

Purpose

- The YSR is a self-report questionnaire that assesses symptoms of emotional and behavioral problems in children and youth

Administration

- Children and youth ages **11 to 18 years** complete the YSR
- Clients should be encouraged to **answer every question** as accurately as possible



YSR Quick Guide

Youth Self Report®

The YSR must be administered during the first and last EBP treatment sessions, and every 6 months for EBPs exceeding 6 months, for the following practices:

- Caring for Our Families (CFOF) for treatment cycles started before 12/1/12
- Loving Intervention Family Enrichment (LIFE) for treatment cycles started before 12/1/12

Clinical Utility

- Measure initial behavior severity
- Assist in treatment planning
- Track changes in internalizing or externalizing (acting out) behavior problems over the course of treatment
- Aid in diagnostic formulation
- Assess a youth's social competence

Scoring Information

- Children and youth are asked to rate how true each item describes them now or within the past 6 months using the following scale:

0 = not true

1 = somewhat or sometimes true

2 = very true or often true

- The YSR yields scores for internalizing behaviors (e.g., anxiety), externalizing behaviors (e.g., aggression) and total behavior difficulties
- The YSR also produces 8 scale scores:
 - Anxious/Depressed
 - Withdrawn/Depressed
 - Somatic Complaints
 - Social Problems
 - Thought Problems
 - Attention Problems
 - Rule-Breaking Behavior
 - Aggressive Behavior
- Scales Related to DSM-IV Disorders
 - Affective Problems
 - Anxiety Problems
 - Somatic Problems
 - Attention Deficit-Hyperactivity Problems
 - Oppositional Defiant Problems
 - Conduct Problems
- Total Problems Score
 - **A higher score reflects a teacher's report of greater presence and severity of symptoms in the child**
- Users should refer to the YSR Manual for detailed scoring information