

**Los Angeles County Department of Mental Health
Quality Assurance Unit – Policy and Technical Development Team**

COVID-19 Interim Practice:

**Day Treatment Intensive (DTI) / Day Rehabilitation (DR) –
Removal of Pre-Authorization for Concurrent Mental Health Services**

During the COVID-19 crisis, LACDMH recognizes that some Day Treatment Intensive (DTI) or Day Rehabilitation (DR) programs may need to quickly switch over to providing telehealth/telephone outpatient Mental Health Services to clients currently approved for a DTI/DR program. For this reason, and based upon updated authorization requirements by the State Department of Health Care Services, LACDMH has removed the pre-authorization requirement for concurrent Mental Health Services for clients receiving DTI or DR services. As of March 23, 2020, providers will no longer need prior authorization to provide concurrent MHS to clients receiving DTI/DR services. The Intensive Care Division Authorization Unit has modified all current DTI/DR authorizations to allow for concurrent MHS.

For those DTI/DR programs that will be providing concurrent MHS, they will need to minimally, add a new MHS intervention(s) to the client's treatment plan because MHS are different than DTI/DR. The delivery of MHS can be done in-person, or through telephone/telehealth. If the DTI/DR program remains ongoing, then the MHS must be delivered outside of the hours of the DTI/DR program.