIN, M.D., Ph.D.  
Director

Curley L. Bonds, M.D.  
Chief Medical Officer  
Clinical Operations

Gregory C. Polk, M.P.A.  
Chief Deputy Director  
Administrative Operations

## Recommended Guidelines for Psychological Testing and Assessment via Telehealth during COVID-19

1. Before administering any psychological testing or assessment via telehealth, psychologists should review the general guidelines put forth by APA for teleassessment during COVID-19 found here:  
<https://www.apaservices.org/practice/reimbursement/health-codes/testing/tele-assessment-covid-19>
2. For more information on providing neuropsychological assessment, you can access the guidelines in the links below from the Inter Organizational Practice Committee (IOPC) regarding Teleneuropsychology during COVID-19.
  - a. More information on the IOPC can be found here:  
<https://iopc.squarespace.com/teleneuropsychology-guidelines>
  - b. There is a webinar walking through the recommendations available here:  
<https://www.the-ins.org/webinars/>
3. UCLA has generously agreed to keep the consultation line open to any of our psychologists (directly-operated or legal entity) who would like to consult regarding teleassessment. This would be the best option for expert guidance when it comes to choosing instruments, interpretation of results, and/or ideas on how to navigate a specific testing situation done via telehealth. The NP Tech Support number is (310) 206-9326. They are available Mondays from 3-5pm, Wednesdays from 12-2pm, and Fridays from 3-5pm.