

**LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH**

Quality, Outcomes, & Training
Division

PEIOutcomes@dmh.lacounty.gov

Purpose

- The YOQ provides information about the client's presenting problems.
- Subscale scores may be useful in treatment planning.
- The YOQ assesses the parent's perceptions of a variety of specific areas of difficulty in their child's mental health functioning.
- Because the YOQ is sensitive to change over short time periods, as short as 7 days, it is useful for monitoring the client's progress during the course of treatment.
- The YOQ provides information about the client's symptoms at the end of treatment and can be useful when planning termination.

Administration

- The parent should be encouraged to answer every question as accurately as possible.
- The parents should indicate how true each statement is for the client during the past 7 days.
- The YOQ can be administered and scored by non-clinical or clinical staff, but must be interpreted by a trained clinician.

YOQ Quick Guide

Youth Outcome Questionnaire® 2.01

Completed by parent for clients ages 4-17 years, during the first and last EBP treatment sessions, and every 6 months for EBPs exceeding 6 months, for the following practice:

- Functional Family Therapy (FFT)
- General outcome measure for EBPs with treatment start dates prior to 7-1-2019

Intrapersonal Distress (ID):

Range -4 to 68

- A high score suggests the client has a great deal of emotional distress (e.g., anxiety, depression, fearfulness, self-harm).

Somatic (S):

Range 0 to 32

- A high score suggests the client reports several physical and/or somatic concerns (e.g., headache, stomach problems, bowel problems, dizziness).

Interpersonal Relations (IR):

Range -6 to 34

- A high score suggests the client has considerable interpersonal difficulty with family, adults and/or peers (e.g., verbal aggression, defiance, arguing).

Social Problems (SP):

Range -2 to 30

- A high score suggests the client engages in many behaviors that violate social norms and/or expectations (e.g., drug/alcohol use, truancy, physical aggression).

Behavioral Dysfunction (BD):

Range -4 to 40

- A high score suggests the client has difficulty with attention, concentration, managing impulsive behaviors, organization, task completion and frustration tolerance.

Critical Items (CI):

Range 0 to 36

- High score suggests the client has problems requiring immediate clinical attention, (e.g., paranoia, suicidal ideation, hallucinations). In addition, a score of 1 or higher on any single item may warrant immediate clinical attention.

Total Score:

Range -16 to 240

- A summation of all subscales that reflects total distress in the client's life.



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Purpose

- The YOQ-SR provides useful information about the client's presenting problems.
- Subscale scores may be useful in treatment planning.
- Individual item responses provide useful clinical information for follow up during the early phase of treatment (e.g., "I have hurt myself on purpose.").
- Because the YOQ-SR is sensitive to change over short time periods, as short as 7 days, it is useful for monitoring the client's progress during the course of treatment.
- Finally, the YOQ-SR provides information, from the client's perspective about the client's symptoms at the end of treatment and can be useful when planning termination.

Administration

- The client should be encouraged to answer every question as accurately as possible.
- The clients should indicate how true each statement is for him/her during the past 7 days.
- The YOQ-SR can be administered and scored by non-clinical or clinical staff, but must be interpreted by a trained clinician.



YOQ-SR Quick Guide

Youth Outcome Questionnaire® – Self Report 2.0

Completed by clients ages 12-18, during the first and last EBP treatment sessions, and every 6 months for EBPs exceeding 6 months, for the following practice:

- Functional Family Therapy
- General outcome measure for EBPs with treatment start dates prior to 7-1-2019

Intrapersonal Distress (ID):

Range -4 to 68

- A high score suggests the client has a great deal of emotional distress (e.g., anxiety, depression, fearfulness, self-harm).

Somatic (S):

Range: 0 to 32

- A high score suggests the client reports several physical and/or somatic concerns (e.g., headache, stomach problems, bowel problems, dizziness).

Interpersonal Relations (IR):

Range -6 to 34

- A high score suggests the client has considerable interpersonal difficulty with family, adults and/or peers (e.g., verbal aggression, defiance, arguing).

Social Problems (SP):

Range -2 to 30

- A high score suggests the client engages in many behaviors that violate social norms and/or expectations (e.g., vandalism, drug/alcohol use, truancy, physical aggression).

Behavioral Dysfunction (BD):

Range -4 to 40

- A high score suggests the client has difficulty with attention, concentration, managing impulsive behaviors, organization, task completion and frustration tolerance.

Critical Items (CI):

Range 0 to 36

- A high score suggests the client has problems that require immediate clinical attention, (e.g., paranoia, suicidal ideation, hallucinations, delusions). **High score on any single item may warrant immediate clinical attention.**

Total Score:

Range -16 to 240

- A summation of all subscales that reflects total distress in the client's life.

Scoring Information Using the hand-scoring answer sheet, transfer each item response to the appropriate box in the far right-hand column. Sub-total each scale on both sides of the sheet; then sum the two sub-totals for each scale to derive scale scores. Sum all six scale scores for the Total Score.	Subscales and Total Score	Clinical Cutoffs
	Intrapersonal Distress (ID)	≥ 17
	Somatic (S)	≥ 6
	Interpersonal Relations (IR)	≥ 3
	Social Problems (SP)	≥ 3
	Behavioral Dysfunction (BD)	≥ 11
	Critical Items (CI)	≥ 6
	Total Score	≥ 47

Purpose

- The OQ provides information about the client's presenting problems.
- Subscale scores may be useful in treatment planning.
- The OQ assesses the clients perceptions of a variety of specific areas of difficulty in his/her mental health functioning.
- Because the OQ is sensitive to change over short time periods, as short as 7 days, it is useful for monitoring the client's progress during the course of treatment.
- The OQ provides information about the client's symptoms at the end of treatment and can be useful when planning termination.

Administration

- The client should be encouraged to answer every question as accurately as possible.
- The client should indicate how true each statement is for the client during the past 7 days.
- The OQ can be administered and scored by non-clinical or clinical staff, but must be interpreted by a trained clinician.



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Revised: March, 31, 2020

OQ Quick Guide

Outcome Questionnaire® 45.2

Completed by clients ages 19 and older, during the first and last EBP treatment sessions, and every 6 months for EBPs exceeding 6 months, for:

- CORS
- Stepped Care
- General outcome measure for EBPs with treatment start dates prior to 7-1-2019

Symptom Distress (SD):

Range 0 to 100

- High score suggests the client has symptoms of anxiety, depressed mood, difficulty adjusting to situational stressors, and/or concerns about physical/somatic issues.

Interpersonal Relations (IR):

Range 0 to 44

- High score suggests the client has significant dissatisfaction quality of life related to friendships, family relationships and/or marriage.

Social Role (SR):

Range 0 to 36

- High score suggests the client has difficulty fulfilling common adult role expectations (worker, homemaker, student, etc.) and/or distressed and dissatisfied with work/school requirements.

Total Score:

Range 0 to 180

- A summation of all subscales that reflects total distress in the client's life.

Critical Items:

Individual items (not a scale)

- Scoring 1 or higher on any item suggests the client has a concern that requires immediate clinical attention (Item 8: Suicide; Items 11, 26 & 32: Substance Abuse; Item 44: Violence).

Scoring Information

Using the hand-scoring answer sheet, transfer each item response to the appropriate box in the far right-hand column. Total each subscale to derive subscale scores. Add all three subscale scores for the Total Score.

Subscales and Total Score

Clinical Cutoffs

Symptom Distress (SD)	≥ 37
Interpersonal Relations (IR)	≥ 16
Social Role (SR)	≥ 13
Total Score	≥ 64