### LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH

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### Purpose

The ECBI<sub>TM</sub>:

- Is a 36-item parent-report questionnaire that assesses parent perceptions of disruptive behaviors in children and adolescents ages 2-16 years (such as conduct, aggression, and attention problems)
- Provides information regarding the frequency and severity of problem behaviors in children and adolescents
- Is sensitive to short-term changes, thus it can be used to evaluate treatment progress through the course of brief, EBP treatment

# **Administration**

The ECBITM:

- Can be administered and scored by non-clinical or clinical staff, but interpretation requires graduate training in psychology or a closely related field
- May be administered virtually
- Should be reviewed for completeness; parents should be encouraged to answer every item on both scales



# ECBITM Quick Guide

Eyberg Child Behavior Inventory

Completed by parents of children **ages 2 to 16 years**, during the first and last EBP Treatment Sessions and every 6 months, if treatment continues, for the following EBPs:

- Aggression Replacement Training (ART)
- Caring for Our Families (CFOF)
- Family Connections (FC)
- Incredible Years (IY)
- Loving Intervention Family Enrichment (LIFE)
- Managing and Adapting Practice (MAP) Disruptive Behavior
- Nurturing Parenting Program (NPP)
- Parent-Child Interaction Therapy (PCIT)
- Promoting Alternative THinking Strategies (PATHS)
- Reflective Parenting Program (RPP)
- Triple Positive Parenting (Triple P)
- UCLA TIES Transition Model (UCLA TTM)

## **Clinical Utility**

The ECBITM:

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- Can be used to:
  - Measure behavior severity
  - Evaluate behavior change
  - Assess treatment progress
  - Aid in post-intervention treatment planning
  - May yield important information regarding parenting styles
- May be used clinically in conjunction with the SESBI-R<sub>TM</sub> for crossinformant data gathering purposes; LAC DMH only requires the administration of the SESBI-R<sub>TM</sub> when the parent is unavailable to complete the ECBI<sub>TM</sub>.

## **Scoring Information**

Review questionnaire to ensure parent responded to all items

#### 2 Scales

Intensity Scale: Measures the frequency (e.g., Never to Always) with which behaviors reportedly occur	<ul> <li>Missed responses count as 1-"Never"</li> <li>Total the circled responses to derive the Raw Score (minimum score = 36, maximum score = 252)</li> <li>If four (4) or more items are unanswered, the scale is invalid and should not be scored.</li> <li>Raw Scores Cutoff for Clinical Significance: ≥ 131</li> </ul>
	• T-Scores Cutoff for Clinical Significance: $\geq 60$
<b>Problem Scale:</b> Allows parents to identify the degree to which the child/youth's behavior is problematic	<ul> <li>Missed responses count as a "No" response</li> <li>Total "Yes" responses to derive the Raw Score (minimum score = 0, maximum score = 36)</li> <li>If four (4) or more items are unanswered, the scale is invalid and should not be scored</li> </ul>
	<ul> <li>Raw Scores Cutoff for Clinical Significance: ≥ 15</li> <li>T-Scores Cutoff for Clinical Significance: ≥ 60</li> </ul>

Note: Because scores are weighted, higher scores (over clinical cutoff) reflect greater concern about the client's behaviors.