

**DISCLAIMER:** Please note that this Quality Assurance (QA) Survey is intended for educational purposes only, including determining areas of emphasis for training. The documentation samples used are excerpts adapted from real documentation and exclude any Protected Health Information or agency identifiers. The samples used are purely intended to aid in the educational process and are in no way intended to represent an example of documentation that meets all Federal, State and County requirements.

## **QA KNOWLEDGE ASSESSMENT SURVEY #2**

### **DOCUMENTATION SAMPLE – CLIENT TREATMENT PLAN (CTP)**

#### **Problems:**

Bipolar Disorder, Depressed

#### **Long-Term Goal:**

“To let go of my past and my loss of partner”

#### **Objective:**

Decrease social isolation due to depressed mood by increasing participation in social activities outside of the home (e.g. church, bridge club, coffee shop w/ friends) from 0x/week to 2x/week.

#### **Interventions:**

##### **Mental Health Services (MHS)**

Provide individual psychotherapy 1x/week utilizing CBT techniques to assist client in identifying triggers and challenging automatic negative thoughts related to the mood disorder symptoms. Provide group rehabilitation 2x/ month to increase social interaction and learn effective coping strategies for depressed mood.

##### **Targeted Case Management (TCM)**

Provide TCM 1-2x/week to link client to a recreational activities group in the community for seniors.

#### **Question 1:**

#### **Which of the following statements is true?**

- A. The criteria listed in the above objective for measuring the client's progress are clear and can specifically be observed and counted
- B. The objective above is not measurable because it is actually 2 objectives
- C. The TCM intervention does not match with objective
- D. None of the above

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**Question 2:**

**Which of the following statements is true?**

- A. All Medi-Cal Specialty Mental Health Service requirements for CTP Objectives are met because the objective is mental health related
- B. If the Objective above relates back to the symptoms, behaviors and impairments identified in the client's mental health assessment or an assessment addendum then it fits into the Clinical Loop
- C. Sometimes an objective in the CTP does not have to fit into the Clinical Loop
- D. Including a Long Term Goal in the CTP is a best practice but not a required element for CTPs

**Question 3:**

**Which of the following statements is true regarding the MHS Interventions stated above?**

- A. Identifying that "MHS" is the Type of Service that will be provided is all that is required for interventions on a CTP
- B. "MHS" is the modality of treatment identified in this intervention
- C. Interventions on the CTP must specify the modality of treatment, which in this case is individual psychotherapy
- D. All of the Above

**Question 4:**

**Which of the following is false regarding the TCM intervention?**

- A. Although this intervention specifies the resource that staff will be working to link client to, TCM interventions can be more general to allow for the flexibility to address whatever ancillary service linkage needs arise
- B. Although this intervention specifies how often TCM interventions will be provided (1-2x/week), intervention frequencies can be more general (e.g. as needed) to allow more flexibility based on the client's level of need
- C. This and all TCM interventions in the CTP must be based on an assessed mental health related need documented in the client's Assessment and/or elsewhere in the clinical record (e.g. Community Functioning Evaluation, progress note) and tie back to the symptoms, behaviors and impairments identified in the Assessment

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- D. TCM Interventions involve assisting a client in accessing ancillary services therefore they do not need to tie back to the client's mental health needs/condition
- E. All but C